

MAY ALLERGEN-AWARE BREAKFAST & LUNCH MENU

Menu Details:

- Approved breakfast cereals: Cheerios, Multigrain Cheerios, Cinnamon Chex, Corn Chex,
- The approved milk substitute or cow's milk depending on food allergies is offered with each meal. Water is available with all meals.
- A variety of fruits, including local apple, offered daily with all entrees
- "V" indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

Field Trip Meal:

Turkey & Cheese Sandwich
Paradise Punch Vegetable Juice
Fruit
Milk or Milk Substitute or Water

Scan the QR code to
access nutrition
information, allergen
information, and
specific fruit offerings



Did You Know?

Breakfast and Lunch are **FREE** for all students
Menu is subject to change
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	2 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo ^V With Broccoli Fruit
5 Breakfast: Cereal (Up To 2) Fruit Lunch: Zing Zing Chicken With Mixed Vegetables Over Rice Fruit	6 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	7 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	8 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo With Broccoli Fruit	9 Breakfast: Cereal (Up To 2) Fruit Lunch: Southwest Chicken & Rice Bowl Fruit
12 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	13 Breakfast: Cereal (Up To 2) Fruit Lunch: Beef & Pea Pods Over Rice Fruit	14 Breakfast: Cereal (Up To 2) Fruit Lunch: Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Fruit	15 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	16 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo ^V With Broccoli Fruit
19 Breakfast: Cereal (Up To 2) Fruit Lunch: Zing Zing Chicken With Mixed Vegetables Over Rice Fruit	20 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	21 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	22 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo With Broccoli Fruit	23 Breakfast: Cereal (Up To 2) Fruit Lunch: Southwest Chicken & Rice Bowl Fruit
26 NO SCHOOL	27 Breakfast: Cereal (Up To 2) Fruit Lunch: Beef & Pea Pods Over Rice Fruit	28 Breakfast: Cereal (Up To 2) Fruit Lunch: Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Fruit	29 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	30 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo ^V With Broccoli Fruit

MAY ALLERGEN-AWARE AFTER SCHOOL MEALS MENU

Menu Details:

- The approved milk substitute or cow's milk depending on food allergies is offered with each meal. Water is available with all meals.
- “V” indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

Scan the QR code to access nutrition information, allergen information, and specific fruit offerings



Did You Know?

Breakfast and Lunch are **FREE** for all students
Menu is subject to change
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	2 Beef & Pea Pods Over Rice Banana
5 Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Applesauce	6 Beef & Pea Pods Over Rice LOCAL Apple	7 Chicken Alfredo Rotini With Broccoli Clementines	8 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	9 Cheezy Alfredo ^V With Broccoli Banana
12 Cottage Pie Applesauce	13 Cheezy Alfredo ^V With Broccoli LOCAL Apple	14 Turkey & Cheese Sandwich Paradise Punch Vegetable Juice Clementine	15 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	16 Beef & Pea Pods Over Rice Banana
19 Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Applesauce	20 Beef & Pea Pods Over Rice LOCAL Apple	21 Chicken Alfredo Rotini With Broccoli Clementines	22 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	23 Cheezy Alfredo ^V With Broccoli Banana
26 NO SCHOOL	27 Cheezy Alfredo ^V With Broccoli LOCAL Apple	28 Turkey & Cheese Sandwich Paradise Punch Vegetable Juice Clementines	29 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	30 Beef & Pea Pods Over Rice Banana