

APRIL



Southgate Community Schools



Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  PUMPKIN BREAD (2) CHEESE CUBES (1) FRUIT OTD (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	2 WG APPLE CINNAMON MUFFIN (2) DICK & JANE CRACKERS (1) FRESH APPLE (1) CHOICE OF MILK (1)	3 BENEFIT BAR (2) GO-GURT (1) SOUR RAISINS (1) CHOICE OF MILK (1)	4 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
7 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	8 BANANA MUFFIN (2) CHEESE STICK (1) FRUIT OTD (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	9 FRENCH TOAST SNACK BREAD (2) GO-GURT (1) CLEMENTINE (1) CHOICE OF MILK (1)	10 SOFT BAKED BAR (1) TIGER GRAHAMS (1) CRAISINS (1) CHOICE OF MILK (1)	11 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
14 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	15 FRENCH TOAST GRAHAM CRACKERS (2) GO-GURT (1) FRUIT OTD (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	16 MINI BAGELS W/ STRAWBERRY CREAM CHEESE (2) CHEESE CUBES (1) FRESH APPLE SLICES (1) CHOICE OF MILK (1)	17 NUTRI-GRAIN BAR (1) GIANT GOLDFISH GRAHAM (1) APPLE & STRAWBERRY CRUNCHABLE (1) CHOICE OF MILK (1)	18 NO SCHOOL!
21 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	22  MINI BANANA LOAF (1) CHEESE STICK (1) FRUIT OTD (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	23 WG BAGEL (2) GRAHAM CRACKER (1) WOW BUTTER (1) FRESH PEAR (1) CHOICE OF MILK (1)	24 DOUBLE CHOCOLATE OATMEAL BAR (1) GRAHAM CRACKERS (1) CHERRY CRAISINS (1) CHOICE OF MILK (1)	25 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
28 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	29 MINI BLUEBERRY LOAF (1) SCOOBY GRAHAMS (1) FRUIT OTD (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	30 YOGURT CUP (1) GRANOLA (1) FRESH APPLE SLICES (1) CHOICE OF MILK (1)		

**REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!
(ITEM NUMBERS ARE IN BRACKETS)**

WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!

STUDENTS CAN TAKE UP TO ONE CUP OF FRUIT FOR BREAKFAST. FRUIT IS PACKAGED IN 1/2 CUP SERVINGS.

