



## CSHS Lunch Menu

### Hot Entrees

Regular / Spicy Chicken Tenders  
Regular/Spicy Breaded Chicken Sandwich  
Boneless Chicken Wings, Pizza  
Corn Dog, Hot Dog, Veggie Burger  
Soft Pretzel w/Cheese  
Mozzarella Cheese Sticks w/Marinara  
All above entrees served with French Fries & Fruit.

### Daily Hot Specials:

Monday: Pasta Bar  
Tuesday: Soft Tacos or Walking Tacos  
Wednesday: Orange Chicken w/Rice  
Thursday: Breakfast for Lunch  
Friday: Burgers & Fries

### Cold Entrees

Falcon Fruit Platter, Hummus & Veggie Pack  
Antipasto Platter, Yogurt Parfait w/Granola & Fruit

### Salads


Greek, Grilled Chicken Caesar or Buffalo Spicy Chicken

### Sandwiches w/Fruit:

Italian Deli, Turkey w/Bacon  
Nutella, PB & J Uncrustable, and Chicken Pesto

### Wraps:

Buffalo Spicy Chicken or Grilled Chicken Caesar  
Nashville Hot Chicken, & Chicken Bacon Ranch



ALL ENTREES COME WITH ONE OR MORE OF THE FOLLOWING:  
SIDE SALAD, ASSORTED FRUIT, ASSORTED VEGGIES,  
100 PERCENT FRUIT JUICE,  
MILK (FAT FREE WHITE & FAT FREE CHOCOLATE)

FREE AND REDUCED MEALS

FEDERAL GUIDELINES FOR FREE & REDUCED PRICE MEALS ALLOW  
1 BREAKFAST & 1 LUNCH FOR EACH APPROVED STUDENT PER DAY.

ALL EXTRAS (2ND MILK, 2ND MEAL, A LA CARTE ITEMS) NEED TO  
BE PAID FOR SEPARATE, WITH CASH OR MONEY ON YOUR  
CHILD'S LUNCH ACCOUNT.

PLEASE REMEMBER THAT YOU NEED TO APPLY FOR  
FREE AND REDUCED EACH YEAR.  
VISIT THE CHILD NUTRITION DEPARTMENT WEBPAGE AT  
[WWW.CCUSD93.ORG](http://WWW.CCUSD93.ORG)  
FOR THIS YEAR'S FREE & REDUCED APPLICATIONS.

ALL SNACKS PROVIDED MEET  
SMART SNACK REGULATION.

STUDENT BREAKFAST: \$2.00  
STUDENT LUNCH: \$3.00  
STUDENT REDUCED: FREE THIS YEAR

ADULT BREAKFAST: \$2.50  
ADULT LUNCH: \$4.15

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

PLEASE EMAIL KITCHEN MANAGER AT [WMCATEE@CCUSD93.NET](mailto:WMCATEE@CCUSD93.NET)  
IF YOU HAVE ANY QUESTIONS.



**INSIDE CAFETERIA:**

COLD ENTREE ITEMS:

FALCON FRUIT PLATTER  
HUMMUS & VEGGIE PACK  
ANTIPASTO PLATTER  
YOGURT PARFAIT W/GRANOLA & FRESH FRUIT

SALADS WITH A GRAIN:

GRILLED CHICKEN CAESAR  
BUFFALO CHICKEN

SANDWICHES W/FRUIT:

ITALIAN DELI  
TURKEY W/BACON  
NUTELLA  
UNCRUSTABLE  
CHICKEN PESTO

WRAPS:

BUFFALO SPICY CHICKEN  
GRILLED CHICKEN CAESAR

**CSHS MEAL STATION (OUTSIDE)**

BREADED CHICKEN SANDWICH  
SPICY CHICKEN SANDWICH  
REGULAR CHICKEN TENDERS  
BONELESS CHICKEN WINGS  
PIZZA  
PRETZEL W/CHEESE  
HOT DOG OR CORN DOG  
CHEESEBURGER  
MOZZARELLA CHEESE STICKS W/MARINARA

**ALL ENTREES SERVED WITH FRIES & FRUIT.**





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SIDE SALAD. ASSORTED FRUIT. ASSORTED VEGGIES. 100 PERCENT FRUIT JUICE.  
MILK (FAT FREE WHITE AND FAT FREE CHOCOLATE)

FREE AND REDUCED MEALS

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1 BREAKFAST AND 1 LUNCH FOR EACH APPROVED STUDENT PER DAY.

ALL EXTRAS (2ND MILK, 2ND MEAL, A LA CARTE ITEMS) NEED TO BE PAID FOR  
SEPARATE, WITH CASH OR MONEY ON YOUR CHILD'S LUNCH ACCOUNT.

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SMART SNACK REGULATION.

STUDENT BREAKFAST: \$2.00

STUDENT LUNCH: \$3.00

REDUCED STUDENT BREAKFAST AND LUNCH ARE FREE THIS YEAR.

ADULT BREAKFAST: \$2.50

ADULT LUNCH: \$4.15

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