



Course Overview

High School | FCS | Independent Living - Last Updated on March 21, 2025

DESCRIPTION

K-12 Content Area | Mission & Philosophy Statement

- Financially literate consumers are able to effectively manage personal budgets to reach economic stability and long-term financial objectives.
- Healthy adults utilize their knowledge of nutrition, along with meal planning, preparation skills, and food safety practices to make lifestyle decisions that promote long-term well-being for themselves and their families.
- Strong communication and conflict resolution skills are essential for establishing and sustaining positive family and professional connections, leading to personal and professional satisfaction.
- Knowledgeable consumers understand their rights and responsibilities, empowering them to navigate the marketplace in a proficient and ethical manner.

Course Description

Family and Consumer Science students learn through a variety of curriculum-based projects and hands-on experiences. Development of basic skills in nutrient, home safety, food preparation, measurement, consumerism, sewing, operating the sewing machine, child development, and finance is integral to student learning. Experiences are designed to assist students in achieving the competence and responsibility needed to become contributing community and family members. In addition, the curriculum aids students in developing personal abilities, confidence, and interests.

This course is designed for all students who are preparing for a life of independence. This course will provide students with a unique opportunity to understand some of the challenges and opportunities that coincide with living on one's own in an ever-changing society. The course provides information that will allow students to make informed and more intelligent decisions with regard to life's choices. Units of study include an overall analysis of what it means to live independently; how to find an apartment; how to find your first real job; how to assess and address the need for transportation; budgeting strategies; common stressors of independent living and coping strategies; consumerism and how to understand and protect oneself against the marketing strategies that companies use to promote their products.

STANDARDS

Pennsylvania - Grade 12 - Family and Consumer Sciences

11.2

11.1

11.1.12.A

11.1.12.B

11.1.12.C

11.1.12.D

11.1.12.E

11.1.12.F



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11.1.12.G

11.2.12.A

11.2.12.B

11.2.12.C

11.2.12.D

11.2.12.E

11.2.12.F

11.2.12.G

11.2.12.H

11.3.12.F

11.3.12.E

11.3.12.D

11.3.12.C

11.3.12.B

11.3.12.A

11.3

11.3.12.G

11.4

11.4.12.A

11.4.12.B

11.4.12.C

11.4.12.D

11.4.12.E

COURSE OBJECTIVES

The objective of the course is to meet the Pennsylvania Academic Standards for Specific objectives for Family and Consumer Science.

ASSESSMENT TYPES

Forms of Assessment to Measure Course Objectives:

- Formative Assessments
- Project Based Learning
- Ipsative Assessment
- Diagnostic Assessment

SUGGESTED METHODS OF INSTRUCTION

Below is a list of suggested strategies for high-quality instruction in English Language Arts:

- Instructional components outlined in the *Framework for Teaching* by Charlotte Danielson
- Hands on Learning
- Visual aids
- Video demonstration
- Live demonstration



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RESOURCES

District Approved Program Resources	District Approved Supplemental Resources	District Approved Technology Resources
<p>Ryan, Jerry and Ryan, Roberta. Preparing for Career Success - Student Text 3rd. Indianapolis, Indiana; JIST Works. 2005. Print.</p> <p>Ryan, Jerry and Ryan, Roberta. Preparing for Career Success - Student Workbook 3rd. Indianapolis, Indiana; JIST Works. 2005. Print.</p> <p>Wehlage, Nancy and Larson-Kennedy, Mary. Goals for Living - Student Text 4th. Tinley-Park, Illinois; The Goodheart-Willcox Company, Inc. 2001. Print.</p> <p>Wehlage, Nancy and Larson-Kennedy, Mary. Goals for Living - Student Workbook 4th. Tinley-Park, Illinois; The Goodheart-Willcox Company, Inc. 2001. Print.</p> <p>Wehlage, Nancy and Larson-Kennedy, Mary. Goals for Living - Teacher's Resource Binder 4th. Tinley-Park, Illinois; The Goodheart-Willcox Company, Inc. 2001. Print</p>		