Swamer 2025 Course Guide

ACCESS PROJECT

PROGRAM FOR ADULTS WITH DISABILITIES

CONTACTS



KARYN SOLSENG 651-403-8331

karyn.solsengeisd197.org



JILL MONSOUR 612-234-7485

jillian.monsour@isd197.org



Painting rocks is easier than it

looks and once you get started

the sky is the limit as to how you

have design samples, paint and

paint markers available to make

decide to paint them. We will

your own creations. Come let

you creativity shine!

Arts & Food

Mason Jar Lanterns



Summer will be here soon so come create a beautiful lantern which you can display on a warm evening outside. These are sure to bring a bright smile to everyone's face!

Tue, May 13 6-7:15 pm Branch Out, WSP \$6 - 1 session

Walking Tacos



Do you like chips? Do you like tacos? Join us for a night where these two favorites come together. We will learn step by step on how to make these walking tacos with friends.

Thu, May 29 6–7:30 pm Branch Out, WSP \$9 – 1 session

Painted Rocks



Thu, Jun 26 6–7 pm Branch Out, WSP \$6 – 1 session

Homemade Ice Cream Sundaes



Let's gather for a cool night as we make homemade ice cream sundaes. We will make our ice cream in gallon bags and enjoy a variety of toppings to go with it.

Tue, Jul 8 6-7 pm Branch Out, WSP \$9 - 1 session



Social Corner





Bingo and Pizza Night!



Do you like pizza? Do you like Bingo? Grab your friends and join us for this new class which combines these two favorites. It will be so much fun! See you there! Pre-registration is not required but helpful in ordering pizza.

Wed, Jun 18 5:30–7 pm Branch Out Building \$8 – 1 session

Fri, Jul 25 5:30–7 pm Branch Out Building \$8 – 1 session Mon, Aug 18 5:30–7 pm Branch Out Building \$8 – 1 session



Caribou Coffee Chat Hour

Join us for a warm and welcoming Coffee Chat Hour where you can connect, share and enjoy great conversation over a cup of coffee or your choice of drink. The first drink is on us when you register! Please make sure to bring money if you plan to purchase a treat or any additional drinks.

Wed, Jul 16
Tue, Aug 5
3-4 pm
Caribou Coffee, WSP

\$5 - 1 session

Tue, Aug 5
Caribou Coffee, WSP
\$5 - 1 session



Karaoke

Let's sing the night away! Gather with friends for a fun night of singing, laughing and music while taking turns performing some of your favorite tunes. Pre-registration is not required.

Fri, Jun 13 | 6-7:30 pm Branch Out, WSP \$5 - 1 session

Friday Fun Night

Fri, May 9 6-8:30 pm Branch Out, WSP \$8 - 1 session

Come join us for a night of fun with friends, games, crafts, movies, and pizza. This is a relaxed, casual activity where you get to choose what you want to do! Pre-registration is not required but helpful in ordering pizza.

Bingo Jamboree



Mon, May 19 6-7:15 pm Branch Out, WSP \$5 - 1 session Everyone loves BINGO! Come on over to met new friends, play bingo and have a good time. All participants win z prize! Pre-registration is not required.

Special Events

Ice Cream at Mendota Village

Summer is a great time for ice cream! Join us as we socialize with friends and enjoy a sweet treat. We will all order together and Access will pay for all who registered.



Wed, Jul 30 6:30-7:30 pm Cold Stone Creamery, MH

End of Summer Picnic Party

Let's celebrate the end of summer with great food, games, crafts, music and, most importantly, friends! There will be covered space available so come rain or shine. There is no cost for caregivers to assist.



Fri, Aug 15 5-7:30 pm Thompson Park Picnic Pavilion, WSP \$10



Fall Class Registration Open House

Curious about what Access Project has to offer or want help signing up? Come join us for a night of fun while we socialize, enjoy a snack and register for new classes we have available for fall session. A staff member will help you register and tell you a bit about the classes we are offering.

Thu, Aug 21 5:30-7:30 pm Branch Out, WSP Free

Hall of Fame



















Highlight

St. Paul Saints Baseball Game



Take Me Out to the Ballgame! Join us for an exciting day at the ballpark to watch the St. Paul Saints! We'll cheer on the Saints team, soak in the stadium atmosphere, and connect with friends – all while making unforgettable memories. Let's play ball!!

We will meet at 1:30 pm at CHS Field Stadium Broadway entrance. Please be timely as we will all enter together. Game starts at 2pm. Remember to bring money for concessions!

Caregivers must register.

Sun, Jun 22 1:30 pm CHS Field \$18 - per person