

THIRD GRADE Health PRIORITY STANDARDS

Wellness and Health Promotion (WHP)

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| 3.WHP.2 | Describe the basic function of the immune system. |
| 3.WHP.6 | Identify ways in which media, social media, and technology influence self-perception, feelings, decisions, and behaviors. |

Safety and First Aid (SFA)

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| 3.SFA.2 | Practice how to assess and choose safe options when experiencing unsafe situations. |
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Substance Use, Misuse, and Abuse (SUB)

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| 3.SUB.3 | Discuss how to recognize social pressures, peer influences, and internal feelings and emotions around substance use. |
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Food, Nutrition, and Physical Activity (FNP)

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| 3.FNP.1 | Identify methods for reducing food waste. |
| 3.FNP.2 | Recognize that food contains essential nutrients that benefit different systems in our bodies. |

Social, Emotional, and Mental Health (SEM)

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| 3.SEM.3 | Identify the impacts of stress on mental health. |
| 3.SEM.5 | Explain the importance of talking with trusted adults about feelings. |

Healthy Relationships and Violence/Abuse Prevention (HRVP)

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| 3.HRVP.2 | Describe characteristics of a healthy and safe relationship. |
| 3.HRVP.4 | Demonstrate effective ways to verbally and nonverbally communicate personal boundaries and show respect for the boundaries of others. |

Growth and Development (GD)

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| 3.GD.2 | Identify the medically accurate names for body parts, including external and internal sexual and reproductive anatomy. |
| 3.GD.5 | Recognize that there are different kinds of families that have unique characteristics and identities. |