

## **Kasson Mantorville Middle School**

## Lunch Menu

The second secon					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31	1	2	3	4	
	Apple Frudel Choice of Cereal Goldfish Graham Crackers  Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Egg & Cheese Bagel Sandwich  Choice of Cereal Goldfish Graham Crackers  Canned Fruit 100% Apple Juice Choice of Milk	No School	
7	8	9	10	11	
Chocolate Chip Brekkie Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Cinnamon Roll Choice of Cereal Goldfish Graham Crackers  Canned Fruit 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Egg & Cheese Bagel Sandwich Choice of Cereal Goldfish Graham Crackers Canned Fruit 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	
14	15	16	17	18	
Banana Chocolate Loaf Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Apple Frudel Choice of Cereal Goldfish Graham Crackers  Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Egg & Cheese Bagel Sandwich Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	No School	
21	22	23	24	25	
No School	Cinnamon Roll Choice of Cereal Goldfish Graham Crackers  Canned Fruit Bar 100% Apple Juice Choice of Milk	Choice of Cereal Choice of Cereal Goldfish Graham Crackers  Canned Fruit Bar 100% Apple Juice Choice of Milk	Choice of Frudel Choice of Cereal Goldfish Graham Crackers  Canned Fruit Bar 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	
28	29	30	1		
Banana Chocolate Loaf Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Apple Frudel Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk			

Regular Adult Meal Premium Adult Meal

Milk choice of 1% or chocolate, is included with

your Lunch.
For any questions or comments contact Vicky
Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462



Menus and nutrition



Menus are subject to change without notice. This institution is an equal opportunity provider.