



Coldspring Oakhurst CISD

Student Guide for Suicide Prevention

Introduction

Protecting the health and well-being of all students is of utmost importance to the school district. The district has adopted a suicide prevention policy which will help to protect all students through the following steps:

- Students will learn about recognizing and responding to warning signs of suicide in friends, using coping skills, support systems, and seeking help for themselves and friends. This curricular content will occur in specific assigned classes throughout the school year, not just in response to a suicide. The encouragement of help-seeking behavior will be promoted at all levels of the school leadership and with all stakeholders.
- In each school within the district a Student Success Team, led by the Campus Counselor, will be the designated suicide prevention team and will serve as a point of contact for students in crisis. Members of this team will be available to refer students to appropriate resources.
- When a student is identified as being at-risk, an at-risk assessment will be completed by a trained Student Success Team member (Campus Counselor or Nurse) who will work with the student and help connect the student to appropriate local resources, including:
 - TCHAT - Texas Child Health Access Through Telemedicine 713-798-8257
TCHATInfo@bcm.edu contact your campus counselor for help with referral
 - The Burke Center Crisis Hotline - 24 Hour Crisis Hotline: 1-800-392-8343
 - Mosaics- Behavioral Health and Suicide Prevention Task Force - www.mosaicstx.org
346-703-0051
 - Kingwood Pines Hospital - Phone: 281-407-3841

National Resources

- Students will have access to national resources that they can contact for additional support, such as:
 - 988 LIFELINE – Call 988 for immediate support with emotional wellness - <https://988lifeline.org>
 - National Suicide Prevention Lifeline: 1-800-273-TALK (8255) suicidepreventionlifeline.org
 - The Trevor Lifeline: 1-866-488-7386 thetrevorproject.org/get-help-now Trevor Lifeline Text/Chat Services, available 24/7 Text “TREVOR” to 678-678
 - Crisis Text Line: Text TALK to 741-741 crisistextline.org