

Recommended Resources

Books & Articles

General/Transgender 101

Surviving Transphobia. Edited by Laura A. Jacobs, LCSW-R. 2024. Jessica Kingsley Publishers.

Gender Rebels: 30 Trans, Nonbinary, and Gender Expansive Heroes Past and Present. Katherine Locke. 2023. Running Press Teens.

Gender Heroes: 25 Amazing Transgender, Non-Binary and Genderqueer Trailblazers from Past and Present. 2023. Jessica Kingsley Publishers.

Gender Pioneers: A Celebration of Transgender, Non-Binary and Intersex Icons. Philippa Punchard. 2022. Jessica Kingsley Publishers.

A Quick & Easy Guide to They/Them Pronouns. Archie Bongiovanni & Tristan Jimerson. 2018. Limerence Press.

You're In The Wrong Bathroom. Laura Erickson-Schroth, MD and Laura A. Jacobs, LCSW-R. 2017. Beacon Press.

Trans Bodies, Trans Selves, 2nd ed. Edited by Laura Erickson-Schroth. 2022. Oxford University Press.

My New Gender Workbook. Kate Bornstein. 2013. Routledge.

Doing Gender Diversity: Readings in Theory and Real World Experience. Rebecca F. Plante and Luca Maurer (eds.). 2009. Westview Press.

Websites

<https://straightforequality.org/topic/trans-non-binary/>

<https://glaad.org/transgender/>

<https://www.nclrights.org/our-work/youth/transgender-youth/>

<https://www.mapresearch.org/>

<https://williamsinstitute.law.ucla.edu/subpopulations/transgender-people/>

<https://transgenderlawcenter.org/>

<https://www.practicewithpronouns.com/#/?k=pmnod3>

<https://transequality.org/>



Videos

Puberty and Transgender Youth <https://www.youtube.com/watch?v=f7VyJKVBt7g>

Range of Gender Identities <https://www.youtube.com/watch?v=i83VQIaDIQw>

What are Pronouns https://www.youtube.com/watch?v=MeOGF00e4_0

First Time I Saw Me | Trans Voices | Netflix + GLAAD

<https://www.youtube.com/watch?v=bhk6QJDMIDo>

How to Support Transgender Students <https://www.youtube.com/watch?v=kq19QdOfH1Y>

How to Support Non-binary Students <https://www.youtube.com/watch?v=KQUQI0BrKnA>

How Microaggressions are Like Mosquito Bites

<https://www.youtube.com/watch?v=hDd3bzA7450>