



Meatless entrée
selections are
offered every Friday
during Lent

St. Helens School District #502
St. Helens Middle School
&
Plymouth High School
April Menu 2025

All Grains served are WG-Whole Grain Rich.
Milk offered daily– 1% White, Skim and Fat Free Chocolate
Fresh Deli Sandwiches May Be Offered
Super Salad Bar Offerings include: Seasonal Fruit &
Vegetables that include Dark Green, Red/Orange,
Beans/Peas, Starchy and Additional Varieties.
Breakfast Choices include Cold Cereal & Breakfast Bars

Grown in Oregon:
Edible Flowers



Oregon Harvest

For Schools

Farm to school
connects schools with farms and
producers with the goal of serving
healthy local foods in school
cafeterias and improving student
nutrition. Providing agriculture,
health and nutrition opportunities
and supporting local & regional
farmers and producers.
www.farmtoschool.org

Mon	Tue	Wed	Thu	Fri
	1 <u>Daily Choices:</u> Main Event: Cheese Burger & Tots Bistro: Fresh Baked Pizza Deli Sandwiches	2 Early Release <u>Daily Choices:</u> Main Event: Burrito Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	3 <u>Daily Choices:</u> Main Event: Chicken Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	4 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
7 <u>Daily Choices:</u> Main Event: Baked Potato Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	8 <u>Daily Choices:</u> Main Event: Nacho Bar Grill: Corn Dog Deli Sandwiches	9 Early Release <u>Daily Choices:</u> Main Event: Asian Chicken Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork on a Bun	10 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections	11 Teacher Work Day No School
14 <u>Daily Choices:</u> Main Event: Hot Dog Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	15 <u>Daily Choices:</u> Main Event: Seafood Bar Bistro: Fresh Baked Pizza Deli Sandwiches	16 Early Release <u>Daily Choices:</u> Main Event: Turkey Gravy Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	17 <u>Daily Choices:</u> Main Event: Chicken Taco Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	18 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
21 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	22 <u>Daily Choices:</u> Main Event: Quesadilla Bar Bistro: Fresh Baked Pizza Deli Sandwiches	23 Early Release <u>Daily Choices:</u> Main Event: Asian Cuisine Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	24 <u>Daily Choices:</u> Main Event: Nacho Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	25 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
28 <u>Daily Choices:</u> Main Event: Toasted Cheese Bar & Tomato Soup Bistro: Fresh Baked Pizza	29 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Deli Sandwiches	30 Early Release <u>Daily Choices:</u> Main Event: Taco Bar Bistro: Fresh Baked Pizza Grill: Corn Dog		

This institution is an equal opportunity provider.

Menu Subject to Change