

Meatless entrée selections are offered every Friday during Lent

St. Helens School District #502 St. Helens High School Menu April 2025

Grown in Oregon: Edible Flowers



OREGON HARVEST FOR SCHOOLS

Farm to School connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health, and nutrition opportunities and supporting local & regional farmers and producers www.farmtoschool.org

All Grains served are WG-Whole Grain Rich.
Milk offered daily—1% White, Skim and Fat Free Chocolate
Fresh Deli Sandwiches May Be Offered
Super Salad Bar Offerings include: Seasonal Fruit &
Vegetables that include Dark Green, Red/Orange,
Beans/Peas, Starchy and Additional Varieties.
Breakfast Choices include Cold Cereal & Breakfast Bars

Mon	Tue	Wed	Thu	Fri
	1	2 Early Release	3	4
	Daily Choices:	Daily Choices:	Daily Choices:	Daily Choices:
	Main Event: Brunch Bar	Main Event: Burrito/Enchilada Bar	Main Event: Chicken Bar	Main Event: Chef's Choice
	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza
	Grill: Cheeseburger	Grill: Corn Dog & Chips	Grill: BBQ Pork Hoagie	Grill: Varity
	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches
	8	9 Early Release	10	11
	Daily Choices:	Daily Choices:	Daily Choices:	
	Main Event: Nacho Bar	Main Event: Asian Cuisine Bar	Main Event: Chef's Choice	Teacher Work Day
	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	
	Grill: Corn Dog & Fries	Grill: BBQ Pork Hoagie	Grill: Varity Bar	No School
eli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	
4	15	16 Early Release	17	18
aily Choices:	Daily Choices:	Daily Choices:	Daily Choices:	Daily Choices:
	Main Event: Seafood Bar	Main Event: Turkey Gravy Bar	Main Event: Chef Choice	Main Event: Chef's Choice
istro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza
	Grill: BBQ Pork Hoagie & Chips	Grill: Corn Dog & Chips	Grill: Cheeseburger & Fries	Grill: Varity
eli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches
1	22	23 Early Release	24	25
aily Choices:	Daily Choices:	Daily Choices:	Daily Choices:	Daily Choices:
ain Event: Chef's Choice	Main Event: Quesadilla Bar	Main Event: Asian Cuisine Bar	Main Event: Nacho Bar	Main Event: Chef's Choice
istro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza
	Grill: Cheeseburger & Tots	Grill: Corn Dog & Chips	Grill: Chicken Nuggets & Roll	Grill: Varity
eli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches
3	29	30 Early Release		
	Daily Choices:	Daily Choices:		
	Main Event: Popcorn Chicken Bar	Main Event: Nacho Bar		
	Bistro: Fresh Baked Pizza	Bistro: Fresh Baked Pizza		
	Grill: BBQ Pork Hoagie & Chips	Grill: Corn Dog & Chips		
	Deli: Assorted Sandwiches	Deli: Assorted Sandwiches		

This institution is an equal opportunity provider.