FREE ADMISSION

**FREE FOOD** 

**TRANSPORTATION** 

**SWAG** 

**SCHOLARSHIP** 



## —LOVE IS RESPECT—WOMEN & GIRL'S SUMMIT

DATE: MARCH 29-30, 2025

LOCATION: ESTATE FARMS 6240 EXCELSIOR RD SACRAMENTO, CA

CONTACT@GROWTHCENTERS.ORG OR (916) 800-6293





## You Are Worth It

"You Are Worth It: Building Confidence and Connection" is an empowering session at the Love is Respect Girl Summit designed to help middle and high school girls build self-esteem and foster meaningful, respectful relationships in a safe environment. Through interactive activities, inspiring speakers, and peer-led discussions, participants will learn how to embrace their self-worth, set healthy boundaries, and cultivate genuine connections in their friendships, dating, and personal lives. This session encourages every girl to recognize her value and create a positive ripple effect in her community.



**Exclusive Preview** 





## Discover Your Strengths

Join the "Respect Starts with Us" Challenge and share what respect means to you! Post a photo, video, or story highlighting acts of kindness, healthy relationships, or self-respect using #RespectStartsWithUs. Let's inspire change and create a culture of kindness together.

Because respect starts with YOU!

Register Today

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