



Hello HSD Families,

An orthopedic injury can range from minor sprains to broken bones or even surgeries. Please be sure to let the office staff at the school know right away about any orthopedic injury that occurs during the year or planned surgery your child may have. Please be sure to let the office staff know of any accommodations or restrictions that are required when they return to school. Your district nurse may be following up with you and your student depending on any safety concerns.

If your student was seen by a medical provider, then a copy of the orders would be appreciated and needed if there are activity restrictions for your student, especially weight bearing status. A copy of the chart notes or discharge information is adequate, but sometimes we need an actual order or note from the medical provider to return to previous activities.

If your student is returning to school with crutches or a wheelchair, then the District Nurse and school Physical Therapist may need to be involved and medical provider orders will most likely be needed related to specific activity restrictions.

Our goal is that students stay injury free. Sharing our process with you and staff ensures that your students have a smooth transition back to school in the event of returning to school after an orthopedic injury.

Thank you,

Hillsboro School District Nurse Team

3/19/25