



7th Grade Family and Consumer Science

Grade Placement: 7.....1/2 credit..... Semester 1 or 2

This elective course exposes students to a broad base of daily living skills. Students will explore child development, babysitting skills, community service, and cooking skills with an emphasis on safety. They will learn basic machine sewing skills and construct simple sewing projects. **This course does assess a lab fee.**

Food Production & Services

- 8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods and food groups.
- 8.3.6 Identify a variety of types of equipment for food processing, cooking, holding, storing, and serving.
- 8.5.2 Demonstrate professional skill for a variety of cooking methods
- 8.5.3 Demonstrate knowledge of portion control and proper scaling and measurement techniques.
- 8.5.4 Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of a variety of foods.

Food Science, Dietetics and Nutrition

- 9.2.1 Analyze factors that contribute to food borne illness.

Human Development

- 12.1.1 Analyze physical, emotional, social, moral, and cognitive development.

Textiles, Fashion and Apparel

- 16.4.1 Demonstrate professional skills in using traditional and technologically innovative equipment, tools, and supplies in textiles, fashion, and apparel construction, alteration, repair, and recycling.
- 16.4.5 Demonstrate basic skills for production, alteration, repair, and recycling of textiles, fashion, and apparel.

Potential Career Ready Practices

- CRP-MS.01.06 - Time management in work
- CRP-MS.01.07 - Focusing on a project
- CRP-MS.02.05 - Problem solving and critical thinking
- CRP-MS.03.03 - Working safely
- CRP-MS.04.01 - Communicating well
- CRP-MS.04.05 - Listening well
- CRP-MS.08.05 - Using multiple techniques
- CRP-MS.08.06 - Using feedback
- CRP-MS.08.08 - Learning from mistakes and success
- CRP-MS.08.09 - Seeking solutions
- CRP-MS.12.01 - Engaging actively and respectfully
- CRP-MS.12.02 - Respecting other ideas

Common Resource(s) may include: Please see your learner's teacher for a more comprehensive syllabus.