

The Albany Academies magazine : WINTER 2019

a²



art + science

STEAM education opens
a world of possibilities

ALUMNI AND ALUMNAE IN STEAM CAREERS *p.6*

Snow gathers on the branches of the old evergreens located on The Albany Academy campus, thriving in cold and patiently awaiting spring.

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The Albany Academies magazine
WINTER 2019

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In every effort to reduce our footprint we eliminated duplicate addresses in our mailing list. For additional copies of the magazine contact the Office of Institutional Advancement.

MISSION STATEMENT

Who We Are: The Albany Academies—The Albany Academy and Albany Academy for Girls—develop capable and confident students through single-gender education in the Lower and Middle School, and through coordinate education in the Upper School.

What We Do: Employing individualized and positive education, The Albany Academies provide students with the knowledge, skills, and character needed for leadership and success in the creative, entrepreneurial century that lies ahead.



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TALKING HEAD



“THE ESSENCE OF STRATEGY,” WRITES HARVARD BUSINESS SCHOOL’S MICHAEL PORTER, “IS CHOOSING WHAT NOT TO DO.” Professor Porter elaborates on this idea by making a distinction between “strategy” and “operational effectiveness”:

*There’s a fundamental distinction between strategy and operational effectiveness. Strategy is about making choices, trade-offs; it’s about deliberately choosing to be different. Operational effectiveness is about things that you really shouldn’t have to make choices on; it’s about what’s good for everybody and about what every organization should be doing.**

I have been thinking quite a bit about this as we begin to develop The Albany Academies’ next strategic plan. As I get to know the Academies, I am continuously reminded of what an effective school we are. Our faculty are incredibly caring, skilled educators who make the classroom come to life for students on a daily basis; our staff “live and love the mission” by ensuring that we have the best facilities and smoothest operation possible; and our administrators are constantly refining how they lead and manage for the most positive impact and outcomes.

Knowledge of this “operational effectiveness” is fundamental to the strategic planning work that the community will be doing, lead by the Board of Trustees, as we begin to identify and prioritize the “deliberate differences” that make the Academies uniquely valuable. I wouldn’t be surprised if both of these elements aren’t already very much in evidence within the pages of this magazine. See the A2 Fresh section and Feature section which highlight the accomplishments of our students, alumni, and alumnae as well as the Q+A with our College Counselors.

Strategy aside, these are the very tangible results of an Academies education. I hope you enjoy reading about them!

CHRISTOPHER LAURICELLA, ED.M. P'20, '22
HEAD OF SCHOOL

**What is Strategy?* Michael E. Porter, Harvard Business Review, November 1996



- An apparatus from the 20th century used for the quantitative estimation of Hydrogen Sulfide in illuminating gas

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STEAM: art + science = a world of possibilities

The Borisenok Family Science Center is an incredible adaptable space that allows students to foster creativity and an interest in the Sciences.



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Sharing your passion with The Albany Academies

Four incredibly accomplished alumni and alumnae return to the School and share their life experiences and accumulated wisdom with current students.

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College Counseling

Even though the college counseling offices are physically separated by Academy Road, The Albany Academy College Counselor, Jak Bestle, Albany Academy for Girls College Counselor, Jen Poole, and Assistant Amy McDonald P'19, '20 are a cohesive unit. Both counselors agree that access to resources and support throughout the college application process is an even playing field for all students.

How did you choose this career?

Jen: After college, I worked in admissions for the University of Vermont. I was there three years full-time until I decided I wanted to “switch sides” of the admissions process and went back to school for a master’s in counseling. I knew I wanted to go into college counseling because I really enjoyed working with the college counselors as an admissions counselor when I was traveling and visiting schools. I enjoyed the idea of getting to know a group of students as opposed to fleetingly meeting a few students here and there.

Jak: I worked in the admissions office at RPI for about nine years before arriving at The Albany Academy. Coming from the other side of the desk as a college admissions advisor to a high school college counselor is pretty typical among independent schools, and it was something that always appealed to me. In admissions, you get to work with a lot of families and it’s really a hit or miss if those relationships develop. With college counseling, those relationships always happen. It’s a totally different dynamic being so involved with the families from the very beginning of the process.

Why is a strong college counseling office considered a major asset to an independent school?

Jak: The independent school model has the college counseling office that our colleagues in the public school sector don’t have. We get to be laser focused on college details all the time versus having to also handle all class scheduling, behavioral issues and discipline, as well as social and emotional counseling. It’s also hard for a

student to be anonymous here so we get to know them really well on a very personal level.

What does the process look like for Academy students?

Jen: We start from the beginning of Upper School. Freshman year is a little less formal as the discussions center around course selection and a reminder that courses and grades have started to really count. With the girls especially, I want them to get their feet wet academically in Upper School and explore extracurricular activities to develop what they’re interested in and getting into their groove that way. By junior year, we begin individual meetings and that’s when it really “kicks off,” literally. We have a Junior Class College Kick-Off event that is mandatory for all Junior class members and their families to dive deeper into what they can expect the following year as seniors. That individual time with students and parents helps us hone in on what that particular student is looking for in a college. Then we are there with them every step of the way senior year as they assess their lists, submit applications, and impatiently wait for decisions to arrive.

What is the biggest challenge you face working with students and parents during this process?

Jak: I think for some families it’s just getting started. It’s overwhelming since there are over 3,000 colleges and universities; it can really paralyze some families beginning the process. I think what helps us to jump start the process is that initial family meeting. The goal of this meeting is to have a list of schools for students to start looking at more closely to navigate the wide variety of options. Both students and parents are required to fill out a questionnaire that we’ve design to better counsel the student and the family through the process.

How has the college process changed in the past few years?

Jen: Computers! It’s made accessibility to information about schools and students quick and easy. Schools are also marketing more to students; they’re becoming more savvy on how they’re reaching out to students rather than waiting for students to approach them. I think one of the

biggest changes is they're targeting students earlier, which hypes up the process a little more. The implementation of social media has really changed the way students look at colleges because they can quickly go to their Instagram, Facebook, or Twitter pages to easily see a "day in the life" at any university or college.

Have you seen a transformation of colleges and universities becoming more selective in their student body?

Jak: There's been major selectivity swings in the last 10 to 20 years. Some places that were often very accessible for a lot of our students are now in the highly selective range. Whether it's the campus, programs, or marketing strategies, there are colleges that are now turning away students that they never would have turned away in the past. It can make it tricky for us when a student's profile leans towards the "accepted pile" based on the current year's trends but as he or she become applicants the following year, he or she could be waitlisted due to the change in their applicant pool.

How do you balance finding a good fit for a student with perceived prestigiousness of select schools?

Jen: I think our students do a wonderful job looking at and applying to the schools that are a good fit for them. The fact that our students are staying in their chosen colleges and graduating in four years speaks volumes. It speaks to more than just the names of the colleges that our students are attending. I always tell the girls: When you're at the right fit, that is when you make those connections. Having those connections are so valuable because you leave college with not only a great academic resume but also with something a little more tangible that employers are looking for in this competitive job market. Our students are also playing the long game and looking ahead at their end goal when making their decisions on where to attend college.



Do you think that the Academies prepare students for not only the academic rigors of college, but also the social and extracurricular opportunities in college?

Jak: We see a lot of our graduates become student leaders early into their college careers from involvement in student governments, clubs, and athletic teams. Our students really self-advocate in the classroom, too. They know how to raise their hand and go to a faculty member for extra help. I always hear from the alumni/ae that the writing education they received here puts them so far ahead of their peers across the curriculum from STEM to humanities and social sciences. They feel that they're so well prepared going into college.

What is your advice to families who have started the process or will start the process?

Jen: Students and parents should keep an open mind and keep options open. Don't narrow yourself down to any one school or any one pre-conceived notion. Look at everything that's out there and keep the search fluid as opposed to a really narrow pinhole. And always communicate with your college counselors! ■

“We see a lot of our graduates become student leaders early into their college careers... and they feel they're so well prepared going into college.”

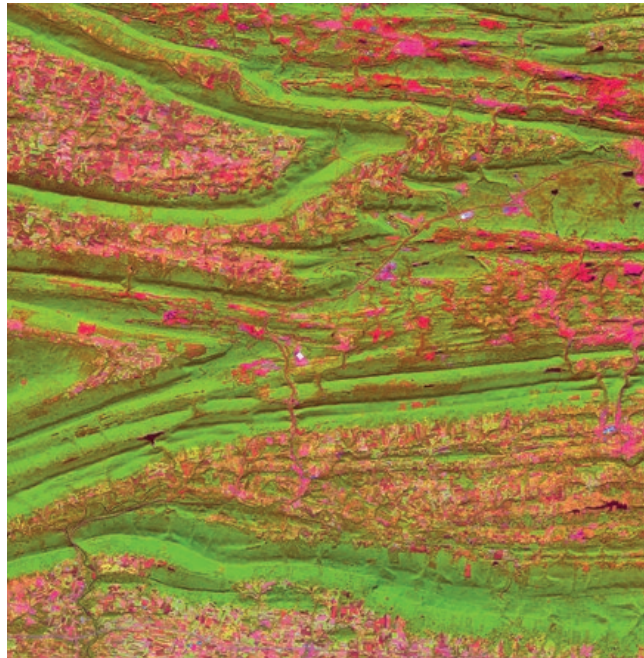
STEAM: art + science = a world of possibilities

The Borisenok Family

**Science Center that opened
in 2015 is an incredible and
adaptable space that allows
students to foster creativity
and an interest in the Sciences.**

**The following features depict
alumni and alumnae applying
their Academies education
in their careers in **Science,
Technology, Engineering, Arts,
and Mathematics.****

—David “Bo” Buran P’07, ’08, ’10, ’16
Chair, Science Department



Can you guess what Dr. Stephen Young '78 captured in this photograph?

Reimagining Satellite Imaging

As an environmental scientist who has turned to photography to better explain his research, **Dr. Stephen Young '78** believes it is important to open our minds to new ways of thinking about current issues and potential problems. Stephen has always enjoyed photography as a hobby and has found a way to meld the two passions together through artistic expressions of satellite imaging that both help interpret his findings and feed his artistic passion. He notes that “often in science we hit stumbling blocks, and it is important to be creative to try and find new ways of moving forward.”

Stephen became interested in environmental issues at a young age through his participation in the Survival Club at The Albany Academy. Once a month, the club would spend a weekend hiking, camping, and canoeing with Colonel Robert Leach P'79, '82 who would discuss the various survival skills needed for each quest. It was through this experience that Stephen knew he wanted to be involved in the environmental field. After earning a Bachelor's Degree in Environmental Science from the University of Vermont, Stephen continued his education with a Master's Degree in Environmental Science from Yale University and ultimately completed his Ph.D. in Geography from Clark University in Worcester, MA.

In between degrees, Stephen explored different environmental pursuits to gain experience. He started as a Wilderness Ranger in Montana and went on to work various assignments with the Bureau of Land Management in Alaska, with National Geographic in Washington D.C., and with the Chinese Academy of Science in China. Stephen is now a professor in the Department of Geography at Salem State University in Salem, MA teaching and researching remote sensing that specializes in satellite imaging to analyze climate change and deforestation.

For those unfamiliar with the advanced study of geography, Stephen describes his research of remote sensing as “the art and science of gathering information about an object without being in physical contact with that object.” He shares that the process of pulling information out of satellite imagery and conveying that information is not only scientific research, but is also an art form. Stephen remarks, “For example, the use of color and symbols is so important in communicating what is happening in satellite imagery. Satellites often

“...the process of pulling information out of satellite imagery and conveying information not only involves science but is also an art form.”



“Science can add new dimensions to art, and art provides new ways to express science.”

image the earth in wavelengths of energy outside our visible spectrum. We then have to communicate these wavelengths through visible light, and it is our choice of color that allows us to do it. The communication of scientific information is art.”

In 1998, Stephen explored the satellite images as actual art rather than simply scientific information. When creating his first art exhibit he anticipated using words to describe and explain each satellite image. To his surprise, the curator of the exhibit insisted that posted descriptions would undermine the goal of the exhibit; what each viewer sees in the photographs is the unique perception. It was very rewarding to Stephen to be able to manipulate data in an artistic way without the use of any words. He notes that one of the most fulfilling aspects of his career is having art exhibits using satellite data to express scientific concepts through visual arts because “the arts help scientists communicate better with the general public.”

In the Spring of 2017, Stephen returned to The Albany Academies to work with the Upper School photography classes taught by Mr. Michael Zabinski '03 on macro-scaled imaging, which is similar to his work with satellite imagery. Stephen communicated how impressed he was with the Arts program at the Academies since he was a student. He admitted to never taking an art class while at The Albany Academy, but believes today's students have a broader and stronger education with the incorporation of the Arts. His collaborated work with the students is currently on display in the Borisenok Family Science Center at Albany Academy for Girls, reinforcing the intersection of art and science for our students.

The Arts have helped Stephen present his scientific work in a different, more meaningful way that allows more people to understand this important information about the world around us. Stephen remarks, “Gaining a foundation in both the arts and sciences will help you in the future whether it be your career or other passions in life. Science can add new dimensions to art, and art provides new ways to express the conclusions and understandings of science.”



Woman on a Mission

As a medical scientist, **Dr. Pamela Carroll '81** dreams of what is possible for cancer patients. At Genocera Biosciences, a biotechnology company based in Cambridge, MA, she leads a team of scientists working towards revolutionizing cancer treatment. Her primary focus is on creating vaccines to establish new pharmacological lifelines for cancer patients. Through the translation of scientific research conducted by Pam and her team, these imperative cancer therapies will improve the lives of most individuals affected by cancer. She hopes one day cancer will be a disease that is easily treated and rarely fatal.

Pam earned an undergraduate degree in biology from St. Michael's College in Vermont. Pam knew she wanted to continue her education, but didn't have

“Pursue something that you love and you’ll never have to work a day in your life.”

Creativity Breathes Life Into Innovation

Dr. Robert Higgins, II '77 truly loves the positive impact his work has on so many people’s lives on a daily basis. As the surgeon-in-chief at The Johns Hopkins Hospital, Robert specializes in heart transplantation and cardiac surgery which has led to enhanced outcomes among heart failure and cardiac surgery patients. Though his role comes with constant challenges and hard work, the rewards are innumerable, and he feels blessed to have the opportunity to save lives. He confidently states, “Pursue something that you love and you’ll never have to work a day in your life.”

Robert always knew that he wanted to follow in his father’s footsteps. His father was a physician who served his community in Charleston, South Carolina as one of the few underrepresented minorities practicing medicine in the 1950s and 1960s in the South. Robert shares that only three percent of physicians are people of color in the US; those who have made it must help create opportunities individuals coming from diverse backgrounds. He explains, “if we don’t create a future that embraces a more inclusive and diverse workforce, we won’t have the best and brightest people in our field because diversity is what saves lives.” Robert felt that his dad passed before he was able to accomplish many of his goals, and in his honor Robert took up the mantle and continued in the field of medicine.

Following the passing of his father, Robert and his family moved to downtown Albany at the age of five. His mother insisted that Robert and his brothers, John '79 and Kevin '80, needed structure and academic discipline, in addition to a safe place to go to school. With the support of his grandparents, his mother enrolled them at The Albany Academy knowing that it was the best K-12 experience in Albany. He fondly remembers faculty members Ernie Steck and Bill Curtis, who influenced him and his classmates to do their

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“For somebody entering this career, it’s great to be a woman scientist... the narrowing of the gender gap is embraced by men and women in science.”

the desire to go to medical school. Time spent in medical research at the National Cancer Institute inspired her to pursue a Ph.D. in cellular biology. Her graduate research was done at Stony Brook University and Stanford University. Shortly after she finished her studies, her father passed away from cancer, which is what focused her career on cancer research and drug discovery.

Pam always had an interest and academic strength in biology. During her time at Albany Academy for Girls, she was enrolled in Chemistry with Mrs. Carolyn Nardolillo P'94 and Biology with Mrs. Nan Rosenbach. Pam admits she didn't love chemistry, but continued to excel in biology and ultimately enrolled in AP Biology her senior year. She explains, “Back in the day, most of the AP science classes were over

at the boy’s school. I was the only girl in my AP biology class, and the experience was terrific. They had more sophisticated labs and opportunities than at other local schools at the time.”

Many students from her graduating class continued into the STEAM fields including Jill Porter '81 and Michelle Shayne '81. Jill excelled in chemistry and physics going on to study at Massachusetts Institute of Technology to be a successful engineer while Michelle became a medical doctor specializing in the treatment of breast cancer. They often catch up at Reunion and update each other on their respective fields.

Throughout her career, Pam has relished the mission of making a difference in cancer research while also being a member of a large team of like-minded

scientists who share her same energy and mission. The unique perspectives that benefit innovation stem from the diversity of global cultures, educational backgrounds, and gender in her field. “For somebody entering this career, it’s great to be a woman scientist, and I think the narrowing of the gender gap is embraced by men and women in science.”

Pam concludes that the world needs more scientists. She urges students in high school and early college to stick with the prerequisite science courses that are at times mundane. She states, “In the beginning, the material can seem dry and it’s hard to see the wonder.” However, there will always be new discoveries in all sciences. As humans, we’re always going to ask “why” and seek to further understand.

FROM LABORATORY TESTING TO TASTE TESTING

Rather than retire to a life of leisure after a very successful career as a pharmaceutical research scientist, Joan Dembinski '55 chose to pursue a second career at the age of 71. After three years of dedicated hard work at SUNY Schenectady, Joan graduated as a certified culinarian with a concentration in baking.

With her expansive knowledge of chemical reactions from her time at Sterling Winthrop Research Institute managing a range of pharmaceutical trials, Joan's introduction to the science of baking was a natural next step. She explains the art of baking stems from the tremendous amount of math, chemistry, biology, and physics used in a single recipe. "The mechanisms of all arts are intertwined with science, and this perception is what makes life exciting," said Joan.

Joan always had an appreciation for the arts, spending her formative years focused on painting and sculpture. However, she discovered the excitement of science when introduced to biology, chemistry and physics by beloved science teacher Ethel Dodge at Albany Academy for Girls. Ethel, who firmly believed women deserved a well-rounded education in science, was a true educational crusader for women in the 1950s. As she reflects on the past Joan beams stating, "Having the courage to do something unheard of [such as pursuing a career in scientific research,] as a young woman back then and to achieve those lofty goals was and continues to be a driving force in my life. The playing field has changed significantly through the decades. To recognize that creativity is without gender affiliation is a powerful stimulus."

Joan believes STEAM is the basis of all careers. She credits her dedicated AAG teachers for recognizing the close interrelationships of science, technology, engineering, arts, and math that helped pave the way for both of her careers.

To learn more about Joan's remarkable story, please read an in depth article about her journey in the 2016 Spring/Summer A² issue at albanyacademies.org.

Higgins, continued from page 9

best work, and recalls his experience at The Albany Academy was filled with influential faculty members who provided many supportive opportunities for him. Robert admits he had an excellent educational environment and was prepared to go on to a great college. He notes, "I couldn't be the person I am if it wasn't for the foundation I had at The Albany Academy which led me to go to Dartmouth, then Yale, and have so many other great educational opportunities."

Robert always had a natural interest in biology, but it did not truly become a passion until he injured his knee playing for the Dartmouth Football Team. After a handful of knee surgeries he refocused his interest in health care, which launched him on a path to pursue a career as a physician. As a medical student at the Medical School at Yale University, Robert's first clinical mentor was Dr. William Glenn, a well-known pediatric heart surgeon. Through this mentorship, he became enamored with cardiac surgery and shifted his focus to cardiology and transplantation. Robert marvels, "Not only can we understand the science of taking organs from one person and giving them to another, but we also use medication to suppress the immune response to prevent rejection. It's really an amazing concept." He is still awed by the incredible people who make the altruistic decision to donate organs in order to save the life of another in need. Robert further explains, "In the field of transplantation, over 300,000 times a year in the United States, a grieving family will donate organs to help someone or several people that they've never met. I think that's such a pure and fantastic sign that humanity is alive and well. I wanted to be a part of that."

Robert understands the future is tied to basic principles in STEAM, and that these disciplines revolutionized our world with discoveries such as vaccinations and organ transplantation. He also recognizes the importance of arts and creativity as a surgeon in his field, noting, "Most surgeons in some way are innovators and creative in how they have to adapt their skills to a given situation, since operations are never the same. Medicine does require you to be able to think on your feet and adapt accordingly, so it requires a creative and innovative mind."

Engaging with Art

George Miller '14 was exposed to the arts at a young age, frequenting performances and art showings in New York City, Albany, and the Berkshires. His father, who is still very involved in the arts administration scene in New York City, influenced his love of visual art, musical performance, theatre, and dance. George currently works as a catalogue researcher at Christie's Auction House specializing in the Post-War and Contemporary department, and continues to direct and produce opera and contemporary dance projects in NYC and Nashville.

George feels privileged to have found his passions early in his educational career at The Albany Academies. He reflects on his first powerful experience with a

piece of abstract art during his Honors English class. Tasked with analyzing an experimental film titled *Koyaanisqatsi* (translated as "Life Out of Balance"), George's literary analysis introduced him to the collaboration of contrasting disciplines within a single artwork. He participated in all the arts programs the Academies had to offer including music and theatre groups as well as on a student written production. He discovered a keen interest in writing music during his sophomore year while working with Wind Ensemble Director Joseph Jacobs P'24, '27, '29 and dance teacher Cathy Rosenblatt '65. He worked extensively, writing music for Albany Academy for Girls dance program, and shaped a

“It’s important to think critically and outside the box. I think being exposed to other fields helps facilitate creativity in the sciences.”



competitive portfolio for college. George’s participation in the arts granted him admission to Vanderbilt University Blair School of Music as a composition major, laying a foundation for a career in the arts.

Upon graduation, George shifted his vision of a musical career when he began studying visual art. “I started thinking about my musical work in terms of the form, process, subject matter, and audience engagement, and it opened up a whole new world of inspiration to create musical performances,” said George. He drew inspiration from a neuroscience class he took as an undergraduate, motivating him to learn aesthetics and emotional trends. This educational experience led George to reimagine the way he created

and consumed art. George explains, “It’s important to think critically and outside the box. I think being exposed to other fields helps facilitate creativity in the sciences.”

George supports STEAM education as it allows people to engage with fields that they may not have thought to take an interest in on their own. He advises, “Take advantage of the opportunity to engage. High school and college are amazing places to explore, try new things, and meet new and different people. It’s so important to not let social expectations, or assumptions about yourself or others, turn you away from having an experience with a subject or culture that might make an invaluable difference to your life and development.” The interdisciplinary curriculum at The

Albany Academies allows students to interact and collaborate with one another, bringing their own academic strengths and abilities to the table.

George is currently in the process of producing and directing a new opera to premiere this spring in Nashville, TN. He is also in his third iteration of a residency and performance program with Nashville based dance company New Dialect, where choreographers and composers work in tandem to create both a dance and its score simultaneously, in a project entitled *Third Voice*.



Seeing is Believing

Since her days at Albany Academy for Girls **Dr. Meenakashi Gupta '99** has been fascinated by neuroscience. Her passion developed in Middle School, and she has since been able to conduct research with scientists from multiple countries while advancing knowledge of the retina to improve patients' eyesight. As a retina surgeon at the New York Eye and Ear Infirmary of Mount Sinai in New York City, Meenakashi continues to fulfill her dream of curing vision loss through retinal surgery and research.

Meenakashi graduated from Harvard University with a neurobiology degree and medical degree from Harvard Medical School. She completed her residency in ophthalmology at Massachusetts Eye and Ear Infirmary/Harvard Medical School. She spent her fellowship specializing in vitreoretinal diseases and surgery at the New York Eye and Ear Infirmary, where she currently works. As a retina surgeon, Meenakashi is able to restore eyesight, as well as hope and quality of life, to her patients. Meenakashi and her team are working together to implement cutting edge retinal imaging to provide new treatments for retinal repair. "I am always inspired and motivated to provide

"All scientific breakthroughs originate from inspired creativity. STEAM education forms the foundation of innovation and productivity."


each patient the best care and the latest treatments. It's an amazing thing to be part of," states Meenakashi.

At Albany Academy for Girls, Meenakashi had wonderful mentors including science teachers Laura Waterhouse and Lynda Blankenship. Both encouraged her to think outside the box and engendered faith in her abilities to succeed in fields underrepresented by women. Mrs. Waterhouse, Meenakashi's fifth grade science teacher, sparked her initial interest in neuroscience with an independent research project where she learned the basics of the scientific method. She was able to present her findings at regional science fairs. This experience fed her passion for the sciences and ultimately led her to study neuroscience and pursue a career in medicine. She encourages students to seek mentors early on and discuss interests with teachers. One never knows what amazing opportunities might arise.

Albany Academy for Girls provided a nurturing educational environment which gave Meenakashi the confidence to excel in the sciences, a field once dominated by men. Although women continue to constitute a significant minority in the field of retina, she has always felt comfortable asserting herself at national conferences and leading surgeries in operation theaters. Meenakashi notes, "I attribute much of this inner strength to my K-12 experiences at Albany Academy for Girls and the positive reinforcement that women can pursue any of their dreams. I hope that STEAM education continues to inspire girls to pursue and advance STEAM

fields into uncharted territories."

Meenakashi suggests that all scientific breakthroughs originate from inspired creativity. "Creativity is rooted in the exposure to a variety of disciplines outside of one's own and allows for a fresh approach to problem-solving," notes Meenakashi. As a physician, she feels the arts have enabled her to translate scientific jargon into language that resonates with her patients and the public. STEAM education forms the foundation of innovation and productivity throughout the world. Meenakashi concludes with advice to her fellow Albany Academy for Girls community: "Reach out to Albany Academy for Girls alumnae. You would be surprised at how many people will be willing to help you. Commit to a few goals you would like to achieve with your STEAM education and stick to them. Sustained commitment is critical. Always have faith in your abilities to succeed, especially in the face of any internal or external doubts. Challenges and drawbacks are inevitable, the key is in overcoming them. Be open to different perspectives, and never fear sharing your own. You have something special to contribute. Do not let anyone ever make you feel otherwise."



“Science is one of the most supportive places a woman could work. Once you’re in the lab, no one asks whether you’re a man or a woman.”

Down in the Deep Blue Sea



As a federal Fishery Management Specialist, **Sarah McLaughlin '89** travels to amazing regions

around the world such as Brazil, Japan, Morocco, and South Africa, setting fishing regulations to sustain the Atlantic bluefin tuna. Currently, Sarah is employed with the National Oceanic and Atmospheric Administration's National Marine Fisheries Service (“NOAA Fisheries”). Her agency provides science-based conservation and management for sustainable fisheries, as well as for marine mammals, endangered species like sea turtles, and marine habitats. She focuses on domestic and international Atlantic tuna fisheries management, regulations, and policy, particularly regarding Atlantic bluefin tuna. Sarah states that fishery management is an important element in maintaining balance in the marine environment.

Her initial interest in the sciences developed in Lower School at Albany Academy for Girls when she began collecting mail-order packs of “Safari Cards.” For those who may not remember, Safari Cards were collectible zoological

information cards with photos of animal species that helped kids learn taxonomic rankings. These cards fueled Sarah's curiosity about living things and their connection to the environment. In Middle School, art became a great influence that sparked her curiosity of biology, specifically animal anatomy. She notes, “In Mr. Dyer's Middle School art class, I labored over drawing a kingfisher and recall obsession over the bird's morphology to be sure I was drawing it right.” Developing a fondness for amphibians and aquatic insects, Sarah was involved in the “saving the pond” campaign at AAG in the 1980s. Her science teacher at the time, Mrs. Patricia McTighe, introduced her to cell biology which influenced her later studies in Biology.

Sarah double-majored in Biology and Environmental Studies at Tufts University before transferring to Northeastern University's East/West Marine Biology Program in her junior year. The program at Northeastern provided her opportunities to closely examine marine life throughout the Pacific northwest, the Caribbean, and the Atlantic northeast. During an excursion to Jamaica, she was introduced to Canadian fishery scientists who were working with local fishermen to modify their gear in order to target more mature fish while letting the smaller ones go. Sarah

explains, “I particularly liked the idea of being part of a team that participates in international negotiations with other Atlantic fishing countries.” This experience inspired Sarah to go to graduate school for fisheries science and management. While at the University of Maryland, a series of mishaps led her to switch from Marine Science to Environmental Management. She shifted to taking night classes in order to work part-time for NOAA Fisheries as a contractor and eventually graduated with a Master of Public Management degree.

At her current job, Sarah manages fisheries to maintain the Atlantic bluefin tuna quota. She administers fishing rules to limit the number of tuna caught on a daily catch, as well as the seasons in which the tuna can be fished, in order to provide U.S. fishing vessels a reasonable opportunity to harvest the U.S. quota without exceeding it. Once these rules are set, Sarah will monitor the catches and make changes to what is allowed throughout the year to ultimately stretch opportunities across wide geographic areas. She further explains, “Bluefin tuna are highly migratory and some of their behavior, such as spawning frequency and timing of migrations, remains elusive to scientists. They are just very cool fish, weighing hundreds of pounds and swimming up to 40 miles per hour!” She admits managing the fishery is a bit of a tightrope act, but there are no dull moments. Sarah was featured in a recent article highlighting women in her field with the NOAA Fisheries.

Sarah believes the more prepared girls are coming out of high school, the more likely they are to excel in technical fields and thrive in their careers. “Science is one of the most supportive places a woman could work. Once you’re in the lab, no one asks whether you’re a man or a woman,” stated Sarah. She advises others from the Academies to foster curiosity and remain involved with extracurricular activities in and outside of school.





Legacy of Dreams

September 29, 2018



TOP:

Current Trustee Neerav Patel '96 and wife Dolly Patel P'31 enjoy the company of other parents Paul Amedore '96 and Alicia Amedore P'22, '24, '28 at our Fall Athletic Fundraiser Legacy of Dreams.

FROM LEFT (CLOCKWISE):

The Albany Academy College Counselor and Varsity Golf Coach, Jak Bestle shows his support; Siena College Basketball Head Coach, Jamion Christian addresses the importance of a strong athletic program in secondary schools as our guest speaker; New parents Lucas and Rachel Dott P'23 are welcomed at their first Legacy of Dreams event; Sean Doolan P'20 and Dr. Kyle Flik P'18, '23 '26, Trustee grab a bite to eat before the program begins.



CLOCKWISE FROM RIGHT:
Guests enjoying Splash!: Interim
AA art teacher Angela Cuozzo and
spouse Michael; Kate Gagliardi P'24,
Riley Vrooman '24 and Brian Yates;
AA Drumline rocks the house with
their routine; AAG Dance Workshop
members delight guests with a
inspiring dance performance.



Splash

November 18, 2018

Spring Gathering
2019 Gala & Auction

Unlocking doors is the key to our success.

SATURDAY • APRIL 13, 2019 • 7:00 P.M.
90 STATE STREET, ALBANY

Visit albanyacademies.org to register.

Top Scholars



Max Heller '19 and Zachary Huang '19 were named semifinalists in the National Merit Scholarship Program. They are in a select group of 16,000 students nationwide who scored in the top 1% on last year's PSAT. Zachary is also among the top 300 scholars in the Regeneron Science Talent Search, the nation's oldest and most prestigious science and math competition for high school seniors. This year, 1,964 entries were received. The top 300 scholars were selected from 184 high schools in 40 states and 2 American and international high schools overseas. Scholars receive a \$2,000 award with an additional \$2,000 going to their respective schools, for a total of \$1.3 million in scholar awards from Regeneron.

Learning Beyond the Classroom

Gianna Mamone '19 has been participating in Parkinson's Disease (PD) Research at Albany Medical College hoping to find a novel site for Deep Brain Stimulation as a treatment for Parkinson's patients. Gianna performs all steps of the experimental procedure. In order to ultimately test if the therapy works on a Parkinsonian brain, the team must first generate a Parkinsonian model. Step one is to perform a PD lesion craniotomy surgery on a model organism to produce a hemiparkinsonian model. Gianna does

this by injecting a neurotoxin into a region of the brain called the Medial Forebrain Bundle to deplete dopaminergic neurons and induce Parkinson's in the left side of the model. After a few weeks, she will perform testing to see if the surgery was successful. Once the team knows they have a viable model, electrodes will be placed in two brain regions to record activity in the motor and sensory regions. After this, they implant an electrode cap into the brain which facilitates a Deep Brain Stimulation protocol. Through this independent lab experience Gianna is learning how to navigate the lab and is able to meet and interact with people she would have never known otherwise! Accountability and responsibility are also a big part of her



lab work; her mentor trusts that Gianna can perform the protocols successfully as her work is actually affecting the project. For students like Gianna, an independent study is an incredible opportunity we are honored to facilitate.

Gianna won the Albany Brain Bee competition, a neuroscience competition, at Albany Medical Center and qualified for the national competition in April in Hershey, PA. Four Academies students competed: Gianna Mamone '19, Maya Ravi '20, Kai Hua '20 and Jade Carter '20. Maya and Gianna both made the finals. Congratulations to all!



A Seat Among All-Stars

Haleila Harrison '19, who has been performing at The Albany Academies since Middle School, was selected as one of ten players to earn First Flute and perform in the All-State Symphonic Band at the All-State NYSSMA Conference attended by thousands. This is a monumental achievement that very few ever get to enjoy. It is nearly impossible to overstate the accomplishment of being selected as an All-State musician. Every year over 6,500 sophomore and junior student-musicians across the entire state of New York embark on the arduous task of auditioning for Conference All-State. Only students who earn a score of 98-100 are eligible for All-State consideration (there are often students who score 100 and are yet placed on the alternates list, and flute players are almost always required to score 100 to even be considered). Less than half of all these aspiring students earn a qualifying score. Congratulations, Halelia!

Sticking with his Passion

Since he was 10 years old, Anthony Duvall '24 has been volunteering on the ice as a peer mentor for the Albany Cougars Special Hockey Team. Anthony's older brother, Christian Grugan, has been part of the Albany Cougars Special Hockey Team

for 19 years and the team members embraced Anthony as a little brother. Christian has Autism and Epilepsy and most members of the team have a developmental disability, brain injury, or some other diagnosis that would prevent them from playing with peers their own age. Anthony has always had a place within the Albany Cougars Hockey family and has been contributing in various ways his whole life. His first experience on ice was at 18 months old when his family held a skate-a-thon fundraiser, and he started selling 50/50 tickets at tournaments as soon as he could walk. After three years of on-ice volunteering, Anthony had to step down due to his own obligations conflicting with the Cougar's practice, but he continues to volunteer where he can.



Mystery of the Empty Book

Inspired by her passion for penguins, Kai Hua '20 began working on her picture book, *Mystery of the Empty Book*, during the 2016-2017 school year. Since then, Kai has invested hundreds of hours of her personal time outside of school in this independent study project. Incorporating her strong artistic abilities, knowledge, and eagerness to educate others on penguins, Kai has produced an exquisite and laudable literary debut. A copy of her book can be found in the AAG Library.

Of Special Note



Kevin Goldberg '19 participated in musical theater productions throughout his childhood and has taken classical voice lessons. As a freshman in high school, Kevin began attending Open Mics organized by the seniors in the Library. He enjoyed singing at the Open Mics and started teaching himself guitar.

At 15, Kevin began taking guitar lessons and practicing several hours every day. Within a few months, he began to experiment with writing and recording his own music. Sophomore year, he performed in the pit orchestra with Ms. Kouloriotis for *Annie*, playing electric guitar. He also performed with Academy Community Entertainers (ACE), which organized concerts within the community.

Junior year, Mr. Jacobs welcomed him to The Albany Academies Wind Ensemble. He learned to read music and developed an appreciation for classical music. He continued to perform in the pit orchestra playing electric guitar and has also learned to play the upright bass.

As a member of the local School of Rock House Band, Kevin performs in the community and at charitable events. He also performs in multiple rock music retrospectives ranging from classic rock to 1980s pop music. In the studio, he takes weekly voice lessons and is currently performing as a singer and guitarist for Pearl Jam vs. Stone Temple Pilots.

Kevin feels fortunate for his education at The Albany Academies. "I have had so many teachers who have challenged and supported me. Mr. Jacobs, Ms. Kouloriotis, and Ms. Stella have encouraged me musically, while countless others have inspired me academically." Next year he plans to study liberal arts with a concentration in English and Music at Wesleyan University in Middletown, Connecticut.

THINK Robotics



The 2018-2019 school year marks the ninth year of participation for The Albany Academies Robotics Team in the FIRST Tech Challenge. This year's team is comprised of eighteen budding engineers and programmers. The team participated in two regional qualifiers where they earned multiple honorable mentions along with a THINK award. The THINK award is one of the highest valued awards in FIRST Robotics. The team earned this award by their exemplary documentation of the design process they followed to produce the robot. The team's success granted them a slot to participate in the Regional Championship at Pace University.

the A-Teams

FALL
2018

Congratulations to the 11 qualifying NYSPHSAA AA & AAG athletic teams during the 2018 fall season who were all recognized as Scholastic teams!

AA HIGHLIGHTS

Varsity Soccer

The Varsity Soccer team finished their season with a 12-6 overall record. The team continued to the Sectional Semi-Final in the Class A bracket but unfortunately lost to Queensbury.

Cross-Country

The Cross-Country team had an overall 8-3 record, finished fourth in the Colonial Council meet, and finished sixth at the Class B sectional meet. Nick Graziano '19 qualified for the State Competition.

Golf

Varsity Golf continued with another tremendous season ending 15-0 overall, 13-0 in the Colonial Council, and took first place at the Colonial Council Tournament. They earned second place behind Saratoga High School in the Class A Sectional tournament. The team sent three golfers to the State Qualifier where Aidan Fitzgerald '20 earned a spot on the state team as an alternate.

AAG HIGHLIGHTS

Varsity Soccer

Four members of the Varsity Soccer team earned the title of Colonial Council All-Stars: Mia Milliken '19, Cydney Owens '19, Morgan Sears '19, and Sarah Richardson '19.

Varsity Volleyball

Varsity Volleyball made it to the second round of Sectionals, beating Loudonville Christian in first round. They played exceptionally against Stillwater High School in the second round, but fell just short of the win. Players Hailela Harrison '19 and Kyle McRoberts '20 both closed out their season as Colonial Council All-Stars.

Varsity Cross Country

Varsity Cross Country placed third in Class C in Saratoga this season. Cate Tomson '19 was named a Colonial Council All-Star.

Varsity Swimming and Diving

Varsity Swimming and Diving finished with an undefeated season earning the title of Colonial Council League Champions. Bella Amedio '19, Chloe DeRosia '19, Liv Eisenhardt '20, Keegan Klima '20, Claire Gerdeman '21 and Mea Amedio '23 all earned the title of State Level Competitors for Swimming and Diving.

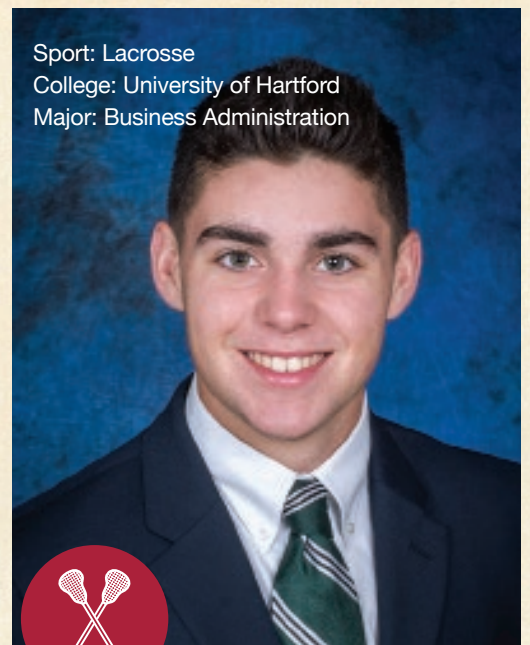
Varsity Tennis

Varsity Tennis made it to Sectionals, winning their first match against Troy High School; however they were unable to advance to the Championship round.

D-1 ATHLETES

AA & AAG Athletes Sign Letters of Intent

Sport: Lacrosse
College: University of Hartford
Major: Business Administration



ANTHONY SERICOLO

For all teams and schedules go to: albanyacademies.org

Sport: Baseball
College: Radford University
Major: Business Administration



DANNY MOSHIER

Sport: Lacrosse
College: Rutgers University
Major: Education



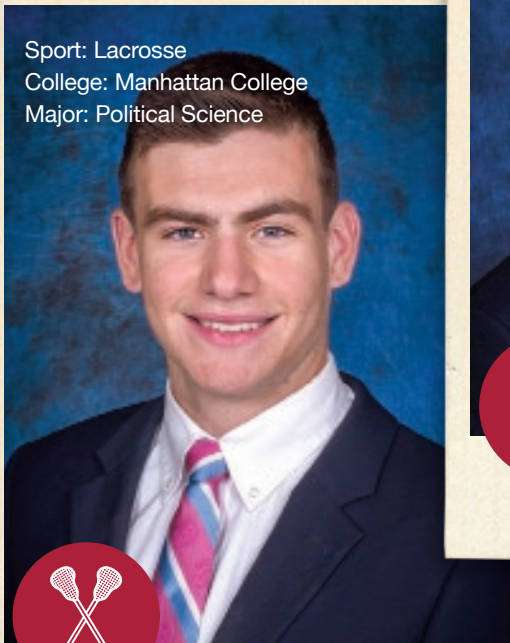
MITCHELL JONES

Sport: Rowing
College: Marist College
Major: Undeclared



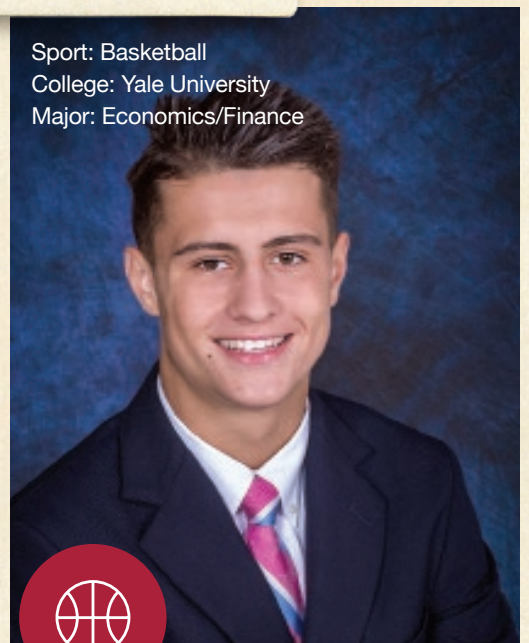
**GENEVIEVE
"GENNY" ANDERSON**

Sport: Lacrosse
College: Manhattan College
Major: Political Science



BLAKE VAN EPPS

Sport: Basketball
College: Yale University
Major: Economics/Finance



AUGUST MAHONEY

Construction begins on a new Multisport Athletic Practice Facility

This past November we broke ground on the construction of a 32,000 square foot multisport practice facility located on the north side of the Michael B. Picotte Field House. The building—unique to any local high schools in the Capital Region—will house a four lane track and areas dedicated to high jump, long jump, pole vault, and shot put. Two basketball courts will be placed inside the track oval, with provisions to make it easily configurable for volleyball, tennis, gymnastics, and a variety of field sports.

Over the past several years enrollment has led to more athletic offerings for students coming from a larger geographic footprint, such that the Academies now field more than 50 athletic teams—including both The Albany Academy and Albany Academy for Girls—and attract students from as far away as Saratoga and Cobleskill areas. This has increased the demand on court time and pushed practices into the early evening, which becomes a challenge for AA and AAG students and their parents. An indoor facility such as this one will help with this issue as well as provide space for fall and spring sports to practice during times when fields are inaccessible due to inclement weather conditions.

The multisport practice facility also provides a unique opportunity to honor longtime faculty member and track coach Jim Poole '68, whose legacy at the Academies spans over 50 years. With the help and challenge from one of Jim's former student athletes Tom Tuttle '84, the new facility will be named the James Poole Multipractice Athletic Facility. Jim and a small group of dedicated individuals—along with the assistance from the Office of Institutional Advancement—have been asking many parents and former student athletes—particularly those who participated in track and field sports—for gifts.

The cost of the project is \$4 Million; however, we are not there yet! Thank you to the many parents, alumni, and alumnae who have stepped forward and made a contribution to this important initiative. For more information about the project and how you can participate, please contact Director of Institutional Advancement Ann Wendth at (518) 429-2385. Opening of the facility is set for the Fall of 2019.

“We are fortunate here at the Academies to have access to as many sports teams as some of the large schools in the Capital Region. The new athletic facility will allow for more practice space and flexibility for all teams. This is especially important in the Spring when winter weather extends into our outdoor season.”

—Mark and Tracy McRoberts P'14 P'20

THANK YOU TO OUR INVESTORS!

\$500,000 AND ABOVE

Mr. J. Spencer Standish '42, P'73, '81, '83, GP '12
(Standish Family Fund)
Mr. Richard and Ms. Mary Flaherty P'15, '21

\$250,000 AND ABOVE

The Hayes Family (MM Hayes Company, Inc.)
Mr. James and Ms. Susan Hens P'22, '23
Ms. Shamila and Mr. Thomas Tuttle '84

\$25,000 AND ABOVE

Mr. Thomas J. Conti '97 and Ms. Laura Conti '00
Ms. Laura and Mr. Gregg George '87

\$10,000 AND ABOVE

Ms. Kara and Mr. Carl Becker '04
Mr. Darren and Ms. Danielle Donohue P'24, '26
Ms. Kathy and Mr. George Mahoney '82, P'21, '23
Ms. Susan and Mr. William Picotte '67
Mr. Seth Polen '84

\$1,000 AND ABOVE

Mr. Mark Carioto '88
Dr. Daniel Chandler '95
Dr. David Douglas '85 and Ms. Janette Douglas
Mr. Anthony Loupessis '87 and
Ms. Jane Loupessis '87, P'18, '19, '23
Mr. Peter Ten Eyck, II '56

\$999 AND BELOW

Mr. Alydaar Rangwala '11
Mr. and Mrs. John Bove P'18
Ms. Carolyn Sneeringer Bojanowski '01
Mr. David and Ms. Shellie Carr P'19, '21
Mr. Jonathan Catlett '97, P'30, '32
Dr. and Mrs. Brendan M. Cooney
P'18, '19, '22, '22, '24
Mr. and Mrs. Ennio J. Corsi P'19
Mr. Neal Dignum '03
Mr. Seth Guterman '92
Mr. Jason Malikow '97
Mr. and Mrs. Robert Mason P'18
Mr. and Mrs. Thomas Collura P'18
Mr. Buckmaster De Wolf and
Ms. Rosemary Ratcliff P'18, '21, '21
Mr. and Mrs. Robert DeCaprio P'18
Mr. and Mrs. Timothy Donohoe P'14, '18
Mr. and Mrs. Ronald Epstein P'18, '21
Dr. and Mrs. Mark Friedman P'18
Dr. Syed Kamal and Dr. Fahara Kamal P'18
Mr. and Mrs. John Kibbe P'18
Mr. and Mrs. Michael Lacey P'15, '17, '18
Mr. and Mrs. Robert Mason P'18
Mr. and Mrs. Robert Mitchell P'18
Mr. Jeffrey Gulock and
Ms. Catherine Moore P'15, '18
Mr. and Mrs. Mark E. Moshier P'16, '19
Dr. Salaja Alapati and Mr. Tarun Narravula P'18
Mr. and Mrs. Christopher C. O'Brien P'19, '22
Mr. Philip Picotte '04
Mr. and Mrs. Douglas Rutnik '83, P'15, '18
Mr. and Mrs. Casey Seiler P'18
Dr. Dilip Sidhu '01
Mr. and Mrs. Steven Winegard P'18
Mr. and Mrs. Timothy Young P'18

As of February 15, 2019

“I was inspired to make a major gift because of what Jim Poole represents to me and to generations of runners at The Albany Academies. He has instilled a love of running, a love of exercise, a love of camaraderie and teamwork and humility in so many students.”

—Thomas Tuttle '84



Thomas Tuttle '84 pictured next to beloved coach and teacher Jim Poole '68.

Academy alumni and past parents admire the plans for the new facility.

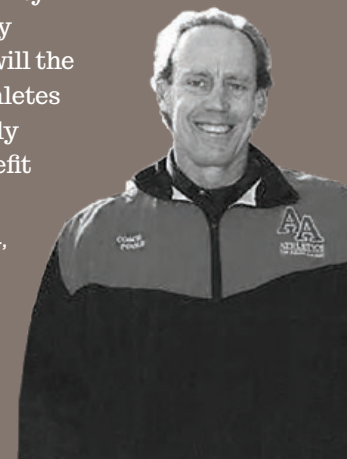


This facility will be located behind the Standish Pool and is expected to open Fall 2019.



“The varsity track and field program was one of which I felt immense pride. Any help that you could give in getting this facility fully funded I would certainly appreciate. I know not only will the indoor and outdoor track athletes benefit from this but certainly other athletes can truly benefit from this facility.”

—James E. Poole, II '68 P'02, '14,
Faculty Member and Coach,
1979-2018





Alumni & Alumnae Gatherings

ABOVE:
22 Alumni laced up their skates for the annual Frank O'Brien III '84 Memorial Alumni Hockey Game on December 8. The alumni honor Frank's memory on the ice with Frank's mother Mary Beth O'Brien P'84 and family in attendance.

AT RIGHT:
Left to right
Head of School Chris Lauricella P'20, '22 visits Seth Guterman '92 in Atlanta, GA; Dr. Andrew Mann '71 catches up with Lewis Muhlfelder '70 at our Boston Alumni/ae Gathering on November 15.



More photos at: albanyacademies.org

Steps to a Successful Reunion

BY HENRY SCHMERLER '58

Start your planning early! The first meeting was held in February the year before our reunion giving us almost 16 months to reconnect with classmates and begin planning.

- Identify and form a committee of highly motivated classmates who will lead the class.
- Utilize the Office of Institutional Advancement. The office gave us name, address, telephone number, and e-mail for our graduates as well as provided advice and support in numerous areas.
- Never forget the power of a personal phone call connection. We divided our class into three groups and each of us called those we were closest to.
- Keep up with regular and multiple forms of communication. Our goal was to keep all class members (whether they had committed to come or not) informed of our activity.
- Keep costs down by utilizing local classmate's homes or the school for special gatherings.
- Coordinate with your partner class from across the street to increase attendance and interest.
- Provide as many authentic and memorable moments for your classmates to incite comradery. We gave out Academy hats to all attendees and on Friday and Saturday nights (with piano accompaniment) we sang our Alma Mater and other Academy songs.



TOP TO BOTTOM:

Karen Avery '83 and brother Kevin Avery '80 meet the Head of School in Washington D.C. in October; Willow Partington '60 and Midge Trivers '58 enjoy reminiscing at the annual Beverwyck Holiday Luncheon on December 12; James Forni '80 spends time with Head of School Chris Lauricella P'20, '22 and Director of Institutional Advancement Ann Wendth in Chicago on December 4.





Frank Blake '96 (middle left) visited campus on December 19. He, along with Ashton Holmes '96 (middle right), shared his foosball skills with students in the AA senior lounge.

Sharing Your Passion with The Albany Academies

The Albany Academies are fortunate to have a network of incredibly accomplished alumni and alumnae who are willing to return to the School and share their life experiences and accumulated wisdom with current students. From the School's perspective, this type of opportunity allows students to connect their academic preparation, which is often abstract by nature, with the reality of the stories shared by adults who once sat in the same seats they now occupy.

Frank Blake '96

ENTREPRENEUR / VETERAN / PRO FOOSBALL PLAYER

Earlier this year we enjoyed a visit from Mr. Frank Blake, Class of 1996, who truly brought this concept to life. After attending The Albany Academy, Frank graduated from Clemson University and then served as a Captain in the U.S. Army during Operation Iraqi Freedom and was awarded the Bronze Star Medal. As our students found out the hard way, Frank was also a professional foosball player for a few years, a skill he developed at the Academy.

In 2004 Frank joined The Home Depot as part of the Store Leadership Program, and subsequently held positions of increasing responsibility. He is currently the General Manager for Outside Sales and Services, and he and his team are responsible for providing a complete range of Business to Business Services across the country.

While this is a compelling enough "day job," Frank is also a serial entrepreneur who developed and sold a number of multimillion-dollar businesses before becoming a limited partner in an angel investment fund that provides capital to start-up businesses. He has taken the lessons learned in this arena and partnered with Clemson University School of Business to work with aspiring entrepreneurs and investors.



FRANK'S GENERAL LESSONS:

1. When you go to college, momentum is everything. Forget gap years, keep moving forward.
2. Maintain high standards. They are powerful, and a group of people will rise or fall to the standards to which they are held. You may want to always ask yourself: what are your standards?
3. You cannot pour from an empty cup. In terms of the energy and focus you bring to something, be 'all-in' and then recharge.
4. It's okay to lighten up. Sometimes the best ideas come from moments when you are not seriously focused.

ON ENTREPRENEURSHIP

1. All good businesses solve a problem for their customers.
2. People really matter. The quality of people you invest in plays a large role in whether the investment will be profitable. I have learned to ask myself two questions about the quality of people I am considering doing business with:
 - (a) If I were stuck in a 10 year journey with this person would it be okay?
 - (b) Would other people believe in them?

ON CAREERS

1. Pick your industry first. Do your research to understand the future of the profession you hope to have before you make a substantial investment in pursuing it.
2. Excel at every job you have. Ask yourself: have I solved the problems that I was given?
3. Everything teaches. Pick up skill-sets along the way, even if you can't quite see how they might be valuable. Chances are they will be.

Chris Sainato '10

GRAPHIC DESIGNER / ILLUSTRATOR

Chris Sainato '10 visited The Albany Academies on January 14 to present to the Upper School photography class and discuss his experience as a student at The Albany Academy as well as his role as a graphic designer at Vineyard Vines. As a student, Chris channeled his artistic abilities by designing apparel for the football, lacrosse, and hockey teams.



He credits The Albany Academy for providing him the tools to discover his inner leader and names coming to The Albany Academy one of the best decisions of his life. After graduation, Chris went on to earn a Bachelors in Studio Art from Union College. He interned at Saratoga Performing Arts Center as graphic designer before moving to Stamford, CT to work at Vineyard Vines. He is responsible for illustrating and designing Men's and Boy's apparel such as neckties, t-shirts, and hats. For more information about Chris's artwork and apparel designs, visit www.chrissainato.com.



Jessica Bloustein Marshall '99

JOURNALIST / WRITER / PRODUCER

Jessica Bloustein Marshall '99 is an award-winning journalist, writer, and producer who was a guest speaker in our Upper School Filmmaking and Theater classes on January 11 to discuss her career and the steps she took to achieve her goals. Currently a producer at WMHT Public Media, she helms the station's educational content. She was previously the Associate News Director and a producer at WAMC Public Radio, where she co-hosted the popular podcast "Listen with the Lights On" and produced the live, call-in talk show, "Vox Pop." She has also authored or produced features for NPR, Newsweek, MTV News, Mental Floss, and Guideposts. Jessica has a master's degree in Broadcast Journalism from Northwestern University and a bachelor's degree from Wellesley College. Outside of work, she is a longtime competitive figure skater and mother of two.

Bruce Kauffmann '67

SPEECHWRITER / CONSTITUTIONAL EXPERT

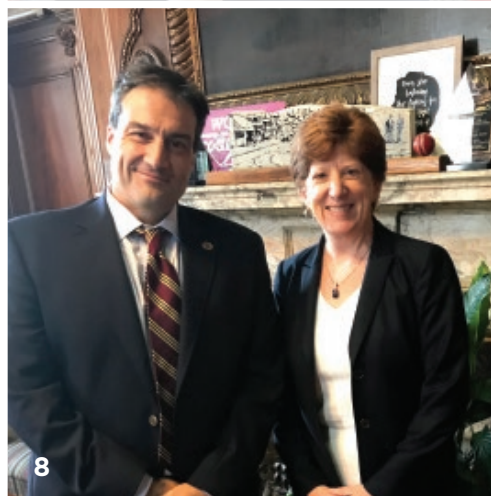
Bruce Kauffmann '67 was on campus on January 25 to discuss the three foundational documents of the United States with Middle and Upper School students. His afternoon talk, titled "The Mission Statement, Instruction Manual, and Warranty: The Declaration of Independence, The Constitution, and the Bill of Rights" explained how each document works in concert to create and preserve our republic.



Bruce is a columnist and historian whose work appears regularly in national newspapers and magazines. He comes to this work as an experienced speechwriter for CBS news managing editor Dan Rather as well as the head writer for the CBS News radio program "Dan Rather Reporting: News, Analysis, and Commentary." An expert on the U.S. Constitution and the Bill of Rights, Bruce lectures extensively on topics of historic interest, and is often on talk radio shows to discuss historic events and how those events affect modern-day public policy issues. His work can be found at www.historylessons.net.

Interested in sharing your experiences and wisdom with our students? We'd love to have you! Please contact: Director of Institutional Advancement Ann Wendth at 518-429-2385 or by email at wendtha@albanyacademies.org.

Top 9 Instagram Posts 2018



Follow us on Social Media!

 @thealbanyacademies
  @albanyacademies
  @thealbanyacademies

- 1 AA Commencement 2018:
Congratulations AA Class of 2018!
- 2 AAG Commencement 2018:
Congratulations AAG Class of 2018!
- 3 Former @thealbanyacademies Head of School Caroline Mason shared some wisdom from her days at the Academies with new Head of School Chris Lauricella!
#ASquared #growingtogether
- 4 Homecoming 2018 has been a great day for the Academies. Thank you to everyone who came out and showed their support. We are so proud of our Cadets! #TAAHOCO #ASquared
- 5 Meet AAG Student Council President Morgan Sears '19 Advice to students: "Don't be afraid to build relationships with your teachers because they will help you get through the hard times. They are focused on you and you succeeding." #StudentSpotlight #ASquared
- 6 Senator Gillibrand visited AAG to discuss her new children's book, "Bold and Brave", which celebrates the 100th anniversary of the Nineteenth Amendment. Students enjoyed the opportunity to engage the Senator with questions regarding the suffragists in the book. Thanks for visiting the students of AAG!
- 7 #TBT Homecoming 2017. Who's excited for spirit week and Homecoming 2018! #ASquared #GoCadets #GoBears #throwbackthursday
- 8 Head of School Chris Lauricella had an opportunity to meet with Albany Mayor Kathy Sheehan. #ASquared #GrowingTogether
- 9 Let it Snow, let it snow let it snow! As the snow began to fall today, AA & AAG Kindergarteners made their way merrily to the Leonard House for the annual tree decorating with our Head of School Chris Lauricella and his wife, Kristin!



I feel very fortunate that my role in the Office of Admissions allows me to spend time meeting and talking with families about the hopes and dreams they have for their children. Although every family is unique, the similarities in what they seek are remarkably similar regardless of their child's age or gender. They want their child to be happy; to develop authentic relationships with their peers and adult mentors; to be in a community that feels safe and secure, and one that allows them the opportunity to reach their full potential; to be challenged and pushed out of their comfort zone, all while feeling supported. Helping families determine the right school fit and explore their opportunities is such an important part of that journey and something I am grateful to be a part of.

I also feel very fortunate that I have a front row seat to watch those hopes and dreams unfold. I may witness it in a Lower School assembly where a third grader is speaking in front of his peers about integrity, or watch a Middle Schooler develop and test her strategy for making an efficient wind turbine. I also hear it in the countless stories from our current families, alumni, and alumnae who speak so passionately about their own Academies experiences and how those opportunities and relationships have positively impacted their lives and the lives of their children.

If you would like to learn more about the Academies for your own child or know of a family that might be a great fit, please reach out to our office. I also invite you to visit our school website to learn more about our unique single-gender education with a blend at the end, or attend one of our upcoming Admissions events listed below.

I look forward to meeting you and helping you discover what an Academies education has to offer you!

Bramble Buran P'07, '08, '10, '16
Director of Enrollment & Financial Aid

2019 Admissions Events

Visiting Week
8:00 am—2:15 pm
AA & AAG Campus
April 23-26, 2019

Lunch On Us
12:00—1:00 pm
Thursdays
Board of Trustees
Room, AA
April 11, 2019
June 11, 2019

PS/PK Information Sessions
9:30—11:30 am
Board of Trustees
Room, AA
May 2, 2019
June 20, 2019



a²
portrait

Orchestrating a Path

Joseph Jacobs | UPPER SCHOOL MUSIC

WHEN MR. JOSEPH JACOBS P'24, '27, '29 CAME TO THE ALBANY ACADEMIES 13 YEARS AGO, THE MUSIC DEPARTMENT OFFERED ONLY BASIC BAND AND CHORUS OPTIONS. Today, The Albany Academies are proud to offer our students the opportunity to participate in a wide variety of music ensembles for all skill levels and advanced courses such as AP Music Theory.

Joseph graduated from The College of St. Rose with a Bachelor's degree in Musical Education. While teaching was not his first choice in careers, Joseph soon realized that his ability to connect with students through music and spark a passion for music and music appreciation in young people was deeply rewarding. For Joseph, "Learning to play music is so much more than just the technical skills behind working an instrument or reading notes off a page; it's about understanding the emotional responses one feels from music, how to create it, and how to communicate with others through music." This philosophy is what he aims to teach each of his students at The Albany Academies.

Students often seek Joseph out for his innate ability to connect with them, offer guidance and support, and shine light on positive parts of any situation. For the last few years, Joseph has provided "Morning Music"—the students' daily dose of musical history and appreciation. Each morning Joseph picks a different artist, turns up the speakers, and blasts music through the halls as students arrive. At the end of each morning meeting, Joseph shares a short biography of the chosen artist, further instilling a curiosity and desire in students to learn more about music.

Each year, our students perform a number of times with Joseph at the helm, bringing in professionals to fill seats in the Wind Ensemble so students can both learn from them and hear the piece as it was truly meant to be performed. Our students are also invited each year to perform the national anthem at the Naturalization Ceremony at the Albany Family Court House for newly naturalized citizens and their friends and family. In addition, Joseph has high expectations for our drum line members and Cadet Corps,

"Learning to play music is so much more than just the technical skills...it's about understanding the emotional responses one feels from music, how to create it, and how to communicate with others through music."

preparing them to march and perform in every Veteran's Day and Memorial Day parade in Albany.

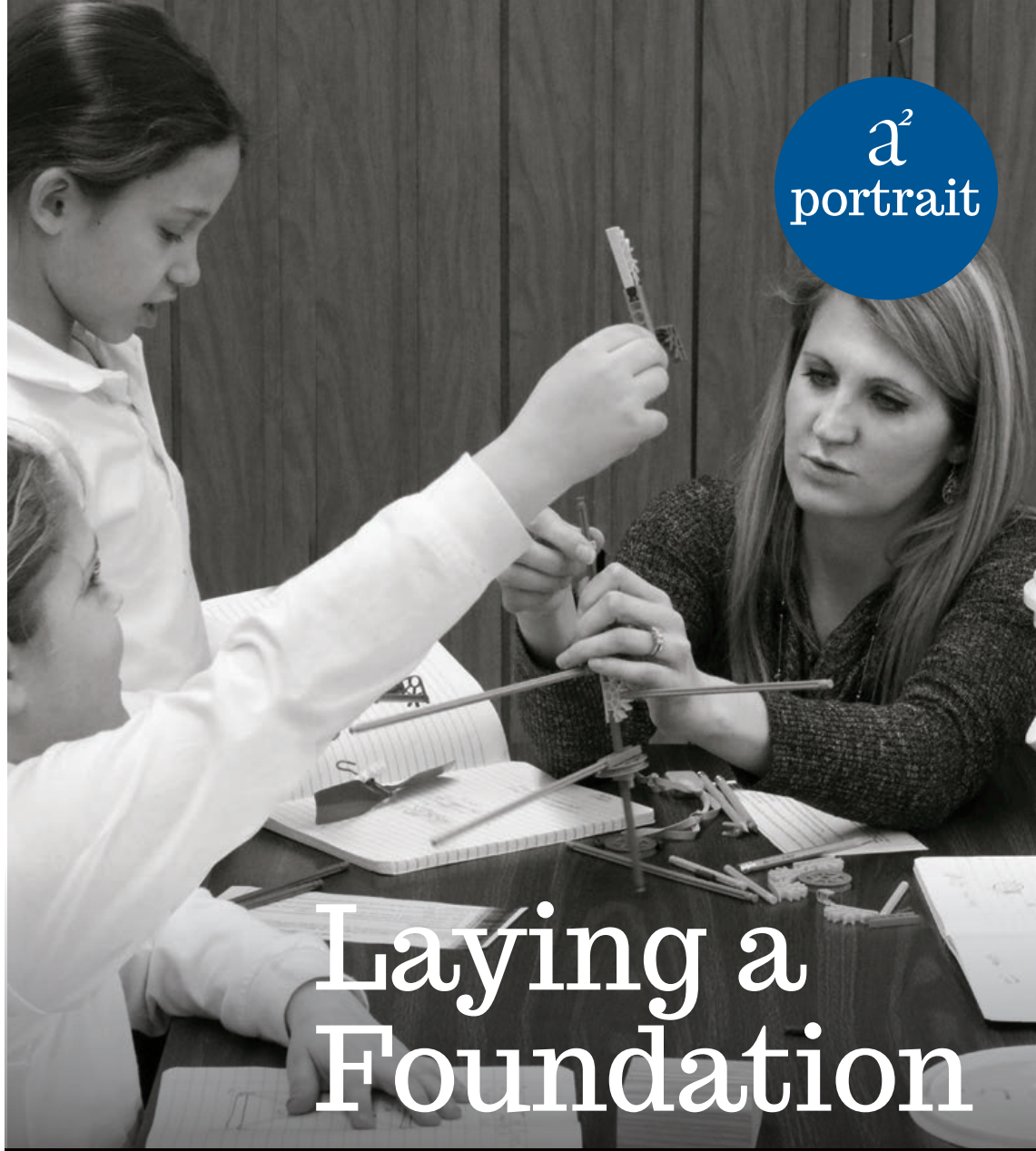
When asked what he's most proud of, Joseph responded, "The transformation of students from the beginning of the year when they are first handed a difficult arrangement, to the spring concert at our annual Celebration of the Arts event where students have successfully mastered a piece of music they thought they would have never been able to play." Joseph teaches his students "mind memory" rather than muscle memory in order to best understand the piece they are playing and to master it. He believes it's an invaluable skill that is transferable in the classroom, on the sporting fields, and in life.

Joseph's love of learning is infectious to our students and faculty which makes him such an integral part of our community. He helps instill a lifelong love of learning in our students and prepares them for life after high school through the skills and values he teaches in his classroom.

WORKING AT THE ACADEMIES WAS A DREAM COME TRUE FOR LOWER SCHOOL SCIENCE FACULTY MEMBER CAROLINE DUVERNOY. She remarks, “To be an elementary school teacher working with young kids and just teaching science is everything I could ask for!” She initially fell in love with the Academies as a student-teacher during her undergraduate studies at The College of Saint Rose. After earning her bachelor’s degree in Childhood Education with a concentration in Biology, Caroline continued her education at The College of Saint Rose, earning a master’s degree in Literacy specializing in grades K-6. When an opportunity to work at the Academies came to light, Caroline immediately took on the responsibilities of full-time teaching.

Caroline creates a very hands-on science curriculum for her students; she feels the best way for her students to learn and enjoy science is by actively seeing and doing through experiments. Every spring, her kindergarteners incubate and hatch chicks to witness the whole lifecycle of a chicken. During the 21-day incubation period, the class studies chickens as they anticipate the hatching of the live chicks. Most recently, she had her fourth grade class dissect squids—which she admits is one of her favorite lessons to do with the students. Caroline enjoys seeing the students make connections to themselves, while understanding the greater biological concepts and life sciences. She notes, “Our curriculum sets us apart from other science programs because there’s only so much you can learn from just reading from a textbook at a young age. We’re really experiencing it in the classroom, and the students are able to apply the knowledge in other science courses as they grow older.”

As an elementary teacher for The Albany Academy and Albany Academy for Girls, Caroline experiences the differences in approach between the boys and girls education when given a project.



Laying a Foundation

Caroline DuVerney | LOWER SCHOOL SCIENCE

During her eight years, she has noticed that boys are always diving head first into an experiment—sometimes before or after reading the directions—while girls ask an astonishing number of questions for a distinctive, thoughtful approach to their projects. She adds that both boys and girls are so eager to absorb everything which is enjoyable for her. She marvels, “I love seeing the students’ ‘aha’ moments. I know they really get it when they repeat it back to me or share what they learned with anyone. That’s how I really know they understand the material and it’s such a good feeling.”

Caroline believes a strong science education forms students into critical thinkers, problem solvers, and innovators. She recognizes that these characteristics are crucial for the future of her students, noting, “A lot of jobs are geared toward STEM, and we have to create that love for science, technology, engineering, and math at a young age.” Caroline provides her students with a strong science foundation that is applicable to other areas of their education as well as the real world.



class notes

1940S

Elizabeth Kingdon-Gruenwald '44 shares her story: "When I went to Albany Academy for Girls, it was on Washington Avenue in Albany and we only played hockey out on the campus of AA. My father came to Schenectady before 1923 to work at General Electric as a research physicist where he met my mother who was a secretary there. They got married in 1924, and I was born January 25, 1928. When I was ready to go to High School, my violin teacher recommended AAG where Miss Trotter was the Head Mistress followed the next year by Rhoda Harris. In 1944 World War II was just over, and I went through Vassar on the three year plan to save my parents some money. I graduated in 1947 with a BA in mathematics, because my father thought I should study something practical—I wanted to study singing. In 1955 I applied for a Fulbright Scholarship, the first year it was founded, wanting to study in Berlin or Vienna but was turned down. My father called up a friend at the White House (Hans Bethe who had won a Nobel Prize) and asked why I was refused. He said it was because I was a security risk because my father had worked on the development of the Atom bomb. So instead, I applied to the State Conservatory of Music in Frankfurt and arrived in Germany in 1956 where my Fulbright was renewed for another year. My Jewish voice teacher in America had written to her old friend, Prof. Rolf Ligniez, who had been the director of the conservatory right after the war, and asked him to take me as his pupil, which he said he would do. He had only ever had men as pupils, but he made an exception with me. He was the only teacher who really taught me how to sing. In 1958 I was contracted with the Municipal Theater in Bielefeld. In 1963 I came to Nürnberg to sing with the Municipal Opera of Nuremberg. In 1985 I worked for five years with the Pocket Opera Company (POC), an experimental theater which still exists and whose star I then became. On January 3, 2017, I was involved in a serious accident and lost my left leg. I am now slowly learning to walk with a prosthesis and making great progress, but that put an end to my POC time. I am still chairman of the board of the POC, and on my birthday I always sing something for the guests. At my age you celebrate every year. I have also never lost my voice, because I have always continued to sing. I also received one of Germany's highest awards, the Order of the Cross for achievements

with the Pocket Opera Company and other Honors that I have earned in my career. At the time it was the highest order a woman could receive, but now times have changed and they can get the same one as a man earns. Best wishes and everything good to the Academies for 2019.

1950S

George Cockcroft '50 is the author of eleven novels under the pen name, Luke Rhinehart. His most famous novel is THE DICE MAN, which has been translated into 27 languages and has sold more copies around the world today than at any other time. In 1995, the BBC called his book one of the fifty most influential books of the last half of the twentieth century." Loaded Magazine honored it in 1999 by naming it "Novel of the Century." Four years ago, The London Telegraph named it one of the 50 great cult books of the last hundred years. In 2016 ShortList called it "One of the 50 Coolest Books Ever."



Dan Cook '54 writes to his fellow classmates of the Class of 1954: "According to my calendar our 65th Albany Academy Reunion is right around the corner. Who would have believed it! About half of our class are still upright and are not room temperature. Well, "upright" might be an exaggeration since age has somewhat compromised our Academy postures, however advancements in medicine have helped to keep our temperatures around normal. We also cannot ignore that genes, a balanced diet, exercise, and limited stress may have helped. So it seemed time to take a look back, analyze the present, and gaze into the future. Doing this exercise every five years appears to be about right. Not much of the past has changed since our 60th, although some of the events that transpired since June 10, 1954 have slipped my mind. I believe that we grew up in the **Wonder Years**. We were Kevin Arnold. Our parents were John and Norma. Dad worked and Mom stayed home. Our siblings were Wayne and Karen. Our best friend was Paul and our girlfriend was Winnie.

We listened to The Shadow, The Lone Ranger, Tom Mix, and watched Friday Night Fights on black and white television. We were too young for Korea and too old for Vietnam. Race was the concern of our Track Team. *Shootings* were important to the Rifle Team. And *Drugs* were prescribed by doctors. Life was good! We survived college and many of us continued our educational pursuits. All of us sought careers and many of us changed our goals and objectives along the way, especially when someone or something **Moved Our Cheese**. The *Scurrys* among us enjoyed the challenge of change and new opportunities. The *Sniffs* accepted that things would be different. The *Haws* more reluctantly realized changes were coming, while the *Hems* decided to wait for things to get back to normal. Half of our class scattered around the country (ME-1, MA-2, RI-1, CT-1, NYC-2, FL-2, LA-1, TX-2, AR-1, CA-2, CO-1, OH-1) while the other half remained in upstate New York. We married, raised families, and then saw our children and grandchildren scatter around the country. What did we learn or what should we have learned in 65 years? My professional experiences while managing mental health and behavioral programs taught me (with help from the Myers-Briggs) that each of us comes into the world hard-wired with the propensity to act and react certain ways to people, places, and things. It was important for me to understand how my wiring might affect my behavior and people around me so I'd be better able to cope with the tasks of daily living. I discovered that spending time on the "woulda, coulda, shouldas" of life was non-productive and I adopted a "lead, follow, or get out of the way" approach when working with others. The world has certainly changed over the last 65 years and has gotten a lot "smaller" with more and maybe too much information available. Technology has made great advances although we now seem to rely on emails, text messages, and social media rather than personal interactions. Medicine has also made very positive strides and life expectancy has increased but with some quality-of-life issues as we age. As a lifelong Scurry I'm optimistic about the future. As we round the far turn and head for the finish line there will be new opportunities and challenges. We may not be able to participate at the same level as before, but it will be an exciting time. Hope to see you at our 65th." **Peter Mebel '56** has been responsible for treating sports injuries since his stint as a physician for the Olympic teams

at their Colorado Springs Center. He has also enjoyed treating the children and grandchildren of his early patients. Peter lead an inspiring Orthopedic team to treat children in the Andes of Ecuador as a change of pace. He states: "As the years mount up, am trying to learn the difference between "giving in" and "adapting." He encourages his fellow classmates to connect with him when heading to the Boston area!



Marj Van Slyke '56 celebrated her 80th Birthday with her family and people from all different time periods of her life. The pictures shows the happy group from left to right: **Tod Wing '56**, Rena's husband, **Rena Aggen '56**, Ed Hamilton, **Althea Hamilton '56** and **Judy Wing '56**.



Members of the Class of '56 from left to right—**Pete Ten Eyck '56**, **John Kerr '56**, **Paul Simpson '56**, **Tod Wing '56, P'81, '82**. The impromptu "mini-reunion" came about as John Kerr passed through Albany on his way back to his home in Vermont from his summer job as a Park Ranger in Yellowstone Park.



Peter Kermani '58, P'90, '96 and **John Crary '58** had a wonderful visit with beloved past faculty member and coach **Ernie Steck H'63, '77, P'77, '79** who celebrated his 95th birthday in November! **Gerrit White '57** moved from New Jersey to Florida after his wife retired from her college teaching job last July. They are now enjoying an active retirement life in Florida with lots of traveling and visits with their five grandchildren and their parents. **Linda Friedland Michael '59** has completed a move to a lovely community in Sayville, NY on Long Island. "It is near a beautiful, small, private beach and has all kinds of cute shops and a great library!"

1960s

Sally Burkhart-Haddad '63 states: "As I turned 75 this year, I realized how short life truly is." She remembers her years at AAG with affection. AAG prepared Sally for her life as a teacher. Although she says she has reached her "golden years," she is proud to say she still can travel to Europe to attend lectures conducted by her husband, Nadim. Nadim is an IEEE Distinguished Speaker and Nanotechnology Chairman and has been awarded the title of "Who's Who in the World." Yet, AAG taught her that one must persevere in this life, which she has done. Her husband agrees! **George Chelius '63, P'07** is proud to share his daughter, Anna '07, recently announced she's engaged to be married to John Redmon this September in Santa Fe, New Mexico. George and his family are delighted and excited! **Steven D. Ranney '63** is pleased to report on members of his class: **Steven Sumberg '63** has been elected to the Board of Trustees of the Hirshhorn Museum and Sculpture Garden, a part of the Smithsonian Institution, located on the National Mall in downtown DC. **George Chelius '63, P'07** and his wife Lynn now live in Santa Fe, NM, but he still has a small place in Albany. Steven congratulates his fellow alumni/ae and to all who have retired in recent years including **Gerry Fassett '63** who made it official this year. With this said, he tells us **Burt Wilcke '63** won't stop working. Right after Burt's retirement, he started consulting, focusing on strengthening laboratories in developing countries so they can be better prepared for detecting communicable disease outbreaks like Ebola. In addition, Burt just finished editing a book on the subject. Steve continues: "As we continue in these "golden" years, our hearts and prayers go out to all who are battling health problems: **Hank Evans '63** and wife Ann, **David Eger '63**, **Jim Lowe '63** and others we don't know about." Finally, he is pleased to announce the appointment of **Chuck Stewart '63** as class Chaplain. Chuck recently completed Divinity School and he looks forward to connecting with alumni/ae who find themselves in need. **Margaret Lamar King '65** is having a tremendous time with the new AAG Archives club! She meets with some of the Upper School girls, and they examine some of the treasures in the AAG archives She adds the archives include, "Things that represent the history and traditions of our remarkable school- the things that make a connection to our students today!" Margaret also loves helping in the library with the Pre-K and K girls: "What wonderful young students they are! I love the energy at AAG—even after all these years, it's still home" Margaret and **Cindy Urbach '65** are starting to make plans for their 55th Reunion coming in 2020! Think about joining them! **Marilyn Propp '65** and her two-person exhibit with David Jones, "Into the Deep:

Fragments and Reflections," was at the Kenosha Public Museum. A 48-page color catalog with essays by Rachel Klees Andersen, Curator, Kenosha Public Museums, is available for viewing and/or purchase at www.blurb.com/b/8861837.

Jim Poole '68 has retired after having spent 42 amazing and wonderful years teaching at the Academy. However, he is finding it difficult to stay away and continues to substitute teach along with officiating both swimming and track & field meets.



Susan Rockmore '68 is pleased to introduce grandchildren Claire, Audrey and Kylian born on July 24, 2018. They are shown here with their parents Kerry and Brad Rockmore. **Erni Johnson Williams '68** was pleased to see fellow classmates over reunion weekend. **Ruth (Hughes) Pratt '68, Peachie (Schermerhorn) Cuccia '68** and husband, Tony, as well as Erni and her husband were well entertained in Lake George by **Kitty Verbeck '68** and her husband Steve, which made it an even more special weekend. Erni thanks **Judy (Barhydt) McIluff 68, P'97, '99** for hosting on Saturday night. Over half their class was there that evening, including six alumnae who went to kindergarten together and went on to graduate together 13 years later. Erni goes on to say: "It was also nice to see some of the guys on Friday night at the North's...I don't think I've seen any of them in at least 20 years. Good thing none of us have changed... I wish I could have been there for the Friday luncheon as well; I had fun communicating with my fifth grade penpal!" After 30 some years of trying to follow in the footsteps of Mrs. T. as an English teacher, Erni retired from her final job at Cape Cod Academy this past spring. While she will probably always miss working with teenagers, retirement has given her more time to write. In fact, she just finished her fifth novel, *INHERITANCE*, and even has an "Author Page" on Amazon, and has been designated a "Goodreads Author." She jokes: "It makes me feel far more famous than I actually am." Meanwhile, Erni's life on Cape Cod is pretty perfect. It took her a long time to get to the sea and she doesn't plan on ever leaving. Her three kids are grown and have happily provided five grandchildren, ages 12-18. She adds: "Evan, the oldest, voted for the first time this year... he even texted her (a child of the '60s) for advice! Imagine how that went." **Ines Elaine Saunders Angel '69** and husband, Mitch are spending their first winter in Oaxaca, Mexico after spending 10 winters in Thailand. "Good

weather, good food, and great prices. Just wish I spoke better Spanish! I look forward to our 50th reunion. Time sure flies, eh?" **Michael Call '69** is enjoying retirement with his wife, Margi and their three year-old West Highland White Terrier named Riley. He is currently trying to locate the textbook Mr. David A. Midgley wrote and used in his history class. "If anybody remembers the name of the text or, better yet, has a copy they would be willing to part with, I'd be happy to hear from you." He encourages his classmates to reach out either way. **Mary Farley '69** is looking forward to their 50th reunion in May and seeing everyone there. She is mostly retired but doing some consulting work for small businesses and not-for-profits as well as lots of volunteer work such as: President of Figure Skating Club, President of Bedford Farmers Club; SPCA of Westchester Board Member, and a docent at Caramoor Center of the Arts in Katonah, NY. She also continues to be an active member of her church and supporting alumna of her college. Her husband Frank Carnabuci is still head of a private school in Manhattan and shows no signs of slowing down. She has two children, Sarah, 32 and Andrew, 35. Her joy is travel and strives to do it as often as possible, enjoying trips to Vietnam and Sicily. In the past 18 months she has enjoyed shorter trips to visit friends.



Sandra O'Connor '69 has lived in New York for 44 years—the last 27 years with her husband, Ed Hydeman. Since retirement, she and Ed have continued to enjoy all that New York has to offer, with no plans to relocate. They frequently escape to Shelter Island in Long Island, NY for the summer. She hung up her figure skates 20 years ago, but still plays tennis year round and considers taking up bridge again. "I'm excited about our 50th reunion. If you come to only one AAG reunion, let it be this one!"



Sally Hunsdorfer '69 sold her home and all of its contents in 2014 after 35 years in Marion, MA. In the meantime, she has been crisscrossing the United States in a vintage Airstream. She has spent two summers in Alaska, camped on the tip of the Baja Peninsula, followed the Mississippi River from Louisiana to Montana, driven the Oregon Trail and hiked in 30 of the National Parks. They touch base fairly regularly

with son, Todd, and his wife, Kathy, and identical twin grandsons in Seattle. She occasionally visits her younger son, Ben, who lives and works in Bhutan. She still leads annual trips to Nepal and the Himalayas every February through March and encourages others to join her.

1970S

Dean M. DeLuke '70, DDS, MBA recently received the Daniel M. Laskin Award for Outstanding Predoctoral Educator, a national award conferred by the American Association of Oral and Maxillofacial Surgeons at its Annual Meeting. Dr. DeLuke is Professor of Oral and Maxillofacial Surgery at Virginia Commonwealth University. **Bill Kellert '74** is serving as Reunion Chair for the Class of 1974's 45th Reunion. **Marc Barach '79** and **Mel Quinlan '79** are serving as Reunion Chairs for the Class of 1979's 40th Reunion.

1980S

Paige Crable '84 and **Stacey Crandall '84** are serving as Reunion Chairs for the Class of 1984's 35th Reunion. **Bill Belleville '89**, **Adam R. Cohn '89**, **Sarah McLaughlin '89**, and **Elyse Wilson Tanner '89** are serving as Reunion Chairs for the Class of 1989's 30th Reunion.

1990S



Ashley Antonio Mathews '96 was elected to the Board of Directors of Treehouse for Kids this past September. As a board member, she will continue to work as an advocate for youth in foster care in Washington State. She is also a proud member of the Marketing Committee of the Bainbridge Island Museum of Art and co-chair of her Employer, Coldwell Banker Bain's, marketing committee. Ashley and her husband live on Bainbridge Island where she rides her horses as much as she can. Her daughter is finishing her junior year at Poly Prep Country Day School. **Jason Malikow '97** and Lisa Goecke Malikow celebrated the birth of their daughter, Alexis Evelyn Malikow on October 3, 2018, at Prentice Women's Hospital in Chicago, IL. Coincidentally, October 3rd is also Jason and Lisa's wedding anniversary! Congratulations! **Irene Phelan Mulcahy '99** is proud to announce the arrival of their baby girl, Ellie

Margaret Mulcahy born May 10, 2018. She joins big brothers Declan, Gavin, and Dylan.

2000S

Megan Tucker Petersen '02 and her husband Kevin welcomed their second son, Liam Francis, on June 21, 2018, to join his big brother, Michael. In August they moved to Norfolk, VA.



Seth Wander '02 and **Hilary Sunkin Wander '02** brought daughter Charlotte to the Academies for a visit while in town from Boston. **Jayne Bortunova Sarhangian '08** is proud to announce the arrival of Zara Aleksandra, born on August 5, 2018 in London. "She's very excited for her first trip to the Albany area and to meet her "aunties" from the class of '08!" **Aubrey Chow '09** graduated with an MD from Saint James School of Medicine in February 2019.

To submit a class note, please visit the [alumni/ae page at albanyacademies.org](http://albanyacademies.org/alumni/ae)

We welcome you to attend our regular Alumni or Alumnae Association meetings, and to join us at events such as Homecoming, regional receptions, and Reunion.

Even if it's been years since you last came to campus, we would love to have you join us and see what's new at The Albany Academies. Our new Head of School, Chris Lauricella, is also looking forward to meeting you!

If you would like to learn more about how to get involved or of upcoming events and meetings, please contact Senior Development Officer Laurel Colasurdo in the Office of Institutional Advancement at 518.429.2391 or visit the Academies website at albanyacademies.org/alumni/ae.

IN MEMORIAM

Mr. John C. Moessinger, Jr. '45 7/19/2018

Captain Robert L. Gifford USN (Ret.) '40
7/28/2018

Mrs. Gloria Murray '56 7/30/2018

Mr. Townsend R. Morey Jr. '48 7/31/2018

Mrs. Paris Mary Gray '45 8/1/2018

Mrs. Marjorie M. Prentke '64 8/24/2018

Mr. Richard P. Rutland '54 9/27/2018

Mrs. Ann Barnard '50 10/17/2018

Mr. Irwin H. King, Sr. '51 10/20/2018

Mr. Fred Muhlfelder, Jr. '47 10/21/2018

Mrs. Elizabeth Bates '59 10/24/2018

Mrs. Marcia DiPasquale '43 10/29/2018

Mrs. Sarah Windham '42 11/5/2018

Mr. John F. Roach, Jr. '67 11/10/2018

Mr. Donald K. Wilson, Jr. '54 11/14/2018

Mr. Chandler Stein, J.D. '41 11/18/2018

Mr. Richard C. Lesser '42 11/22/2018

Mr. Jules E. Scheinzeit '42 11/25/2018

Mr. Jared Elliot '46 12/5/2018

Dr. David C. Rees '44 12/12/2018

Mrs. Gerritje Henault '53 12/13/2018

Mr. Saverio M. Bizzarro '67 12/25/2018

Dr. Leon I. Mann '53 12/28/2018

Mr. Douglas H. Ward '65 12/30/2018

Dr. Charles Havener Kite, Sr '67 1/4/2019

Mr. Robert E. Barton '53 1/13/2019

Mrs. Sandra Beaumont '54 1/22/2019

Mr. Robert Sharlet '53 1/26/2019

Mrs. Ruth Roemer '42 1/27/2019

As of February 1, 2019



Mr. Ernie Steck H'63, '77, P'77, '79

November 24, 1925 - February 24, 2019

Our legendary Coach Ernie Steck H'63, '77, P'77, '79 died at the age of 95 on February 24, 2019. A memorial service was held in Caird Chapel at The Albany Academy on March 10 where hundreds of alumni, alumnae and friends honored Ernie and paid their respects to his family. Ernie was a unique personality whose life centered around his students and players. He instilled in them the importance of education, discipline, and sportsmanship. Coach Steck was a tough guy with a big heart and a great sense of humor. He believed athletics were fundamentally participatory, and found a place on the team for every level of ability. His 1970 Football Team was ranked number one among small schools in New York State. As a result of his accomplishments, Coach Steck was inducted into the Capital Region Football Hall of Fame.

Ernie's sons, Phillip Steck '77 and David Steck '79, ask that donations honoring their father be made to The Ernest Steck Scholarship Fund. The fund was established in 1991 when Coach Steck retired from The Albany Academy as a faculty member and coach. The scholarship has enriched the lives of many deserving students since its establishment.



The Albany Academies



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2019

NYC Alumni/ae Gathering
April 4

Spring Gathering
April 13

Scholar Luncheon
May 5

Reunion
May 17-18

AAG Commencement
June 10

AA Commencement
June 11

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