

## **L.E.A.P** **Learning Essentials About Parenting**

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LEAP classes are designed for parents of children ages birth-10.

The 9-week session includes:

Child Development • Children's Exposure to Violence • Understanding and Controlling Parent's Anger • Understanding and Helping Children's Anger • Children and Electronic Media • Discipline and Parenting Styles • Discipline for Positive Behaviors • Nutrition • Taking LEAP With You

### **Mondays**

**6:00pm – 7:30 pm**

{Jan 6- March 3}

{May 12 - July 21}

{Oct 6- Dec 1}

### **Mondays**

**11:30am- 1:00pm**

{March 10 – May 5}

{July 28- Sept 29}

Children's Wisconsin (Family Resource Center)  
705 S 24<sup>th</sup> Avenue, Wausau

**Classes and childcare are FREE, but registration is REQUIRED.**  
**Please call 715-848-1457 or email [pdunn@childrenswi.org](mailto:pdunn@childrenswi.org) to register.**

\*You do NOT have to start on Session 1, register and begin at any time.  
However, all 9 sessions must be completed to receive a completion certificate\*

