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MPS True Food
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April Lunch

ON-SITE 2025



This institution is an equal opportunity provider.

Enhance Your Meal
with Fresh
Farm-to-School
Items on the
Salad Bar.
Milk Offered Daily.

SPRING BREAK

M 7

Beef Sambusa
Lentil Sambusa
Turkey Bologna &
Cheddar on Bun
Served with
Bariis Rice
Babaas Sauce
Roasted Carrots

T 8

Honey Chipotle
Fish Sandwich
 Spicy Black Bean
Burger
 Bagel Yogurt Pack
Served with
Roasted Fresh
Broccoli

W 9

Chicken Lo Mein
 Tofu Lo Mein
Roasted Turkey
& Cheddar on
Flatbread

T 10 **#MNTHURS**

Chicken Gua Bao
 Tofu Gua Bao
Smoked Turkey &
Swiss on Pullman
Served with
Teriyaki Blend
Vegetables
Brown Rice
 Dorayaki

F 11

Beef Pepperoni Pizza
 Cheese Pizza
 Cheddar Chickpea
Flatbread Pack

M 14

Chicken Alfredo
Pasta
 Soy Nuggets
& Alfredo Pasta
Turkey Bologna &
Cheddar on Bun
Served with
Roasted Fresh
Broccoli

T 15

BBQ Meatballs
 Crispy Tofu with
BBQ Sauce
 Bagel Yogurt Pack
Served with
Green Beans
Creamy Mac &
Cheese

W 16

Chicken & Waffles
 Baked Soy
Nuggets & Waffles
Roasted Turkey
& Cheddar on
Flatbread
Served with
 Red Roasted
Potatoes

T 17

Chicken & Cheese
Quesadilla
 Bean & Cheese
Quesadilla
Smoked Turkey &
Swiss on Pullman
Served with
Calabacitas

F 18

Grilled Cheese
Sandwich
Pizza Bento Box
Served with
 Tomato Soup

M 21

Cheese Omelet
Pancakes
Turkey Bologna &
Cheddar on Bun
Served with
Diced Breakfast
Potatoes

T 22

Cheese Lasagna
 Bagel Yogurt Pack
Served with
Green Beans

W 23

Beef Hamburger
Beef Cheeseburger
 Black Bean Burger
Roasted Turkey
& Cheddar on
Flatbread
Served with
Seasoned Corn

T 24

Oven Fried Chicken
 Baked Soy
Nuggets
Smoked Turkey &
Swiss on Pullman
Served with
 Cornbread
Roasted Carrots

F 25

Beef Pepperoni Pizza
 Cheese Pizza
Turkey Coin Bento
Box

M 28

Beef Taco
 Sofritas Taco
Turkey Bologna &
Cheddar on Bun
Served with
Seasoned Pinto
Beans

T 29

Sweet & Sour Chicken
 Sweet & Sour Tofu
with Brown Rice
 Bagel Yogurt Pack
Served with
Roasted Fresh
Broccoli

W 30

Spaghetti & Mega
Italian Meatball
 Spaghetti & Italian
Veggieballs
Roasted Turkey
& Cheddar on
Flatbread
Served with
Garlic Toast
Green Beans

TRUE FOOD
MPS CULINARY & WELLNESS SERVICES



WE DO NOT SERVE PORK HERE.

No servimos cerdo aqui.
Waxaan halkan kuma adeegi doofaarka.
Peb tsis pab naqij npuas no.

Know Your Food

Local Business Meatless Option
 Farm to School Contains Fish