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MPS True Food  
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# April Lunch

PREPACK 2025



This institution is an equal opportunity provider.

Enhance Your Meal  
with Fresh  
Farm-to-School  
Items on the  
Salad Bar.  
Milk Offered Daily.

## SPRING BREAK

**M 7**

Beef Sambusa  
Lentil Sambusa  
Bagel Yogurt Pack  
Served with  
Bariis Rice  
Babaas Sauce  
Diced Carrots

**T 8**

Honey Chipotle  
Fish Sandwich  
Spicy Black Bean  
Burger  
Roasted Turkey  
& Cheddar on  
Flatbread  
Served with  
Mixed Vegetables

**W 9**

Fried Rice  
with Chicken  
Fried Rice with Tofu  
Smoked Turkey &  
Swiss on Pullman  
Served with  
Seasoned Peas &  
Carrots

**T 10** #MNTHURS

Chicken Gua Bao  
Tofu Gua Bao  
Cheddar Chickpea  
Flatbread Pack  
Served with  
Teriyaki Blend  
Vegetables  
Brown Rice  
Dorayaki

**F 11**

Beef Pepperoni Pizza  
Cheese Pizza  
Turkey Bologna &  
Cheddar on Bun

**M 14**

Chicken Alfredo  
Pasta  
Soy Nuggets  
& Alfredo Pasta  
Bagel Yogurt Pack  
Served with  
Seasoned Peas and  
Carrots

**T 15**

BBQ Meatballs  
BBQ Soy Nuggets  
Roasted Turkey  
& Cheddar on  
Flatbread  
Served with  
Green Beans  
Creamy Mac &  
Cheese  
Dinner Roll

**W 16**

Chicken & Waffles  
Baked Soy  
Nuggets & Waffles  
Smoked Turkey &  
Swiss on Pullman  
Served with  
Seasoned Potatoes

**T 17**

Bean & Cheese  
Smothered Burrito  
Pizza Bento Box  
Served with  
Butternut Squash  
Bake

**F 18**

Grilled Cheese  
Sandwich  
Turkey Bologna &  
Cheddar on Bun  
Served with  
Tomato Soup

**M 21**

Cheese Omelet  
Pancakes  
Bagel Yogurt Pack  
Served with  
Diced Breakfast  
Potatoes

**T 22**

Cheese Lasagna  
Rolls with Marinara  
Roasted Turkey  
& Cheddar on  
Flatbread  
Served with  
Green Beans

**W 23**

Beef Hamburger  
Beef Cheeseburger  
Black Bean Burger  
Smoked Turkey &  
Swiss on Pullman  
Served with  
Seasoned Corn

**T 24**

Baked Herb Chicken  
Baked Herb Soy  
Nuggets  
Turkey Coin Bento  
Box  
Served with  
Cornbread  
Diced Carrots

**F 25**

Beef Pepperoni Pizza  
Cheese Pizza  
Turkey Bologna &  
Cheddar on Bun

**M 28**

Beef Taco  
Fiesta Crumble  
Taco  
Bagel Yogurt Pack  
Served with  
Seasoned Pinto  
Beans

**T 29**

Sweet &  
Sour Chicken  
Sweet & Sour Tofu  
Roasted Turkey  
& Cheddar on  
Flatbread  
Served with  
Brown Rice  
Seasoned Peas &  
Carrots

**W 30**

Meatballs with  
Marinara & Pasta  
Italian Crumble  
Pasta Bake  
Smoked Turkey &  
Swiss on Pullman  
Served with  
Dinner Roll  
Green Beans

TRUE FOOD

MPS CULINARY & WELLNESS SERVICES



WE DO NOT SERVE PORK HERE.

No servimos cerdo aqui.  
Waxaan halkan kuma adeegi doofaarka.  
Peb tsis pab ngajj npuas no.

Know Your Food Local Business Meatless Option  
Farm to School Contains Fish