

MENTAL HEALTH WEEK

**APRIL
14-17**

**MON
14**

MINDFULNESS MONDAY

Therapy dogs & Creation corner

TREAT YOURSELF TUESDAY

Dunk tank, DJ, & Kona Ice / Dizzy Coffee

**TUES
15**

**WED
16**

WIPEOUT STRESS WEDNESDAY

Inflatable obstacle course

THINK IT OUT THURSDAY

Plate smashing

**THURS
17**



**DURING
LUNCH**

IN THE QUAD