



Five food components are offered at lunch daily: **Meat/Meat Alternate, Grain, Fruit, Vegetable, and Milk.** To make a meal, students must select foods from at least 3 components in the required serving sizes. At least one item must be ½ c fruit or ½ c vegetable.

Milk choices include 1% white milk or fat-free flavored milk



All students are eligible for universal free lunch in the Scranton School District

If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site.



4/2 National Peanut Butter & Jelly Day!

April 2025
ECA LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
 <p>NATIONAL Grilled Cheese Day</p>	Chicken Patty Sandwich Cheese Pizza Buffalo Chicken Pizza Crinkle Cut French Fries Fresh Green Pepper Strips Fresh Spinach Salad Fresh Orange Diced Peaches 1	Popcorn Chicken w/ Biscuit Cheese Pizza Buffalo Chicken Pizza Mashed Potatoes (w/ or w/out Gravy) Fresh Tomato Wedges Fresh Garden Salad Fresh Apple Slices Diced Pears 2	Macaroni & Cheese w/ Goldfish Cheese Pizza Buffalo Chicken Pizza Steamed Carrots Fresh Cucumber Slices Fresh Spinach Salad Fresh Banana Pineapple Chunks 3	Hot Dog Cheese Pizza Buffalo Chicken Pizza Steamed Green Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 4	<p>Available Daily Cheese, PB&J and/or Sunbutter & Jelly Sandwiches</p> <p>Weekly Grab & Go 4/1 – 4/4 -Peach & Yogurt Parfait w/ Cheese Stick, Heartzels, & Cheez-It -Egg Chef Salad w/ Croutons & Dinner Roll</p> <p>4/7 – 4/11 -Ham & Cheese Sandwich -Italian Salad w/ Croutons & Dinner Roll</p> <p>4/14 – 4/18 -Strawberry & Yogurt Parfait w/ Cheese Stick, Heartzels, & Cheez-It -Breaded Chicken Caesar Salad w/ Croutons & Dinner Roll</p> <p>4/21 – 4/25 -Turkey & Cheese Sandwich -All-American Cobb Salad w/ Croutons & Dinner Roll</p> <p>4/28 – 4/30 -MYO Pizza Bagel -Popcorn Chicken Salad w/ Croutons & Dinner Roll</p>
Corn Dog Cheese Pizza Sausage Pizza Vegetarian Baked Beans Fresh Tomato Wedges Fresh Garden Salad Mixed Fruit 100% Apple Juice 7	Chicken Nachos Cheese Pizza Sausage Pizza Steamed Corn Fresh Cucumber Slices Fresh Spinach Salad Fresh Orange Diced Peaches 8	Dutch Waffle w/ Cheesy Scrambled Eggs Cheese Pizza or Sausage Pizza Tater Tots Celery Sticks Fresh Garden Salad Fresh Apple Slices Diced Pears 9	Chicken Tenders w/ Texas Toast Cheese Pizza Sausage Pizza Steamed Green Beans Fresh Broccoli Fresh Spinach Salad Fresh Banana Pineapple Chunks 10	<p>Grilled Cheese Day! Grilled Cheese Sandwich Cheese Pizza Sausage Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 11</p>	
Popcorn Chicken w/ Heartzels Cheese Pizza Pepperoni Pizza Campfire Beans Fresh Baby Carrots Fresh Garden Salad Mixed Fruit & 100% Apple Juice 14	Chicken Sandwich w/ Signature "Scranton Sauce" Cheese Pizza Pepperoni Pizza Steamed Carrots Fresh Broccoli Fresh Spinach Salad Fresh Orange Diced Peaches 15	<p>Early Dismissal Bagged Lunch Cheeseburger Fresh Celery Sticks Fresh Apple Slices Diced Pears 16</p>	<p>Spring Break No School for Students 17</p>	<p>Spring Break No School for Students 18</p>	
<p>Spring Break No School for Students 21</p>	<p>Earth Day! Bosco Sticks w/ Dipping Sauce Cheese Pizza Fully Loaded Pizza Crinkle Cut French Fries Fresh Broccoli & Spinach Salad Fresh Orange & Diced Peaches 22</p>	Nacho Cheese Walking Taco Cheese Pizza Fully Loaded Pizza Steamed Corn Fresh Cucumber Slices Fresh Apple Slices Diced Pears 23	Fish Sticks w/ Heartzels Cheese Pizza Fully Loaded Pizza Vegetarian Baked Beans Fresh Celery Sticks Fresh Spinach Salad Fresh Banana Pineapple Chunks 24	Italian Meatball Sub Cheese or Fully Loaded Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice 25	
Salisbury Steak w/ Breadstick Cheese or Pepperoni Pizza Parsley Mashed Potatoes w/ or w/o Gravy Fresh Broccoli Fresh Garden Salad Mixed Fruit 100% Apple Juice 28	Chicken Soft Tacos Cheese Pizza Pepperoni Pizza Steamed Corn Fresh Tomato Wedges Fresh Spinach Salad Fresh Orange Diced Peaches 29	French Toast Sticks w/ Chicken Sausage Patty Cheese or Pepperoni Pizza Emoji Fries Fresh Cucumber Slices Fresh Garden Salad Fresh Apple Slices Diced Pears 30	<p>Now Hiring!! Food Service is Hiring! Work While Kids are in School Apply online @ https://careers.aramark.com/job?req_id=550036</p>		