



April 2025



Palos East & West

Lunch Menu

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Every Meal Comes Complete With Fruit, Veggies, & Grain & Choice of Milk Fruit, Veggies & Grain May Include: Whole Grain Graham Cracker, Whole Grain Biscuit, Carrots, Cucumber, Tomatoes, Celery, Hummus, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice and more!

Powering potential.™

MON	TUES	WED	THURS	FRI
	1 Beef Nachos Make-Your-Own Pepperoni & Mozzarella Flatbread Pizza Fresh Apple Fresh Banana Mexican Style Street Corn Choice of Milk	2 Cheese Stuffed Breadsticks Turkey Chef Salad w/ Dinner Roll Fresh Apple Slices Fresh Banana Fresh Broccoli Choice of Milk	3 Golden Crispy Boneless Chicken Wings w/ Fresh Baked Breadstick Fresh Apple, Yogurt & Cheese Stick Plate Applesauce Fresh Pear Fresh Cucumber Slices Choice of Milk	4 Four Cheese Pizza Romaine Salad w/ Cheese & Dinner Roll Fresh Pineapple Chunks Fruit Punch Juice Baby Carrots Choice of Milk
7 Soft Beef Tacos Chicken & Cheese Salad w/ Dinner Roll Fresh Orange Wedges Mixed Fruit Fruit Punch Juice Choice of Milk	8 Corn Dog Fresh Apple, Yogurt & Cheese Stick Plate Fresh Apple Fresh Banana Tater Tots Choice of Milk	9 Pancake Bites w/ Scrambled Eggs w/ Cheese Italian Salad w/ Dinner Roll Fresh Apple Slices Fresh Banana Fresh Celery Sticks Choice of Milk	10 Chicken Tenders w/ Rice Make-Your-Own Pepperoni & Mozzarella Pizza Bagel Applesauce Fresh Watermelon Cubes Edamame Choice of Milk	11 Cheese Pizza Egg Chef Salad w/ Dinner Roll Fresh Strawberry Halves Fruit Punch Juice Spinach Salad Choice of Milk
14 Hot Dog on a Bun Chicken Ham Chef Salad w/ Dinner Roll Fresh Orange Wedges Mixed Fruit Fruit Punch Juice Choice of Milk	15 Breaded Chicken Breast Sandwich Romaine Salad w/ Cheese & Dinner Roll Fresh Cantaloupe Fresh Banana Waffle Fries Choice of Milk	16 Spaghetti w/ Spaghetti Sauce w/ Ground Beef Pretzel, Yogurt & Cheese Pack Fresh Apple Slices Fresh Banana Fresh Celery Sticks Choice of Milk	17 Waffles w/ Chicken Sausage Tossed Salad w/ Cheese & Dinner Roll Applesauce Orange Juice Red Peppers Fresh Choice of Milk	18 
21 	22 Hot Dog on a Bun Pretzel, Yogurt & Cheese Pack Fresh Watermelon Cubes Fresh Banana Fresh Baby Carrots Choice of Milk	23 Nacho Cheese Walking Taco Chicken Ham & Cheese Sub Fresh Apple Slices Fresh Orange Fresh Zucchini Choice of Milk	24 Bacon Cheeseburger Make-Your-Own Pepperoni & Mozzarella Pizza Bagel Applesauce Fresh Pear Half Rainbow Blend Vegetables Choice of Milk	25 Four Cheese Pizza Sun Butter & Jelly Sandwich Fresh Apple Fruit Punch Juice Spinach Salad Choice of Milk
28 Chicken Patty Sliders Egg Chef Salad w/ Dinner Roll Fresh Orange Wedges Fresh Broccoli Fruit Punch Juice Choice of Milk	29 Turkey Barbacoa Soft Tacos Three Cheese Sub Fresh Banana Diced Pears Sweet Golden Corn Choice of Milk	30 Chicken & Vegetable Dumpling w/ Vegetarian Fried Rice Fresh Apple, Yogurt & Cheese Stick Plate Fresh Apple Slices Diced Peaches Edamame Choice of Milk		

Menus are subject to change.

