

CA Virtual Library Inventory

2025 General Brainshark Library

TOPIC	TIME	LINK - ENGLISH
Care Away from Home	5:51	2025 Care Away from Home
Online Tools	3:51	2025 Online Tools
Mental Health & Wellness	6:36	2025 Mental Health and Wellness
Wellness Tools & Resources	7:21	2025 Wellness Tools and Resources
Gender-Affirming Care	6:04	2025 Gender-Affirming Care
Maternity Care	5:26	2025 Maternity Care
Telehealth Services	4:41	2025 Telehealth Services
Medicare 101	16:36	2025 Medicare 101
Understanding your Traditional HMO Plan	3:48	2025 Understanding Your Traditional HMO Plan
Understanding your Deductible HMO Plan	5:19	2025 Understanding your Deductible HMO Plan
Understanding your HSA-Qualified HDHP	6:39	2025 Understanding Your HSA – Qualified HDHP Plan
Understanding your Virtual Complete Plan	4:50	2025 Understanding your Virtual Complete Plan

TOPIC	TIME	LINK - SPANISH
Care Away from Home	6:24	CA25 Cuidado Lejos de Casa
Online Tools	5:24	CA25 kp.org y Herramientas en linea
Mental Health & Wellness	7:29	CA25 Salud Mental y Bienestar
Wellness Tools & Resources	10:12	CA25 Recursos de Bienestar
Gender-Affirming Care	6:04	2025 Gender-Affirming Care ENGLISH ONLY
Maternity Care	6:30	CA25 Cuidado de Maternidad
Telehealth Services	6:38	CA25 Servicios de Telesalud
Medicare 101	16:44	2025 Medicare 101 ENGLISH ONLY
Understanding your Traditional HMO Plan	5:18	CA25 Plan de Salud HMO
Understanding your Deductible HMO Plan	7:09	CA25 Plan de Salud con Deducible
Understanding your HSA-Qualified HDHP	8:52	CA25 Entendiendo su plan HSA calificado con deducible alto
Understanding your Virtual Complete Plan	4:50	2025 Understanding your Virtual Complete Plan – ENGLISH ONLY