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# PREP

RECREATION & EDUCATION FOR YOUTH & ADULTS



Foundation programs provide essentials and resources students need to succeed at Stevenson and beyond.



**One Family** ensures students facing financial hardship have the immediate essentials needed to engage in the school day and access all that Stevenson has to offer.



**Stevenson to College (S2C)** provides students with the mentoring and support they need to make it to college, persevere, and earn their life-changing degree.



The **Senior Scholarship Program** celebrates academic excellence, leadership, community service, and achievements in arts and athletics by graduating seniors.



The **SHS Alumni Association** creates opportunities for alumni to network and engage with one another and the Stevenson community.

**Watch the new Foundation video to learn more!**



**PATRIOT RECREATION EDUCATION PROGRAM  
AT STEVENSON HIGH SCHOOL**

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ENGINEERING, ARTS, MATHS)**



1 STEVENSON DRIVE,  
LINCOLNSHIRE, IL 60069  
847-415-4145  
[PREP@D125.ORG](mailto:PREP@D125.ORG)



[D125.ORG/PREP](https://d125.org/prep)





# CULINARY ARTS

## Sourdough Starter 101

Andrea Pracht



Discover the timeless craft of sourdough baking in this interactive class. Learn to create and maintain a sourdough starter, mix and shape dough, and bake a loaf with a perfectly crisp crust and airy crumb. We'll cover essential techniques, troubleshooting tips, and the science behind sourdough fermentation. Leave with your own starter and the skills to make sourdough part of your baking routine!

Thu, 4/17                      6:00-8:00 pm  
Room 1406                      Fee: \$49

Thu, 5/01                      6:00-8:00 pm  
Room 1406                      Fee: \$49

Andrea Pracht grew up on a family farm in eastern Iowa and much of what she does today for her family and friends stems from how she was raised. She has fabulous memories of baking, sewing, as well as canning and gardening with her parents and grandparents as she grew up. She also has degrees in agricultural and civil engineering – which partly explains why she loves getting into the details of how and why we do what we do in our kitchens.

## Glazed Espresso Coffee Cake

Andrea Pracht

Discover the art of baking a decadent Glazed Espresso Coffee Cake in this hands-on workshop! Perfect for coffee lovers and baking enthusiasts alike, this class will guide you through the process of creating a moist, flavorful coffee cake infused with the bold richness of espresso.

Thu, 4/03                      6:00-8:00 pm  
Room 1406                      Fee: \$49

## Bagels 101

Andrea Pracht

Master the art of making chewy, flavorful bagels in this hands-on baking class. Learn how to mix, shape, boil, and bake bagels to perfection, while exploring both classic and creative toppings. We'll cover key techniques for achieving the ideal texture and flavor, as well as tips for baking bagels at home. Leave with a batch of freshly baked bagels and the confidence to recreate them anytime!

Thu, 4/24                      6:00-8:00 pm  
Room 1406                      Fee: \$49

# CULINARY ARTS

## Cookie Decorating: April Showers & May Flowers

Laurie Daly

Are you interested in upping your cookie baking and decorating skills? Join me (Tada Cookies) for a 2 hour class to improve your outlining, flooding, and wet-on-wet techniques. We will be going over basic cookie dough and icing preparation, then onto decorating cookies. Everything will be provided, 6 baked cookies, icing and sprinkles, plus a box to take your creations home in. Please bring an apron. Come by yourself, bring a friend, or bring the family. Fun for all!

Thu, 4/10  
Room 1406

5:30-7:30 pm  
Fee: \$49

## Za'atar Flatbread & Hummus

Andrea Pracht

Explore the rich flavors of the Middle East in this immersive class featuring za'atar, flatbread, and hummus. Za-atar adds a nutty, earthy flavor to baked goods and is the star on this thin flatbread. Learn to knead and bake soft, pillowy flatbreads, and whip up creamy, flavorful hummus from scratch. We'll discuss tips for pairing and serving these versatile dishes for any occasion. Leave with your delicious creations and the skills to bring Middle Eastern cuisine into your kitchen!

Thu, 5/07  
Room 1406

6:00-8:00 pm  
Fee: \$49

## LAURIE DALY

Tada Cookies



Laurie Daly

Laurie Daly is a retired graphic artist who loves to bake, especially cookies! She started this journey with cake decorating and dove head first into cookie decorating. She loves baking, decorating, and sharing my cookies with family and friends. Laurie built a small cookie decorating business, Tada Cookies, and loves to share her passion by teaching cookie decorating at several locations. Her grandchildren have the honor of being her best taste-tasters.

**REGISTER ONLINE AT  
D125.ORG/PREP**



# FINE ARTS

## How to Play Piano by Ear (18+)

Craig Coffman

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing-all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Expand your musical horizons, and free yourself from sheet-music dependence, and be the life of the party! Prior experience with chords recommended. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session. Class is held online using zoom.

Sat, 5/10                      9:00-11:30 am  
Online class                  Fee: \$69  
                                     Senior Fee: \$59

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Stevenson Summer Singers (3rd - 8th)

Consortium teachers

Discover the joy of singing with our Stevenson Summer Singers! Designed for incoming 3rd - 5th grade singers of all experience levels, this camp offers a fun and supportive environment to explore your voice and sing as part of a dynamic vocal group. Led by our talented Stevenson vocal faculty, each session is filled with engaging activities that build vocal skills, foster creativity, and celebrate the magic of group singing. No prior experience is needed - just bring your enthusiasm and love for music! The camp will culminate in a special performance for families on the final day, showcasing everything participants have learned and accomplished together.

**3rd - 5th**  
Mon-Thu, 7/14 - 7/17                  9:00 - 12:00 pm  
Room 2202                                  Fee: \$240

**6th - 8th**  
Mon-Thu, 7/14 - 7/17                  9:00 - 12:00 pm  
Room 2202                                  Fee: \$240



# HEALTH & WELLNESS

## Latin Dance

Vivian Wang

This class is for adults interested in learning the basic steps of popular Latin dances such as merengue, salsa, bachata, cumbia, rumba and chacha. Beginners and those with some experience will benefit from this course. The course will include exercises for Latin hip motion, better turns, rib cage isolations, leg muscle and core strength training. No special attire is required; however, we recommend that you avoid wearing gym shoes so you can move smoothly on the wood floor. No partner needed.

Mon, 3/31 - 5/19                      7:30-8:30 pm  
Room 2010                      Fee: \$100  
Senior Fee: \$86

## Ballroom Dance

Vivian Wang

Learn the basics of the most popular ballroom dances, including the waltz, rumba, foxtrot, tango, hustle, swing and more. Signing up with a partner is strongly recommended, but singles are also welcome as this class will rotate partners. No special attire or shoes are required; however, we recommend that you avoid wearing gym shoes so you can move smoothly on the wood floor.

Wed, 4/02 - 5/21  
Room 2010

6:30-7:30 pm  
Fee: \$100, Senior Fee: \$85

## Beginner Ballet

Vivian Wang

This 60 minutes class is designed for adult dancers of all ages and abilities to experience basic ballet training, stay in shape and have fun! Join us to improve strength, flexibility, balance, coordination, gracefulness, artistry and confidence. The class is formatted like all traditional ballet classes, with Barre, center and across the floor work. All beginner students or returning students are welcome. Dress for comfort and bring your ballet slippers.

Mon, 3/31 - 5/12                      6:30-7:30 pm  
Room 2010                      Fee: \$87.50  
Senior Fee: \$75

Fri, 4/04 - 5/16                      6:00-7:00 pm  
Room 2010                      Fee: \$75  
Senior Fee: \$65

# HEALTH & WELLNESS

## Kung Fu (14+)

Master Lincai Shi

This class is for students aged 14 and above. Master Shi will customize the kung fu experience according to each student's personal goals and abilities. Shaolin Kung Fu has many forms and is built upon tradition and centuries of martial art experience. Its movements are versatile and athletic, combining power and speed, with agility. Master Lin, a master who grew up training in the Shaolin temple, can make this difficult art accessible to students of all ages, enabling students to unlock their potential, building internal discipline, strength and resilience.

Dates and times vary

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Wedding Dance

Vivian Wang

Learn how to dance at your wedding and have the time of your life! This class is designed to help you look good and feel confident dancing on your wedding day! We will teach basic steps which can be used to most songs. A basic choreography is included to present your first dance. We will also introduce a little social dancing to help you feel comfortable dancing together after the first dance, on your honey moon and at other special occasions. No special attire or shoes are required; however, we recommend that you avoid wearing gym shoes so you can move smoothly on the wood floor.

Wed, 4/02 - 5/21  
Room 2010

## Tai Chi for All (14+)

Master Lincai Shi

This class is for students of all tai chi levels, new to experienced levels. Master Shi will customize the tai chi experience according to each student's personal goals and abilities. Continue your journey of wellness with our Tai Chi and Qigong class! Tai Chi, an internal martial art, intertwines breath and moving meditation. Qigong, the practice of guiding our natural life force or Qi, complements Tai Chi seamlessly. Led by Master Lin, a revered master from the famed Shaolin Temple, this class combines the ancient practices of Qigong and Tai Chi. Immerse yourself in purposeful and mindful movements, cultivating body awareness and engaging the mind in the meditative art of Tai Chi. Discover the profound benefits of these time-honored practices. This class geared towards our more advanced tai chi students.

Dates and times vary

7:30-8:30 pm  
Fee: \$100, Senior Fee: \$85

# HEALTH & WELLNESS

## Gardening for Pollinators

Mark Lyons

A successful vegetable garden requires the actions of specific insects and animals to carry pollen from one plant to another. Without these pollinators, most of our fruit and vegetable crops would fail to produce. To help our garden crops produce bountiful harvests, we must encourage these pollinators to come into our gardens, and Mark Lyons, an experienced garden coach, will show you how.

Mon, 4/14                      6:00 - 7:30 pm  
Room 5120                      Fee: \$25

## Companion Planting

Mark Lyons

Which plants grow well together and enhance each other's growth? Which plants repel each other and inhibit each others' growth? In this program, Mark Lyons, an experienced garden coach, will show you how to maximize garden space and productivity by discussing which plants you can safely plant next to each other and which plants you should avoid planting together.

Mon, 4/21                      6:00 - 7:30 pm  
Room 5120                      Fee: \$25

## Growing Terrific Tomatoes

Mark Lyons

Nothing compares to the sweetness and flavor of a fresh, home-grown tomato! Mark Lyons, an experienced garden coach, will show you how to successfully grow this juicy, mouth-watering garden fruit in your own backyard or container garden.

Mon, 4/07                      6:00 - 7:30 pm  
Room 5120                      Fee: \$25

## The Container Herb Garden

Mark Lyons

Herbs are wonderful plants that add color and flavor to our meals and health to our bodies. They are usually grown in a garden, but they can also be grown in smaller, more enclosed spaces. In this class, Mark Lyons, an experienced garden coach, will show you how to arrange and grow your favorite herbs on a smaller scale inside a container. Students will need to bring the following items with them to class: a large pot with drainage holes, potting mix, and herbs that they wish to plant.

Mon, 4/28                      6:00 - 7:30 pm  
Room 5120                      Fee: \$25

**REGISTER ONLINE AT  
D125.ORG/PREP**

# HEALTH & WELLNESS

## Cheer/Poms (1st - 5th)

Chicago Loves Dance

Led by Chicago Loves Dance instructors, this energetic class focuses on cheerleading and poms choreography. Students will acquire 3-4 new cheers each week, refine their form, and expand their poms dance routine. The course concludes with a parent watch day, featuring a short performance by the students.

Fri, 4/04 - 5/16

5:30 - 6:30 pm

Room 5306

Fee: \$121.50

## Finding Perspective: Philosophers' Wisdom for Life's Challenges

Dr. Richard Goldwasser

Bring your cup of coffee, sit back and have an interactive two hour discussion examining famous quotes and philosophies on life. Re-examine what happiness is and how to better navigate disappointment. Dr. Goldwasser will be adding his own hacks and philosophy on life which he has gained over the past 35 years as a practicing psychologist. A sampling of what will be discussed:

"Things rarely turn out as well as we thought or as bad as we think." - Arthur

Schopenhaur

"Resentment is like swallowing poison and waiting for the other person to die."

Carrie Fisher, Actress & Author

Tue, 4/29

6:00 - 8:00 pm

Room 2428

Fee: \$25

## Growing Terrific Tomatoes

Mark Lyons

Like good cheese? Ever thought about making it yourself? Well, you can, and Mark Lyons, an experienced home cheesemaker, will show you how! In this class, you'll learn about the ingredients, equipment, and techniques for making your own cheese.

Session 1 -- Mark will also demonstrate how to make a simple soft cheese and you will also get a chance to sample some of the homemade cheeses that Mark has made.

Session 2 -- Students will make the 30 Minute Mozzarella. Mark will provide the students in Session 1 with a list of items they will need to bring to Session 2.

Mon, 5/05

6:00 - 7:30 pm

Room 1406

Fee: \$50

## Thinking on Your Feet

Dr. Susan Weitzman

How many times have you regretted the opportunity gone by where you could have said those perfect words and come out on top? Do you envy people who always seem to say the right thing at the right time? You are not the only one. We live in a stress-filled world where crisis is commonplace. As soon as everything seems to be calm, the rug is pulled out from under us and we're scrambling to regain balance. This class will focus on your natural ability to be spontaneous and look at what prevents you from displaying your full intelligence, spontaneity, and humor on the spot.

Tue, 4/15

6:00 - 8:00 pm

Room 2428

Fee: \$25



# LANGUAGE LEARNING

## English for Adults

Stacy Frazer

Join us for a free English language class designed for non-native speakers, taught by Spanish-speaking staff from Stevenson High School. This class provides a welcoming environment to improve your English skills while connecting with others in the community. Thanks to a partnership with the SHS Diversity Council, there's no cost to attend.

Sat, 4/12 - 5/17  
Room 2430

10:00 - 11:00 am  
Fee: \$0

## More Spanish Fast!

Jorge Bermudez

This session is tailored for intermediate students, serving as a continuation from session 1. Engage in valuable practice sessions focusing on pronunciation, vocabulary expansion, and mastering grammar through simple writing exercises. Boost your confidence and fluency in the language with targeted conversational drills. This session is open to those who may not have attended session 1, making it especially suitable for intermediate and returning students from previous sessions. No class 11/05.

Tue, 4/08 - 5/13  
Room 2620

6:00 - 8:00 pm  
Fee: \$105



**REGISTER ONLINE AT  
D125.ORG/PREP**



# PRIVATE MUSIC LESSONS

Stevenson PREP is proud to offer private music instruction! Lessons are available for all ages and skill levels with highly-qualified, degreed instructors. Lessons are offered in most instruments.

## Private Music Lesson Rates for the Community

30 minute lessons	\$35/lesson
45 minute lessons	\$52.50/lesson
60 minute lessons	\$70/lesson

## Private Music Lesson Rates for Stevenson Students

23 minute lessons	\$32.50/lesson
47 minute lessons	\$65/lesson

**Absences must be requested to PREP and the specific music teacher 2 weeks in advance.**

Our philosophy is that the capacity to learn and love music is inherent in every person. Our outstanding instructors—selected by Stevenson’s award-winning music faculty—work to meet each student’s unique needs, interests and goals to help them achieve their full musical potential.

To begin, go to [d125.org/prep](https://d125.org/prep). Click on the “Private Music Lessons” button. Fill out the “Online Inquiry Form”. The instructor will then reach out to set up private music lessons.



**INSTRUCTOR PROFILES & MORE  
INFORMATION IS AVAILABLE  
ONLINE AT  
[D125.ORG/PREP](https://d125.org/prep)**

- Bass • Bassoon • Baroque Strings • Cello • Clarinet • Drums/Percussion
- Flute • French Horn • Guitar • Harp • Oboe • Piano • Saxophone
- Trombone • Trumpet • Tuba/Baritone • Violin • Viola • Voice



# PATRIOT AQUATIC CLUB

## PAC Swim Lessons

PAC offers a learn to swim program for swimmers ages 4 through high school. PAC Lessons focus on building strong swim fundamentals and preparing swimmers to transition on to a swim team. Our program levels start at learning swim fundamentals and progress to stroke focus technique and endurance. PAC Lessons operate out of Stevenson High School in a 50-meter, 8 lane competition pool.

For more information and schedules please visit **[Patriotswimamerica.org](http://Patriotswimamerica.org)** or contact **Megan O'Sullivan** at **847-415-4064** or **[mosullivan@d125.org](mailto:mosullivan@d125.org)**

Please note that the Patriot Aquatic Club is a program of D125 but not a part of the PREP program. Please direct all inquiries directly to the PAC staff.

# COMMUNITY EVENTS

## TEDx: StevensonHighSchool

Welcome to TEDxStevensonHighSchool, a student-led PREP event! Student speakers will share their personal stories, insights, and experiences that have shaped their views, and how these have influenced their personal and professional lives. Whether it's combining an interest between academics, the environment, or the arts, our speakers will inspire and motivate us to pursue our own passions and how intersecting passions enlightens our understanding of everything we do. They will also share how their perspectives have evolved and expanded over time, and how many aspects of their lives have come together to form how they've grown as people. In order to share this insight with us, they hope to use this interactive and engaging space with TEDxStevensonHighSchool to not only describe these experiences but open opportunities for audience participation and discussion.

Fri, 4/04  
West Auditorium

4:30 - 6:00 pm  
Fee: \$5



## SPECIAL INTEREST

### The Path to a Tax-Efficient Retirement Income Plan

Kim Rasmussen

Are you approaching retirement or recently retired? Retirement planning and strategies differ when it comes to getting TO and THROUGH retirement. Learn how to reduce your tax liability and maximize your retirement income. Discover strategies to safeguard your nest egg from the revenue-hungry IRS, minimize the taxation of your Social Security benefit, and spend with greater assurance in retirement.

Thu, 4/03  
Room 5120

6:00-8:00 pm  
Fee: \$25

### Your Life, Your Way: Family Estate Planning Made Easy

Caren Naidoff, Alan Press

Learn the basics of estate planning and what you need to know to protect your family in an easy understandable manner. Term sheets will be reviewed and provided to all attendees.

Tue, 5/06  
Room 5124

6:00 - 8:00 pm  
Fee: \$25

**REGISTER ONLINE AT  
D125.ORG/PREP**

## KIM RASMUSSEN



Kim Rasmussen

For almost 20 years, and through three financial crises, Kim has been teaching people how money works and helping them gain access to best-in-class financial strategies, traditionally only available to the wealthy and ultra-wealthy. As a financial advisor and How Money Works Educator, Kim helps his clients build a bridge program from where they are to their desired "work-optional lifestyle". He's been particularly successful in helping people create guaranteed lifetime income sources, benefit from active money management, take long-term care risks off the table, and reducing the burden of future taxes.

# SPECIAL INTEREST

## Learn to Sew

Shanu Agarwal

Get acquainted with your sewing machine! Learn the basics tools for sewing, needles, threads, etc. Project based learning approach to sewing techniques. Bring your own sewing machine, sharp scissors, and a box of pins to the first class.

Thu, 4/17 - 5/22                      5:30-7:00 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Empty Nest: The New Frontier

Dr. Susan Weitzman

We spend a good part of 18 years loving, teaching, tending to, raising, and caring for our children. But our once babies that filled so much of our hearts and moment by moment thoughts are now ready to fly. How do we adapt to this? What are good coping techniques for dealing with our "Grown and Flown" children? And how do build/re-build and reinvent our own lives now that our nests are somewhat empty? This course will explore the bittersweet feelings of sadness and pride that we feel as our children leave home to start their independent lives, and how to re-invent ourselves, our roles, and our path on this part of the journey.

Tue, 4/22                      6:00 - 8:00 pm  
Room 2428                      Fee: \$25

## DR. SUSAN WEITZMAN



Dr. Susan Weitzman

Dr. Susan Weitzman is a clinician, educator, researcher, international lecturer and training consultant, who also serves as an expert witness and litigation consultant, with a private practice in Chicago and Lincolnshire, working with individuals, couples and groups.

Formerly on staff in Psychiatry at The University of Chicago, Dr. Weitzman is the author of "Not to People like Us: Hidden Abuse in Upscale Marriages," and has been featured on 20/20, Oprah, and National Public Radio's Diane Rehm Show as well as in The Huffington Post, and the book Big Little Lies. She has won numerous awards for her work including Illinois Social Worker of the Year in 2002, and appeared on the Megyn Kelly show.

# SPECIAL INTEREST

## Granny Squares

Shanu Agarwal

In this class we will explore different granny squares and how creators utilize them to make various personal items such as scarves, bags and more. Prerequisite - knowledge of basic crochet stitches

Tue, 4/15 - 5/20                      7:00-8:00 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

## Learn to Crochet

Shanu Agarwal

Learn the basics of crocheting - tools, how to hold crochet hooks, basic crochet stitches, finishing off with project(s). The supplies will be provided for the first class.

Tue, 4/15 - 5/20                      5:00-6:30 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

## Learn to Quilt

Shanu Agarwal

Learn the basics of quilt making - various quilting tools and how to use them. Cutting/ ripping fabric, backing, binding, etc. with small projects such as pot holder and bag.

Sat, 4/12 - 5/24                      5:30-7:00 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

## Learn to Knit (14+)

Shanu Agarwal

Learn the basics of knitting - cast on, cast off, knit and purl stitches and finish with a project based on the stitches learned such as a scarf, coin purse etc. depending on time and interest.

Wed, 4/16 - 5/21                      5:00-6:00 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

## Sew Bags

Shanu Agarwal

In this class we learn the basics of bag making and as we make a tote bag and a zipper bag.

Wed, 4/16 - 5/21                      5:00-6:30 pm  
Room 1612                      Fee: \$125  
Senior Fee: \$115

## Fun Crafting with Fleece (3rd grade +)

Shanu Agarwal

In this class you will learn how to hold and use scissors, threading and using needles as we make fun projects such as scarves, stuffed toys, etc. A supply list will be provided for the first class at registration.

Sat, 4/12 - 5/24                      10:00-11:00 am  
Room 1612                      Fee: \$125  
Senior Fee: \$115



# SUMMER CAMPS

PREP offers a wide variety of summer camps for incoming Kindergarten - 8th graders. These camps are meant to give your camper an opportunity to explore everything that Stevenson has to offer while giving them a chance to learn from our staff. Many of these camps are for 1-3 hours, depending on the program.

High School summer camps can be found on the D125.org website under "Athletics".

## Sidekick Program: Camp Patriot

This add-on camp option is SPECIFICALLY for campers who are participating in other PREP camps (music camps, sports camps, STEAM camps) and will provide them with outstanding recreation and educational activities at SHS. Most other PREP camps are Monday - Thursday. Half day Camp Patriot is the balance of the day on Monday - Thursday and all day on Friday.

**Cancellation Policy:** Full refunds are available before April 15. Between April 15 and May 15, you'll receive a 90% refund. After May 15th, no refunds will be given.

Mon-Fri, 6/09 - 7/25      Times vary  
Room 2104      Fee: \$303/week

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Camp Patriot 2026

Camp Patriot is more than just caring for your child, we focus on providing them enrichment opportunities that prepare them for life at Stevenson High School and beyond. Our goal is to provide your camper will have outstanding recreation and educational activities at SHS. Daily swim lessons, lunch, field trips are all included!

Daily activities are a mix of camp games led by our amazing Role Models (camp counselors) and professional staff. Specialty areas that can include archery, art, cooking, dance, drama, music, sports, and STEM. Daily activities vary by group and can include slip and slide, gaga, dodgeball, capture the flag, and so much more!

Registration for summer of 2026 will open on July 25th, 2025!



# SPORTS

## Adult Golf Clinic

Mark Linnenberger

Join our golf program tailored for beginner to intermediate golfers! This course places a strong emphasis on fundamental skills and course etiquette. Over two weeks, golfers will hone their form, refine their contact, and enhance their distance at the Ballybunion Driving Range. The program concludes on October 24th, where participants will gather at Vernon Hills Golf Course for a 9-hole round of golf. Please remember to bring your clubs.

Tue/Thu, 4/29 - 5/15      5:00 - 6:00 pm  
BallyBunion      Fee: \$205  
Senior Fee: \$185



## Adult Archery

Olivia Wozniak

This class is open to anyone over the age of 18. This basic archery class will teach participants how to shoot and improve their skills. The class is taught by a Stevenson Archery team coach. Our focus is on improvement of technique while utilizing calming techniques and concentration. All equipment is provided and no experience is required.

Wed, 4/02 - 5/07      5:00 - 6:00 PM  
Room 5044      Fee: \$109  
Senior Fee: \$99

## Fencing for Adults

John Rueth

In this fencing class for adults, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. Students should come to class in gym shoes and sweat pants.

Mon/Wed, 4/07 - 5/21      5:00 - 6:00 pm  
Wood Commons      Fee: \$195

# SPORTS

## Foundations of Kung Fu (K - 8th)

Master Lincai Shi

This class is for new students and students have not yet earned their White belts (Kindergarten through 8th Grade). Shaolin Kung Fu has many forms and is built upon tradition and centuries of martial art experience. Its movements are versatile and athletic, combining power and speed, with agility. Master Lin, a master who grew up training in the Shaolin temple, can make this difficult art accessible to students of all ages, enabling students to unlock their potential, building internal discipline, strength and resilience.

Sat, 4/05 - 5/17                      9:30-10:20 am  
Room 5044                              Fee: \$125

## Jr. Patriot Softball Camp (6th - 8th)

Lara Mangialardi

Stevenson's skills camp is geared towards the development of the athlete. We will have stations for offense and defense, but will also include situational gameplay, and strategy. Our goal is to help each athlete to learn the game at the highest level. You will be able to experience what being a Stevenson softball player is all about while working with our coaching staff, and current, and former athletes.

Mon-Wed, 6/16 - 6/18              9:30 - 11:30 pm  
Varsity Softball Field              Fee: \$50

## Jr. Patriot Fencing (6th - 8th)

John Rammel

In this fencing class for Junior High students, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. At the end of the session, a class competition will be held. Students should come to class in gym shoes and sweat pants.

Tues/Thurs, 4/08 - 5/22              4:30 - 5:30 pm  
Wood Commons                      Fee: \$195

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Jr. Patriot Fencing (6th - 8th)

John Rueth

In this fencing class for Junior High students, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. At the end of the session, a class competition will be held. Students should come to class in gym shoes and sweat pants.

Tue/Thu, 4/08 - 5/22                4:30 - 5:30 pm  
Wood Commons                      Fee: \$195

**SUMMER REGISTRATION SHOULD  
REFLECT THE STUDENT'S GRADE  
IN FALL 2025**

# SPORTS

## Jr. Patriot Wrestling Clinic (1st - 8th)

Mike Sherman

This program will teach wrestling fundamentals and instill values of hard work, self-discipline, and the importance of goal setting. Practices will be held two evenings per week. Wrestlers will have the option to compete in dual meets and tournaments if they choose. For current residents of District 125 only. Parent Meeting for new parents to the program: 6:00 p.m. during the first practice.

Tues/Thurs, 4/01 - 5/08      4:00 - 7:30 pm  
Wrestling Room              Fee: \$145

## Kung Fu: Foundations & Beginners (K - 8th)

Master Lincai Shi

This class is for new students and for students who have earned their White belts and looking to advance to the next belt. (Kindergarten through 8th Grade) Shaolin Kung Fu has many forms and is built upon tradition and centuries of martial art experience. Its movements are versatile and athletic, combining power and speed, with agility. Master Lin, a master who grew up training in the Shaolin temple, can make this difficult art accessible to students of all ages, enabling students to unlock their potential, building internal discipline, strength and resilience.

Tue/Thu, 4/01 - 5/08      5:30 - 6:30 pm  
Room 5044                  Days vary

## Tumbling/Gymnastics (2nd-6th)

Chicago Loves Dance

Introduce your child to tumbling and gymnastics with instructors from Chicago Loves Dance! Kids move, stretch, jump, and tumble! Watch your active youngster progress from somersault to cartwheel in this fun class.

Wed, 4/09 - 5/14              6:30 - 7:30 pm  
Wrestling Room              Fee: \$121.50

## Girls Flag Football Clinic (6th - 8th)

Haley Grana

We are excited to invite all 6th, 7th and 8th girls to join our Girls Flag Football Clinics, designed to help you develop your skills and have fun in a supportive and empowering environment! Whether you're a beginner or looking to improve your game, these clinics offer experienced coaches, hands-on training, and the chance to meet new friends who share your passion and interest for the sport. Come experience the excitement of girls flag football while building confidence, teamwork, and athleticism.

Thu, 4/10 - 5/15              6:00 - 7:30 pm  
PWC Turf                      Fee: \$79

## Girls Flag Football League (6th - 8th)

Haley Grana

Fall league info can be found at [d125.org/prep](http://d125.org/prep)

# SPORTS

## Girls Basketball Camp (4th - 8th)

Regan Carmichael

This fundamentals camp is for the young player wishing to enhance their basketball skills. The camp will emphasize the fundamentals of rebounding, defense, offense and the mental aspects of the sport. There will be a series of drills, lectures, and demonstrations on a daily basis.

Mon-Thu, 6/16 - 6/26      11:30 - 1:00 pm  
Field House 4      Fee: \$99

## Golf Camp (10+ years old)

Mark Linnenburger & Don Carmichael

This program is designed for beginner to intermediate golfers. Basic instruction in the skills of the game and course etiquette will be emphasized. You will alternate between MWF at Vernon Hills Golf Course from 8:00 AM -11:00 AM, and Tu TH at Bally Bunion 9 am - 10:30 am. Transportation to Bally Bunion and VHGC is not provided. NOTE- THE FIRST DAY OF CAMP WILL BE AT BALLY BUNION from 9-10:30AM . Camp end times vary but usually finished between 10:00 am and 12:00 pm. Note: golf clubs are not provided. Please send your camper with golf clubs.

Mon-Fri, 6/23 - 7/03      Times vary  
Ballybunion Golf Range      Fee: \$355

Mon-Fri, 7/07 - 7/18      Times vary  
Ballybunion Golf Range      Fee: \$395

## Jalen Brunson Skills Academy (6th - 8th)

Stevenson alumnus and New York Knicks Captain Jalen Brunson '15 is returning to Stevenson to host his annual three-day skills camp for 6th-8th graders. Jalen is a former Illinois high school player of the year, IHSA state champion, two-time national champion at Villanova, NCAA player of the year, and two-time NBA All Star. Jalen and JMB1 Enterprises, LLC will donate all camp proceeds to the Stevenson Foundation in support of several senior scholarships and vital student-facing programs.

Mon-Wed, 7/14 - 7/16      6:00-8:00 pm  
Sports Center      Fee: \$99

## Boys Basketball Camp (3rd - 8th)

Will Benson

This camp will focus on the development of individual basketball fundamentals and team concepts. You will be introduced to basic Stevenson concepts while learning the Stevenson system of rebounding, shooting, offense and defense.

### 3rd - 5th

Mon-Thu, 6/23 - 6/26      8:15 - 9:45 am  
Sports Center      Fee: \$75

### 6th - 8th

Mon-Thu, 6/23 - 6/26      10:00 - 11:30 am  
Sports Center      Fee: \$75

**GRADES REFLECT THE STUDENT'S  
GRADE IN FALL 2025**

# SPORTS CAMPS

## Girls Track Camp (6th - 8th)

Emma Degen

Discover the exciting world of track and field! This camp is designed for middle school students who want to learn about the many events that track and field has to offer. Participants will be introduced to a variety of events, including sprints, hurdles, distance running, relays, long and high jump, and throwing events. Whether you are new to the sport or have experience, this camp will be a great way to learn and refine the skills necessary to be a track and field athlete.

Mon-Thu, 6/09 - 6/20      1:30 - 3:30 pm  
Stadium      Fee: \$75

## Jr. Patriot Baseball Coed Camp (2nd - 8th)

Nick Skala

The camp is designed to teach you the fundamentals of baseball to improve individual skills. Campers should wear/bring baseball pants, cleats, gym shoes, athletic supporter, labeled glove and bat. Please bring a labeled water bottle.

Mon-Thu, 6/09 - 6/12      10:00 - 1:00 pm  
Varsity Baseball Field      Fee: \$99

Mon-Fri, 6/16 - 6/20      10:00 - 1:00 pm  
Varsity Baseball Field      Fee: \$99

**GRADES REFLECT THE STUDENT'S  
GRADE IN FALL 2025**

## Fencing Camp (6th - 8th)

John Rammel

Beginning fencers will be taught the basics of the sport, weapon use, and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. Equipment will be provided.

Mon-Thu, 6/09 - 6/20      1:30 - 3:30 pm  
Field House 1      Fee: \$130

## Jr. Patriettes Camp (6th - 8th)

Morgan Bykoff

The Junior High Patriettes Summer Camp will focus on introducing technique, learning different styles of dance combinations (pom, contemporary, hip hop, jazz), and other skills that will help prepare incoming 6th-8th graders to try out for the Spirit Revolution Patriette Program in high school. This camp will be taught by two alumni of the Varsity Patriettes program, who have returned to Stevenson Patriettes to help incoming dancers work on various skills/styles mentioned above. Dancers should wear a t-shirt or tank top that they are comfortable dancing in, athletic shorts, biker shorts or leggings, and bring jazz shoes and sneakers. It is highly recommended that dancers bring a water bottle that they can refill during the hour and a half camp day.

Mon - Thu, 6/09 - 6/20      4:00 - 6:00 pm  
Room 5306      Fee: \$130

# SPORTS

## Jr. Pats Boys Lacrosse Camp (5th - 8th)

Tom Hake

Athletes will have an opportunity to learn basic lacrosse skills and hone any prior lacrosse skills and knowledge through drills and competitions. Athletes will be instructed by HS coaches and current/former HS athletes. Athletes should bring equipment if they have it. Otherwise, some equipment can be provided by Stevenson upon request.

Mon-Thu, 6/23 - 6/26      3:30 - 5:00 pm  
Practice Field 13      Fee: \$60

## Jr. Pat Girls Lacrosse Camp (5th - 8th)

Sarah Gutierrez

Get ready to dive into the electrifying world of lacrosse! This thrilling sport combines the speed of soccer, the strategy of basketball, and the adrenaline rush of hockey. Whether you're a seasoned athlete or just starting your sports journey, our upcoming lacrosse camp is the perfect opportunity to learn from experienced SHS coaches and SHS high school players, master fundamental techniques, and discover the thrill of wielding a lacrosse stick. Join us for this experience where camaraderie, skill-building, and fun collide on the field! Sign up now and be part of this unique game that embraces beginners and experienced lacrosse players. No equipment is necessary.

Mon - Thu, 7/07 - 7/10      10:45 - 12:45 pm  
Practice Field 13      Fee: \$60

## Jr. Patriot Girls Flag Football Camp (5th - 8th)

Kelsey Patten

Learn the newest IHSA sport, Flag Football. Flag football is one of Stevenson's fastest-growing sports. Whether you're a seasoned athlete or just starting your sports journey, our upcoming flag football camp is the perfect opportunity to learn from experienced SHS coaches. Join us for this experience where camaraderie, skill-building, and fun collide on the field! Sign up now and be part of this unique game that embraces beginners and experienced flag football players. No equipment is necessary. Bring your own water bottle.

Mon-Thu, 7/07 - 7/10      1:30 - 3:30 pm  
Game Field 14      Fee: \$60

## Fencing Camp (6th - 8th)

John Rammel

Beginning fencers will be taught the basics of the sport, weapon use, and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. Equipment will be provided.

Mon-Thu, 7/07 - 7/17      1:30 - 3:30 pm  
Field House 1      Fee: \$130

# SPORTS

## Jr. Patriot Wrestling Camp (2nd - 8th)

Shane Cook

This camp provides a challenging and motivating experience for wrestlers at all levels. The "Academy" is run by the Stevenson High School coaching staff with guest appearances by some of the areas top technicians. Participants will develop various wrestling skills including takedowns, set-ups, riding ability, escapes, and pinning combinations.

Mon-Thu, 6/09 - 6/20      3:30 - 5:30 pm  
Wrestling Room      Fee: \$75

## Junior Patriots Cheerleading Team (4th - 8th)

Elizabeth Lamb

Get ready to bring the energy, spirit, and excitement to the sidelines with our brand-new 4th-8th Grade Junior Patriots Cheerleading Program! This non-competitive, game day cheer team is perfect for students who want to build confidence, make new friends, and support our Junior Patriot football teams with enthusiasm and pride. Athletes will learn sideline chants, crowd-leading cheers, and fundamental cheer skills in a fun and supportive environment—no experience necessary! Our focus is on teamwork, school spirit, and creating unforgettable game day experiences.

Tue/Thu, 8/12 - 11/20      6:00 - 7:30 pm  
Field House 6      Fee: \$375

## Football Camp (4th - 8th)

The first goal of this program is to improve individual skill development in the areas of speed, agility, flexibility, and explosive power. The second goal of this program is to develop team concepts while athletes participate in various drills and scrimmages to help enhance understanding of both offensive and defensive principles and schemes.

Mon-Thu, 6/09 - 6/12      8:00 - 9:30 pm  
Stadium      Fee: \$60

## Jr. Patriot Tackle Football (3rd - 8th)

This program combines training, competitive play, and coaching to help participants excel on and off the field. Athletes then dive into a thrilling regular season featuring nine games, with the potential for an additional three-week playoff in the postseason. Participants should plan for a commitment of 3-5 evenings per week for practices and related activities. Throughout the program, players will develop their football techniques and deepen their understanding of the game under the guidance of coaches, and alumni players. The training is designed to build skills and confidence, preparing young athletes for the demands of high school football and beyond. Participants must reside within District 125, and spaces are limited. No refunds after July 1st. Find registration under Junior Patriot Athletic Leagues.

7/27 - 11/20      Times vary  
Stadium      Fee: \$575

# SPORTS

## Jr. Patriettes Camp (6th - 8th)

Morgan Bykoff

The Junior High Patriettes Summer Camp will focus on introducing technique, learning different styles of dance combinations (pom, contemporary, hip hop, jazz), and other skills that will help prepare incoming 6th-8th graders to try out for the Spirit Revolution Patriette Program in high school. Dancers should wear a t-shirt or tank top that they are comfortable dancing in, athletic shorts, biker shorts or leggings, and bring jazz shoes and sneakers. It is highly recommended that dancers bring a water bottle that they can refill during the hour and a half camp day.

Mon-Thu, 7/14 - 7/24      4:00 - 6:00 pm  
Room 5306      Fee: \$130

## Jr. Patriots Tennis Camp (6th - 8th)

Justin Sponholz

A great program for young athletes who are just starting tennis, or have some experience. This camp will focus on teaching the fundamentals of each shot, to have good foundations as they play a sport of a lifetime! Please have your child bring a tennis racquet, water bottle, sunscreen, hat, etc. each day of camp.

Mon-Thu, 6/09 - 6/12      4:00 - 5:00 pm  
VHAC Tennis Courts      Fee: \$75

## Jr. Patriot Volleyball Camp (7th - 8th)

Tim Crow & Eric Goolish

You will learn all the basic skills necessary for competitive volleyball. Drill and scrimmages will be part of our daily activities. Knee pads are recommended, but not required. Please bring your own labeled volleyball. Please bring your own water bottle.

### Boys

Mon-Thu, 7/14 - 7/24      10:30 - 12:30 pm  
Sports Center      Fee: \$130

### Girls

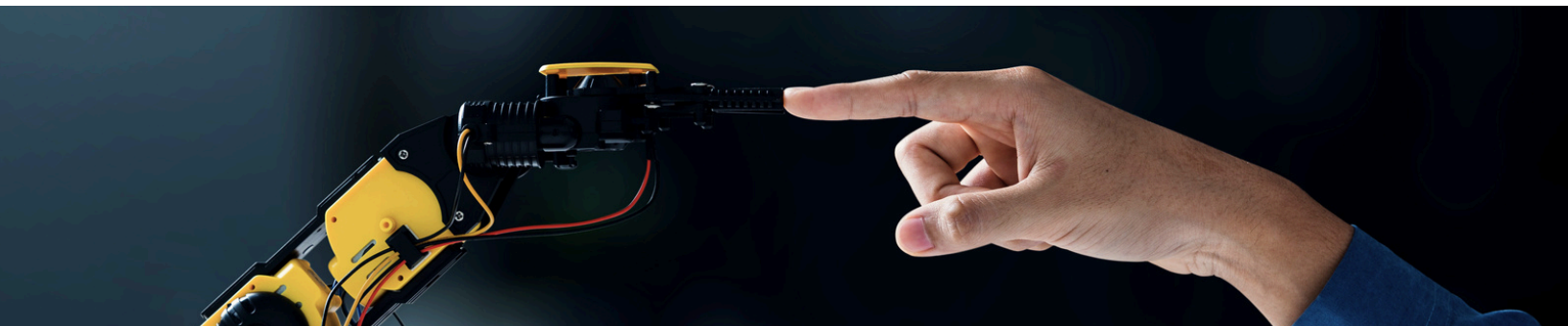
Mon-Thu, 7/14 - 7/24      10:30 - 12:30 pm  
Field House      Fee: \$130

## Martial Arts Camp

Master Lincai Shi

Shaolin Kung Fu has many forms and is built upon tradition and centuries of martial art experience. Its movements are versatile and athletic, combining power and speed, with agility. Master Shi, a master who grew up training in the Shaolin temple, can make this difficult art accessible. This camp focuses on building strength, endurance, and flexibility while learning kung fu forms. The curriculum will mark and reward progress, and help to build internal discipline and resilience, while having fun.

Mon - Thu, Weekly      9:00 - 12:00 pm  
Room 2110      Fee: \$240



# S.T.E.A.M.

## Girls Who Code (3rd - 5th)

Christine Marr

Featuring activities, characters, and vocabulary drawn from the best-selling Girls Who Code books, 3rd-5th Grade Clubs expose girls to bravery, resilience, and computational thinking at the exact moment when research indicates that their interest is high and can be transformed into ongoing interest and engagement in Computer Science. Books will be provided on the first day. Over the duration of a Club, all girls will:

- Gain exposure to fundamentals of computer science.
- Read and discuss a nonfiction text.
- Complete projects that challenge them to be brave and creative.
- Build positive relationships with peers.

Tue, 7/08 - 8/05                      4:00-5:00 pm  
Room 3012                              Fee: \$0

Thu, 7/10 - 8/07                      4:00-5:00 pm  
Room 3012                              Fee: \$0

**GRADES REFLECT THE STUDENT'S  
GRADE IN FALL 2025**

**REGISTER ONLINE AT  
D125.ORG/PREP**

## Girls Who Code (6th - 8th)

Christine Marr

Each Club revolves around a Girls Who Code Project, which is a group project that girls plan and code together. Through this project, girls also learn how to support and encourage one another and explore the potential of computer science as a tool to impact the world. Because Clubs focus on a project that girls design, the curriculum can work for students with a wide range of computer science experience. By the end of the Club year, all girls will:

- Participate in a safe and supportive environment of peers & role models and learn to see themselves as computer scientists.
- Be exposed to foundational computer science concepts (loops, variables, conditionals, and functions) that form the basis for all programming languages -- whether they want to create art, code an app, or build a robot.
- Work on a team to design and build a Girls Who Code Project that focuses on an issue that matters to the girls in the Club.

Tue, 7/08 - 8/05                      5:00-6:00 pm  
Room 3012                              Fee: \$0

Thu, 7/10 - 8/07                      5:00-6:00 pm  
Room 3012                              Fee: \$0

# S.T.E.A.M.

## Jr. STEM Explorers (PreK 3's & 4's)

Noggin Builders

Hands-on science specifically designed for preschoolers! Project examples include: experiment with surface tension, explore animal habitats, create chemical reactions, and test the strength of wind power. These explorations, hands-on science activities, and games will build creative problem solving skills through preschoolers' natural curiosity of the world around them. New activities each session and different from last year! Ages: PreK 3's and 4's (MUST be 3 by Sept. 1)

Sat, 4/12 - 5/17                      9:30-10:30 am  
Room 1500/1502                      Fee: \$125

## The Science of Art (K-3rd)

Noggin Builders

Be inspired with unique art projects that are created using science! From color chromatography and paper making to abstract art using chemical reactions and the geometry of origami, STEM skills will be paired with artistic creativity in this class.

Wed, 4/09 - 5/14                      4:00-5:00 pm  
Room 1422                              Fee: \$175

## STEM Explorers (K-2nd)

Noggin Builders

Experiment, build, and create as you explore STEM through hands-on projects. Activities include many areas of STEM: investigate electricity, build your own vehicle, experiment with chemical reactions, and design an earthquake-proof building. These are just some of the challenges we'll dig into as we build creative problem solving skills through STEM. New activities each session and different from last year!

Sat, 4/12 - 5/17                      11:00-12:00 pm  
Room 1500/1502                      Fee: \$125

## Inventor's Club (3rd-5th)

Noggin Builders

Do you love to design and build? This class is for you! Filled with open-ended design projects and scientific experiments, Makers in this class will use many different areas of STEM. Create a motorized ferris wheel, build gadgets for an escape room, or experiment with levers to design a trebuchet. New activities each session and different from last year!

Sat, 4/12 - 5/17                      1:00-2:00 pm  
Room 1500/1502                      Fee: \$125

**GRADES REFLECT THE STUDENT'S  
GRADE IN FALL 2025**

**REGISTER ONLINE AT  
D125.ORG/PREP**

# S.T.E.A.M.

## Filmmaking Camp (6th - 8th)

Chicago Filmmakers

This comprehensive, two-week summer camp will cover digital video production from initial concept to finished movie. Students will be encouraged to work collaboratively through all stages of production as they learn more about storyboarding, cameras, lighting, sound, shot composition, and editing. On the final day of camp, students will showcase their finished film pieces at a screening for family and friends.

Mon-Thu, 7/07 - 7/17      9:00-3:00 pm  
Room TBA      Fee: \$725

**GRADES REFLECT THE STUDENT'S  
GRADE IN FALL 2025**

## STEM Camps (K - 5th)

Noggin Builders

Be inspired with unique art projects that are created using science! From color chromatography and paper making to abstract art using chemical reactions and the geometry of origami, STEM skills will be paired with artistic creativity in this class.

Weekly during the summer      9:00 - 12:00 pm  
Room TBA      Fee: \$270

## Sidekick Program: Camp Patriot

This add-on camp option is SPECIFICALLY for campers who are participating in other PREP camps (music camps, sports camps, STEAM camps) and will provide them with outstanding recreation and educational activities at SHS. Most other PREP camps are Monday - Thursday. Half day Camp Patriot is the balance of the day on Monday - Thursday and all day on Friday.

**Cancellation Policy:** Full refunds are available before April 15. Between April 15 and May 15, you'll receive a 90% refund. After May 15th, no refunds will be given.

Mon-Fri, 6/09 - 7/25      Times vary  
Room 2104      Fee: \$303/week



**REGISTER ONLINE AT  
D125.ORG/PREP**



# REGISTRATION INFORMATION

## Fast & Easy Registration

99% of people register online! It's easy to use, fast, and safe. If you do have any questions, feel free to call our office for help or download and mail in your registration form with a check. Registration forms can be downloaded at [d125.org/prep](http://d125.org/prep).

The screenshot shows the Stevenson High School website interface. At the top left is the school logo and name: "STEVENSON Adlai E. Stevenson High School 847.415.4145". At the top right is a "Login" button. Below the header is a "Filters" section with dropdown menus for "Keyword", "Location", "Service", and "Gender", each with a "Reset" link. To the right of the filters is a "Select a PREP Course!" section. It features a "Camp Patriot" button with a "Camp Patriot" link below it. To the right of this is a "Courses & Camps" section with links for "Adult (19+)", "High School", and "Youth (K-8th)".

To register for any of our classes,  
visit [d125.org/prep](http://d125.org/prep)

## Teach for PREP

Do you have something you're passionate about and you're bursting at the seams to share? We would love to talk to you about teaching for PREP! We accept course proposals on an on-going basis. If you have a fabulous idea for a course, just fill out the online form and we'll be in contact with you.

Our teachers don't necessarily need to be experts in their field; they just need a passion for the subject matter and the desire to spread their knowledge to others!

# PREP REGISTRATION FORM & WAIVER

PATRIOT RECREATION EDUCATION PROGRAM | D125.ORG/PREP | PREP@D125.ORG

Participant's Name \_\_\_\_\_ Birthday \_\_\_\_\_

Address \_\_\_\_\_ City, State Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Additional Participant(s) \_\_\_\_\_ Birthday(s) \_\_\_\_\_

Course Name \_\_\_\_\_

## Acknowledgement, Waiver, & Insurance Information

We/I the participant or parent(s)/guardian(s) of a participant in PREP program(s) at Stevenson High School, recognize(s) and acknowledge(s) that there are risks of physical injury including serious personal injury, paralysis, death, damages, medical care expenses, or loss which may be sustained as a result of participating in any or all such activities connected with or associated with these program(s). Our/my son/daughter is permitted to participate in all such activities.

We/I understand that the School District does not provide health/accident insurance for participants in such programs. We/I the participant(s) or parent(s)/guardian(s) understand that we/I become responsible for the payment of medical expenses for the care and treatment, including continuing care and treatment, of ourselves/myself or our/my son/daughter as a result of a personal injury or other loss of any type incurred during participation in the PREP program of this School District. We/I hereby waive all claims against Stevenson High School District 125, and any corporate entities, their employees and agents which are offering PREP classes, including but not limited to medical expenses, personal expenses or other loss or damage, we/I may have/or incur as a result of our/my participation or my son/daughter's participation in any program at Stevenson High School District 125 and release and discharge said School District including its board members, administrators, officers, agents, servants and employees, and any corporate entities, their employees, and agents which are offering PREP classes of and from any such expenses. I have read and fully understand and accept the program details, policies, procedures, waiver and release of all claims.

I hereby give my permission for myself/my child to participate in the SHS PREP Program. Further, I authorize qualified medical personnel to provide emergency treatment of any injury or illness that may be experienced if they consider treatment necessary, or perform the treatment. This authorization is granted only if I/my emergency contact cannot be reached and a reasonable effort has been made to do so. I am aware that participation is a potentially dangerous activity. I assume all risks associated with participation PREP, including but not limited to falls, contact with other participants, the effects of weather, traffic, and other reasonable risk conditions associated with the programs. All such risks to are known and appreciated by me. I understand this conforming consent and agreement to its conditions.

## Medical Information for all Participants

Emergency Contact \_\_\_\_\_ Emergency Contact Phone Number \_\_\_\_\_

Alternate Number \_\_\_\_\_

Hospital Preference \_\_\_\_\_ Physician & phone # \_\_\_\_\_

Allergies: None Bee Sting Grass Other \_\_\_\_\_ Asthma: Yes No Type of Inhaler: \_\_\_\_\_

- ☐ Heart condition
- ☐ Concussion/Head Injury
- ☐ Diabetes
- ☐ Epilepsy

- ☐ Tuberculosis/Bronchitis
- ☐ High/Low Blood Pressure
- ☐ Dizzy Spells/Fainting Spells
- ☐ Skin Conditions/Diseases

- ☐ Fractures/Sprains
- ☐ Surgery or advised to have surgery
- ☐ Contacts/Glasses
- ☐ Other: \_\_\_\_\_

For youth participants only:

Parent 1 Name \_\_\_\_\_ Parent 2 Name \_\_\_\_\_

Parent 1 Work# \_\_\_\_\_ Parent 2 Work # \_\_\_\_\_

Parent 1 Cell # \_\_\_\_\_ Parent 2 Cell # \_\_\_\_\_

To the best of my knowledge the information on this form is accurate and up-to-date.

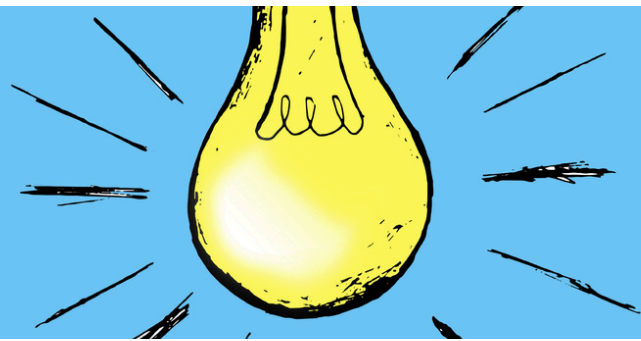
## Publicity Consent

PREP reserves the right to photograph/video its programs for documentation and publicity purposes. I consent that the student(s) being registered may be included in images/video for these purposes.

Yes, I consent. No, please don't take my picture.

Signature of Parent/Guardian/Participant 18+: \_\_\_\_\_

(Waiver must be signed to process registration form)



# FREQUENTLY ASKED QUESTIONS

## **Do I need insurance?**

For insurance purposes, PREP programs and activities require a signed waiver. PREP is not responsible for supervision of children arriving on site prior to or remaining on site after the established program times.

## **Can I make up classes missed?**

In order to preserve the safety of the participant-to-staff ratio and the quality of the classes, PREP does not provide for or allow make-up classes. There will be make-up classes for classes missed which are caused by PREP.

## **Can I withdraw from a class?**

We will issue a full refund of the fee paid prior to 2 weeks before the start of the program (1 week for sports camps). Less than 2 weeks prior to a program's start date, we will refund your fee paid less 10%. After the start of a program, no refunds will be given. Written requests can be submitted via email to [prep@d125.org](mailto:prep@d125.org).

## **Can I transfer to another class?**

When class size permits, participants may request a transfer from one program to another in writing, one week prior to class start.

## **How do I get the Senior Fee?**

Participants age 60 or older are eligible to receive the Senior Fee on select classes. Discounts will be automatically applied at checkout. Seniors may register for selected PREP classes at a reduced fee, provided the minimum enrollment for the class is met (selected classes have senior pricing listed in their description). Textbook, food supply fees, etc are additional. No other discounts apply.

## **Can I smoke on campus?**

The District 125 non-smoking policy prohibits smoking on the Stevenson premises for everyone, including vape devices.

## **What happens when a class is full?**

When a class reaches its maximum enrollment a waiting list is established. If an opening occurs, or a new class is formed, you will be notified.

## **Does PREP prorate?**

No, PREP does not prorate for any of its camps, classes, or programs except for Private Music Lessons.

**Patriot Recreation Education Program**

Adlai E. Stevenson High School

One Stevenson Drive

Lincolnshire, IL 60069



At PREP, we're all about supporting your personal, professional, and recreational goals. Our affordable, high quality community education programs run year-round, catering to both youths and adults.

This course catalog is tailored to you – crafted with your interests and needs in mind. If you ever feel a class is missing, let us know. Your input matters!

Our ultimate aim is to build connections, keep you engaged, and inspire you through our programs. We've proudly served this community since 1984 and we are grateful for the privilege.

Thank you for choosing PREP.

Isaac Brubaker

PREP Community Education Program Manager

Adlai E. Stevenson High School

1 Stevenson Drive

Lincolnshire, IL 60069

**Contact PREP**

Office Hours: 7:00 am - 4:00 pm

[d125.org/prep](http://d125.org/prep)

P. 847-415-4145

E. [prep@d125.org](mailto:prep@d125.org)