

COPING WITH CONFIDENCE

SUPERACION CON CONFIANZA

GROUP OPEN TO KIDS 7-
12 AND TEENS 13-18

EL GRUPO ESTA ABIERTO
PARA NIÑOS 7-12 Y
ADOLESCENTES 13-18

Come make crafts and do activities that will help you learn valuable coping skills to use in day to day life and to work through big emotions.

Ven a hacer manualidades y actividades que te ayudarán a aprender valiosas habilidades de superación para usar en la vida diaria y superar grandes emociones.



ROOTS AND WINGS // ALAS Y RAICES

302 W. GREEN ST. BENSENVILLE, IL 60106

WEDNESDAY
MARCH 12TH
6:00-7:00 PM

Topic:
Anxiety + Stress
Ansiedad + Estrés

WEDNESDAY
MARCH 26TH
6:00-7:00 PM

Topic:
Anger + Big Emotions
Enojo + Grandes Emociones

UPCOMING DATES
PRÓXIMAS FECHAS

April 9th
April 23rd
May 7th

SIGN UP



In collaboration with
En colaboración con
**Northeast DuPage
Family & Youth Services**

