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SHI Edition: SHI 2012 Created: 12/13/2013 Last Activity: 04/19/2016

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Module 3: Physical Education and Other Physical Activity Programs

Scorecard & Planning Questions

Scorecard for Questions Completed in Module 3

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1.	<u>225 minutes of physical education per week (PA.1)</u>				0	
2.	<u>Adequate teacher/student ratio (PA.2)</u>			1		
3.	<u>Sequential physical education curriculum consistent with standards (PA.3)</u>		2			
4.	<u>Information and materials for physical education teachers (PA.4)</u>			1		
5.	<u>Physical education grading (PA.5)</u>		2			
6.	<u>Prohibit exemptions or waivers for physical education (PA.6)</u>				0	
7.	<u>Students active at least 50% of class time (PA.7)</u>	3				
8.	<u>Individualized physical activity and fitness plans (PA.8)</u>				0	
9.	<u>Health-related physical fitness (PA.9)</u>			1		
10.	<u>Teachers avoid practices that result in student inactivity (PA.10)</u>		2			
11.	<u>Promote community physical activities (PA.11)</u>		2			
12.	<u>Certified or licensed physical education teachers (PA.12)</u>	3				
13.	<u>Address special health care needs (PA.13/A.1)</u>		2			

14.	<u>Physical education safety practices (PA.14/S.1/A.2)</u>		2			
15.	<u>Professional development for teachers (PA.15)</u>				0	
16.	<u>Participation in intramural programs or physical activity clubs (PA.16)</u>	3				
17.	<u>Availability of interscholastic sports (PA.17)</u>		2			
18.	<u>Promotion or support of walking and bicycling to school (PA.18)</u>			1		
19.	<u>Training requirements for coaches (PA.19)</u>		2			
20.	<u>Physical activity facilities meet safety standards (PA.20/S.2)</u>		2			
21.	<u>Athletics safety requirements (PA.21/S.3)</u>	3				
	Column Totals	12	18	4	0	-

Total 34/63
Points/Maximum
Points
Module 3 score 54%

Step 1: Identify Strengths and Weaknesses

According to these scores, what are the strengths and the weaknesses of your school's policies and environment related to students' health and safety?

Strengths

No strengths have been entered.

#	Description	Options
1	LPS does a very good job of including all students in physical education and activities, regardless of socio-economic status. For example, there are no "user fees."	Edit Delete

Add Strength

Weaknesses

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#	Description	Options
1	The cross-cutting weakness is having the funding to put great ideas for improvements into place.	Edit Delete
2	There is inadequate professional development for teachers and coaches.	Edit Delete

Add Weakness

Step 2: Recommended Actions

Action 1 [Edit](#) | [Delete](#)

Is Action 1 a top priority? Yes

Weakness(es)

Recommended action

Professional development for teachers and coaches.

Rankings which best describe the action

Importance 5 = Very Important

Cost 1 = Very Expensive

Time 1 = Very Time Consuming

Commitment 5 = Very Enthusiastic

Feasibility 1 = Very Difficult

Total Points: 13

Action 2 [Edit](#) | [Delete](#)

Is Action 2 a top priority? Yes

Weakness(es)

Recommended action

Take advantage of national and local campaigns to increase the number of minutes students engage in vigorous physical exercise within the school day.

Rankings which best describe the action

Importance 4 = Somewhat Important

Cost 2 = Somewhat Expensive

Time 1 = Very Time Consuming

Commitment 4 = Somewhat Enthusiastic

Feasibility 1 = Very Difficult

Add Action

« Previous Continue »

- Content source: [National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health](#)

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