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Your School's SHI: Lowell Schools

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SHI Edition: SHI 2012

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Module 1: School Health and Safety Policies and Environment

Scorecard & Planning Questions

Scorecard for Questions Completed in Module 1

#	Criteria	Fully in Place	Partially in Place	Under Development	Not in Place	Does not Apply
1.	<u>Representative school health committee or team (CC.1)</u>	3				
2.	<u>Written school health and safety policies (CC.2)</u>	3				
3.	<u>Communicate health and safety policies to students, parents, staff members, and visitors (CC.3)</u>		2			
4.	<u>Positive school climate (CC.4)</u>		2			
5.	<u>Overcome barriers to learning (CC.5)</u>		2			
6.	<u>Enrichment experiences (CC.6)</u>			1		
7.	<u>Local wellness policies (CC.7)</u>	3				
8.	<u>Standard precautions policy (CC.8)</u>	3				
9.	<u>Professional development on meeting diverse needs of students (CC.9)</u>			1		
10.	<u>Prevent harassment and bullying (CC.10)</u>		2			
11.	<u>Active supervision (CC.11)</u>	3				
12.	<u>Written crisis response plan (CC.12)</u>	3				
13.	<u>Student involvement in decision-making (CC.13)</u>			1		
14.	<u>Safe physical environment (S.1)</u>		2			
15.	<u>Maintain safe physical environment (S.2)</u>			1		

16.	<u>Staff development on unintentional injuries, violence, and suicide (S.3)</u>		2			
17.	<u>Access to physical activity facilities outside school hours (PA.1)</u>			1		
18.	<u>Adequate physical activity facilities (PA.2)</u>			1		
19.	<u>Prohibit using physical activity as punishment (PA.3)</u>		2			
20.	<u>Prohibit using food as reward or punishment (N.1)</u>			1		
21.	<u>Access to free drinking water (N.2)</u>	3				
22.	<u>All foods offered or sold during the school day meet strong nutrition standards (N.3)</u>	3				
23.	<u>All beverages offered or sold during the school day meet strong nutrition standards (N.4)</u>	3				
24.	<u>Foods offered outside school hours in high schools meet strong nutrition standards (N.5)</u>			1		
25.	<u>Beverages offered outside school hours in high schools meet strong nutrition standards (N.6)</u>			1		
26.	<u>Fundraising efforts during and outside school hours meet strong nutrition standards (N.7)</u>			1		
27.	<u>Advertising and promotion of foods and beverages (N.8)</u>		2			
28.	<u>Prohibit tobacco use among students (T.1)</u>	3				
29.	<u>Prohibit tobacco use among school staff and visitors (T.2)</u>	3				
30.	<u>Enforce tobacco-use policies (T.3)</u>	3				
31.	<u>Prohibit tobacco advertising (T.4)</u>	3				
32.	<u>Written policies for carry and self-administration of quick-relief medications (A.1)</u>		2			
33.	<u>Professional development on asthma (A.2)</u>			1		
34.	<u>Implement indoor air quality practices (A.3)</u>			1		
35.	<u>Implement integrated pest management practices (A.4)</u>		2			
36.	<u>Non-discrimination on the basis of HIV infection policy (SH.1)</u>	3				
37.	<u>Confidentiality of HIV status (SH.2)</u>	3				
38.	<u>Professional development for all staff members on HIV policies or laws (SH.3)</u>		2			
39.	<u>Professional development for administrators and teachers on HIV, other STD, and pregnancy prevention (SH.4)</u>				0	

40.	<u>Non-discrimination on the basis of pregnancy or parenting status policy (SH.5)</u>		2			
41.	<u>Strategies to meet the needs of LGBT youth (SH.6)</u>		2			
Column Totals		45	26	12	0	-

**Total 83/123
Points/Maximum
Points**

Module 1 score 67%

Step 1: Identify Strengths and Weaknesses

According to these scores, what are the strengths and the weaknesses of your school's policies and environment related to students' health and safety?

Strengths

#	Description	Options
1	In several areas, we have a good start, but lack the resources to implement completely (e.g., P.D. for ALL staff).	Edit Delete
2	Strong linkage with health department.	Edit Delete
3	Healthy Futures	Edit Delete
4	Additional Partnerships (e.g., LCHC)	Edit Delete
5	5-year building plan should include recommendations/actions that improve physical space for phys ed., etc.	Edit Delete
6	LHS has a safe and supportive culture for LGBT youth. There is a teacher that has done a lot of work in this regard, including the production of a video "Through Gay Eyes." Other internal resources.	Edit Delete
7	#40 PRACTICES are in place (even if policy isn't).	Edit Delete

Add Strength

Weaknesses

#	Description	Options
1	School and OST program cultures do not consistently support health - like selling only healthy foods at games. Changing this attitude could be very difficult.	Edit Delete
2	Middle schools do not have a culture that is consistently safe and supportive of LGBT youth.	Edit Delete

Add Weakness

Step 2: Recommended Actions

Action 1 [Edit](#) | [Delete](#)

Is Action **1** a top priority? Yes

Weakness(es)

Recommended action

Produce videos to educate parents on health topics like asthma control, GLBT programs, nutrition choices - and put these on the LPS website.

Rankings which best describe the action

Importance	5 = Very Important
Cost	4 = Somewhat Inexpensive
Time	1 = Very Time Consuming
Commitment	5 = Very Enthusiastic
Feasibility	3 = Neither Difficult or Easy
Total Points: 18	

Action 2 [Edit](#) | [Delete](#)

Is Action **2** a top priority? Yes

Weakness(es)

Recommended action

Work toward a cultural shift in schools and OST programs that sell food toward healthy choices - e.g., eliminate food from celebrations at all schools consistently, sell healthy foods at games

Rankings which best describe the action

Importance	4 = Somewhat Important
Cost	5 = Very Inexpensive
Time	1 = Very Time Consuming
Commitment	3 = Neither Unenthusiastic or Enthusiastic

Feasibility 1 = Very Difficult

Total Points: 14

Action 3 [Edit](#) | [Delete](#)

Is Action 3 a top priority? Yes

Weakness(es)

Recommended action

Healthy Futures could provide professional development to administrators on HIV,STD, pregnancy (#39)

Rankings which best describe the action

Importance 4 = Somewhat Important

Cost 3 = Neither Expensive or Inexpensive

Time 3 = Neither Time Consuming or Minimal Time

Commitment 3 = Neither Unenthusiastic or Enthusiastic

Feasibility 4 = Somewhat Easy

Total Points: 17

Action 4 [Edit](#) | [Delete](#)

Is Action 4 a top priority? Yes

Weakness(es)

Recommended action

Advance safe and supportive culture for LGBT youth at middle school - drawing on success at LHS and significant internal local resources. Need teacher PD

Rankings which best describe the action

Importance 4 = Somewhat Important

Cost 3 = Neither Expensive or Inexpensive

Time 1 = Very Time Consuming

Commitment 3 = Neither Unenthusiastic or Enthusiastic

Feasibility 3 = Neither Difficult or Easy

Total Points: 14

Action 5 [Edit](#) | [Delete](#)

Is Action 5 a top priority? Yes

Weakness(es)

Recommended action

USE LCHC Resources to improve policy for pregnancy/parenting teens

Rankings which best describe the action

Importance	4 = Somewhat Important
Cost	4 = Somewhat Inexpensive
Time	4 = Somewhat Minimal Time
Commitment	4 = Somewhat Enthusiastic
Feasibility	4 = Somewhat Easy

Total Points: 20

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- Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health

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