## This Week's Specials 03/17/2025-03/21/2025



<u>Monday- Wing Toss</u> – Choose between a variety of sauces and Grilled Chicken Wings(4), side of Carrot/Celery with Ranch dipping sauce - \$5.75

<u>Tuesday-</u> Burrito Bowl – Chicken Tinga or Beef, Lettuce, Brown Rice, Sour cream, Refried Beans, Tomatoes, & Salsa - \$6.25

Wednesday- NO SCHOOL.

<u>Thursday-</u> Breaded Chicken Sandwich dipped in your favorite sauce with House Made Potato Salad & House Made Coleslaw- \$8.00

Friday- Beef Lasagna, Garlic Bread, & Garden Vegetables - \$7.00

### \$6 Meal Deal

### Sub Sandwich, Small Fruit Cup with Water or Milk

Quest Food prioritizes the health and wellness of our guests through chef-crafted recipes and scratch made cooking techniques using fresh, high-quality ingredients that are flavorful, wholesome, and responsibly sourced.



### Dash Specials

## \$2.50/Each Apple Overnight Oats

Vanilla Yogurt, Honey, Oats, Cranberries & Blueberries with Fresh Sliced Granny Smith Apples.

Banana Pudding Parfait
Banana Pudding, Pound Cake, &
Whipped Topping!

### WHERE TO FIND QUEST CHOICE OPTIONS:

### **DASH**

### **DASH-DAILY**

- Simple Turkey & Cheese Sandwich with Choice of Toppings,
   Whole Fruit or Veggie Cup, Milk or Water
- Entrée Chicken Ceasar Salad with Whole Fruit or Veggie Cup, Milk or Water

### LUNCH

### **GRILL- MONDAY**

Chicken Corndog, Whole fruit or Veggie Cup, Milk or Water

### **GRILL-TUESDAY**

 Chicken Mozzarella Panini, Whole Fruit or Veggie Cup, Milk or Water

#### **DASH-WEDNESDAY**

 Hamburger with Ketchup or Mustard with Whole Fruit or Garlic Bread, Milk or Water

### **GRILL-THURSDAY**

 Beef Meatball Sub Sandwich, Whole Fruit or Veggie Cup, Milk or Water

### **CRUST-FRIDAY**

Beef Lasagna, Whole fruit or Veggie cup, Milk or Water

#### **CRUST-DAILY**

 Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water

#### **BREAD & BOWL- DAILY**

Broccoli & Cheddar Soup with Breadstick or Whole Fruit, Milk or Water

### **BEVERAGES**

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water





## This Week's Specials 03/24/2025-03/28/2025



Monday - Philly Steak Sandwich, Roasted Red Potatoes & Steamed Broccoli \$7.00

<u>Tuesday</u> - Hard or Soft-Shell Tacos and chose between Chicken or Beef with variety of toppings from Cheese, Sour cream, Jalapeños, Red or Green Salsa, Lettuce & Tomato - \$7.25

**Meat & Cheese - \$3.00 Chip & Cheese - \$2.75** 

<u>Wednesday</u> – Meatloaf, Garlic Mashed Potatoes, Seasonal Vegetables - \$5.25

<u>Thursday -</u> Breaded Chicken Sandwich dipped in your favorite sauce with House Made Potato Salad & House Made Coleslaw- \$8.00

Friday - Chicken Pot-Pie - \$6,00

### \$6 Meal Deal

Southwestern Steak Wrap with House Made Chips, Whole Fruit and Milk or Water

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### **Dash Features**

Grilled Chicken Deluxe
Wrap - \$5.50

<u>S'mores Cup - \$4.25</u>

Milk Chocolate Pudding, Graham Crackers, Mini Marshmallows, Chocolate chips.

### WHERE TO FIND QUEST CHOICE OPTIONS:

### **DASH**

### **DASH-DAILY**

- Simple Turkey & Cheese Sandwich with Choice of Toppings,
   Whole Fruit or Veggie Cup, Milk or Water
- Entrée Chicken Ceasar Salad with Whole Fruit or Veggie Cup, Milk or Water

### LUNCH

### **GRILL-MONDAY**

 Chicken Caesar Wrap with Whole Fruit or Veggie Cup, Milk or Water

### **GRILL-TUESDAY**

 Cheeseburger with Ketchup or Mustard, Whole Fruit or Veggie Cup, Milk or Water

#### **DASH-WEDNESDAY**

Turkey & Cheese Panini, Whole Fruit or Veggie Cup, Milk or Water

#### **BREAD & BOWL-THURSDAY**

 Ham & Cheese Sandwich, Whole Fruit or Veggie Cup, Milk or Water

### **HOMEGROWN-FRIDAY**

 Grilled Chicken & Ranch Sandwich with Whole Fruit, Milk or Water

### **CRUST-DAILY**

 Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water

### **BREAD & BOWL- DAILY**

 Chicken & Rice Soup with Garlic Bread, Whole Fruit or Veggie Cup, Milk or Water

### **BEVERAGES**

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water





# A QUEST CHOICE MEAL INCLUDES:



Choice of Entrée and a Side Dish

Fresh Vegetable





Fresh Fruit









### QUEST CHOICE PROGRAM:



### **ADDITIONAL PURCHASES**

If a student wants to purchase any item outside of the Quest Choice program, they are permitted to do so through the school's dining account or with cash payment at check-out. When funds are added to the dining account, students will be able to access those funds by showing their student ID at check-out, and the cost of the additional item(s) will be automatically deducted from their account.

### **QUEST CHOICE SYMBOL**

The Quest Choice symbol is used throughout serving areas so that students can easily identify the items included in the program, allowing them easy and discreet access to their meals. The Quest Choice symbol is featured next to qualifying items on menu signage at each station, and oftentimes next to the item itself on the serving line or pick-up location.

### ABOUT QUEST FOOD MANAGEMENT SERVICES

Quest Food Management Services is a premier food service provider for schools throughout the Midwest. Quest is committed to using scratch made cooking techniques and fresh, high-quality ingredients to offer students nutritious meals that fuel their development and learning.

### FOR MORE INFORMATION

If a student or caregiver is having difficulty understanding what is included in the Quest Choice program at their school, our dining team is available to provide further details. Students and caregivers can contact Vivian Robles, District Manager by email at <a href="mailto:vrobles@questfms.com">vrobles@questfms.com</a> or phone at 331-645-8857, or email QuestChoice@QuestFMS.com to request more information.

