



# Saratoga Union School District

March 2025

## COMPLIMENTARY BREAKFAST MENU—ALL SCHOOLS

Meals includes entrée, fruits or vegetables, and optional beverage

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>3</b> <u>BREAKFAST</u> Assorted Cereal Selection Whole Grain Muffin (V)	<b>4</b> <u>BREAKFAST</u> Assorted Cereal Selection Whole Grain Pancakes (V)	<b>5</b> <u>BREAKFAST</u> Assorted Cereal Selection Concha (V)	<b>6</b> <u>BREAKFAST</u> Assorted Cereal Selection Fresh Bakes Cinnamon Roll (V)	<b>7</b> <u>BREAKFAST</u> Assorted Cereal Selection Bagel & Cream Cheese (V)
<b>10</b> <u>BREAKFAST</u> Assorted Cereal Selection Hot Ham & Cheese Croissant (Pork Ham)	<b>11</b> <u>BREAKFAST</u> Assorted Cereal Selection Turkey or Veggie (V) Patty & Crispy Hash Brown	<b>12</b> <u>BREAKFAST</u> Assorted Cereal Selection Banana Bread (V)	<b>13</b> <u>BREAKFAST</u> Assorted Cereal Selection Whole Grain Donut (V)	<b>14</b> <u>BREAKFAST</u> Assorted Cereal Selection Belgium Waffles (V)
<b>17</b> <u>BREAKFAST</u> Assorted Cereal Selection Whole Grain French Toast Sticks (V)	<b>18</b> <u>BREAKFAST</u> Assorted Cereal Selection Breakfast Pizza(Turkey)	<b>19</b> <u>BREAKFAST</u> Assorted Cereal Selection Fresh Bakes Scones (V)	<b>20</b> <u>BREAKFAST</u> Assorted Cereal Selection Bagel/Cream Cheese (V)	<b>21</b> <u>BREAKFAST</u> Assorted Cereal Selection Fruit Smoothie with Crackers (V)
<b>24</b> <u>BREAKFAST</u> Assorted Cereal Selection Cinnamon Apples Wrapped in Whole Grain Bites (V)	<b>25</b> <u>BREAKFAST</u> Assorted Cereal Selection Concha (V)	<b>26</b> <u>BREAKFAST</u> Assorted Cereal Selection Fresh Bakes Apple Turnover (V)	<b>27</b> <u>BREAKFAST</u> Assorted Cereal Selection Banana Bread (V)	<b>28</b> <u>BREAKFAST</u> Assorted Cereal Selection Whole Grain Pancake Bites (V)
<b>31</b> <u>BREAKFAST</u> Assorted Breakfast Entrees Whole Grain Pancakes (V)				VG=Vegan V=Vegetarian *No meat option available *Menus are subject to change

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).



# Saratoga Union School District

Elementary Menu - MARCH 2025

## COMPLIMENTARY LUNCH MENU

Meals includes entrée, fruits or vegetables, and optional beverage

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>3 LUNCH</b> Cheesesteak Pin Wheels Vegetarian Pin Wheels (V) Italian Grilled Provolone Sandwich	<b>4 LUNCH</b> Chicken Fried Rice w Egg Fried Rice w Tofu Chicken Lettuce Wraps	<b>5 LUNCH</b> Chicken Tender & Seasoned Fries Black Bean Chipotle Burger & Fries Veggie Chicken Nuggets & Fries (V)	<b>6 LUNCH</b> Cheeseburger Lentils & Rice Burrito (V) Chicken Tikka Wrap	<b>7 LUNCH</b> Beef Hot Dog Hot Turkey Sandwich Veggie Hot Dog w Whole Grain Bun
<b>10 LUNCH</b> BBQ Chicken/Macaroni & Cheese Bites Cheese Ravioli w Marina (V) Sun Butter & Jelly Sandwich with Gaucamole/Tortilla Chips	<b>11 LUNCH</b> Chicken Strips & Fries Charcuterie Box Veggie Chili w Corn Bread (V)	<b>12 LUNCH</b> Teriyaki Chicken & Rice Bowl Teriyaki Veg Meatballs/Rice (V) Loaded Bean Tots/Crackers (V)	<b>13 LUNCH</b> Noodles with Chicken Eggroll Noodles W/Egg Roll (V) Strawberry Parfait with Granola (V)	<b>14 LUNCH</b> Grilled Turkey Bacon & Cheese Sandwich Grilled Cheese with Guacamole (V) Corn Dog Bites with Guacamole
<b>17 LUNCH</b> Mozzarella Cheese Bites W/ Marinara Sauce (V) Not so Chicken Sandwich (V) Taco Turkey Empanada	<b>18 LUNCH</b> Orange Chicken/Rice Veggie Orange Chicken/Rice (V) Sweet and Veggie Protein Dip/Tortilla Chips (V)	<b>19 LUNCH</b> Crunchy Beef Tacos Macaroni & Cheese w Falafel Bites Grilled Cheese Sandwich	<b>20 LUNCH</b> Chicken LoMein/Egg Roll Bean and Cheese Burrito (V) Cheese Lasagna (V)	<b>21 LUNCH</b> Chicken and Waffles Veg Meatball Sandwich (V) Turkey BLT Toasted Sandwich
<b>24 LUNCH</b> Soft Chicken Tacos Macaroni and Cheese Breaded Mozzarella Cheese Squares/ Marina Sauce (V)	<b>25 LUNCH</b> Spaghetti/Chicken Meatballs Spaghetti/Veggie Meatballs (V) Charcuterie Box	<b>26 LUNCH</b> Chicken Nuggets/Sweet Potato Fries Kickin Veggie Nuggets/Sweet Potato Fries (V) Peruvian Chicken/Rice	<b>27 LUNCH</b> Shredded Chicken & Cheese Crisps Vegetarian Teriyaki Meatballs with Cauliflower Bites (V) Moroccan Lentil Soup/ Cornbread (V)	<b>28 LUNCH</b> Cheese Burger/Fries Paneer Tikka Masala Wrap w Fries (V) Basil Chicken Stir Fry w Rice (V)
<b>31 LUNCH</b> Teriyaki Chicken/Rice Black Bean Chipotle Sandwich Veggie Lasagna/Marinara Sauce (V)	<b>SAMMY G's PIZZA</b> <b>Cheese (V) &amp; Pepperoni</b>  <b>Argonaut—Mondays</b> <b>Foothill—Tuesdays</b> <b>Saratoga—Thursdays</b>			VG=Vegan V=Vegetarian *No meat option available  *Menus are subject to change

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).



# Saratoga Union School District

Redwood Middle School Menu - MARCH 2025

## COMPLIMENTARY LUNCH MENU

Meals includes entrée, fruits or vegetables, and optional beverage

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3 LUNCH</b> Cheesesteak Pin Wheels  Vegetarian Pin Wheels (V)  Italian Grilled Provolone Sandwich	<b>4 LUNCH</b> Chicken Fried Rice w Egg  Fried Rice w Tofu  Chicken Lettuce Wraps (V)	<b>5 LUNCH</b> Chicken Tender & Seasoned Fries  Black Bean Chipotle Burger & Fries  Veggie Chicken Nuggets & Fries (V)	<b>6 LUNCH</b> Cheeseburger  Lentils & Rice Burrito (V)  Charcuterie Box w Protein Bar	<b>7 LUNCH</b> Chicken Noodle Soup w Vegetables  Oven Fried Chicken w Noodles & Gochujang Sauce  Italian Grilled Provolone Sandwich
<b>10 LUNCH</b> BBQ Chicken/Macaroni Bites  Cheese Ravioli w Marina (V) Italian Meat Sandwich	<b>11 LUNCH</b> Chicken Strips & Fries Rotisserie Chicken & Rice  Charcuterie Box Veggie Chili w Corn Bread (V)	<b>12 LUNCH</b> Teriyaki Chicken & Rice Bowl  Spicy Chicken Sandwich  Loaded Bean Tots/Fries (V)	<b>13 LUNCH</b> Seasoned Steak & Rice Roll  Hot Ham & Cheese Sandwich  Strawberry Parfait with Granola (V)	<b>14 LUNCH</b> Hot Honey Chicken Wings with Guacamole  Buffalo Veggie Wings with Guacamole (V)  Corn Dog Bites with Guacamole
<b>17 LUNCH</b> Mozzarella Cheese Bites W/ Marinara Sauce (V)  Not so Chicken Sandwich (V)  Taco Turkey Empanada	<b>18 LUNCH</b> Orange Chicken/Rice  Veggie Orange Chicken/Rice (V)  Nashville style Chicken with Bread and Butter Pickles Sweet and Veggie Protein Dip/Tortilla Chips (V)	<b>19 LUNCH</b> Crunchy Beef Tacos  Crunchy Chicken Tacos  Vegetable Tacos (V)	<b>20 LUNCH</b> Chicken Lo Mein/Egg Roll  Buffalo Chicken Wings/ Seasoned Potato Wedges  Falafel Sandwich (V)	<b>21 LUNCH</b> Chicken and Waffles  Bean and Cheese Burrito (V)  Turkey BLT Toasted Sandwich  Veggie Sracha Wrap (V)
<b>24 LUNCH</b> Pulled Rotisserie Chicken BBQ Sandwich/Sweet pickles  Soft Chicken Tacos  Breaded Mozzarella Cheese Squares/ Marina Sauce (V)	<b>25 LUNCH</b> Spaghetti/Chicken Meatballs  Bulgogi Chicken/Rice  Spaghetti/Veggie Meatballs (V)  Charcuterie Box	<b>26 LUNCH</b> Chicken Nuggets/Sweet Potato Fries  Kickin Veggie Nuggets/ Sweet Potato Fries (V)  Peruvian Chicken/Rice	<b>27 LUNCH</b> Street Chicken Tacos  Beefsteak Sandwich  Moroccan Lentil Soup/ Cornbread (V)	<b>28 LUNCH</b> Cheese Burger/Fries  Rotisserie Pulled Chicken and Cheddar Cheese Sandwich  Basil Stir Fry W/Veggie Protein Crumbles/Jasmine Rice (V)
<b>31 LUNCH</b> Teriyaki Chicken/Rice  Teriyaki Veggie Chicken/ Rice (V)  Bah Mi Sandwich	<b>SAMMY G's PIZZA</b>  <b>Cheese (V) &amp; Pepperoni</b>  <b>Offered Daily</b>			VG=Vegan V=Vegetarian LF- Low Fat *No meat option available  *Menus are subject to change

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).