

SAISD PRE-KINDERGARTEN FAMILY CONNECTION NEWSLETTER



Spring Break is right around the corner - and that's a great chance to be outside! Physical activities are crucial for the development of gross motor skills.

Activities that develop gross motor skills such as jumping, skipping, running, and balance are skills that can be easily practiced at home or the park. Who doesn't love getting outside and enjoy the warm spring weather any chance you can?

However, developing fine motor skills can be a bit more difficult. Here are some ways you can help your child develop these skills:

- Allow them to "write" with crayons, markers, chalk, pencils
- Fill up a container with items such as blocks and dump it out.
- Clip clothespins to the side of a box or basket and unclip them.
- Put pegs on a peg board.
- String beads on a necklace or bracelet.
- Build with blocks or Legos.



As their fine motor skills develop, children's writing will improve. Fun ways to enjoy writing with your child include using a variety of materials. Put a small amount of salt or shaving cream on the table and practice forming letters, writing their name, or writing numbers! Have fun playing...it's powerful, magical learning, too!



Character Trait of the month: Courage

This month we are focused on helping students understand that courage is not a magical remedy for fear. Instead, courage is a choice to push through self-doubt, and anxiety to do things that feel hard or frightening. Take a few minutes each day this month to discuss and encourage perseverance even when things are difficult and that it takes courage to push forward.

Family Connections:



Check out these resources for helping your child at home!



**SAISD
Independence
Guide**



Link: [Circle Activity Collection: Family](#)

Parent Hub

<https://www.facebook.com/saisdprek>

March Curriculum Overview

Theme: Animals All Around

Letters & Sounds: V, W, X, Y

Language Skills: alliteration, words in sentence, clapping syllables, blending syllables, Identifying Words Beginning with a Given Sound

Math: . Numbers 6-10, patterns, predicting, rote counting to 30

Colors: Green

Shapes: 3-D Shape Review, Circle Square, Triangle, Rectangle

CKH Character Trait: Courage

