



# SCHOOL START TIMES

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FEBRUARY 20, 2025

# REMEMBER OUR WHY



## **IMPROVED SLEEP**

Later start times align better with natural sleep cycles for teenagers.



## **CONSISTENT SCHEDULE**

The length of the school day for students will be consistent five days a week.



## **ADDITIONAL TEACHER TIME**

Teachers will have additional time in the day for professional learning and collaboration.



# HISTORY OF START TIMES

YEAR	GROUP	STATUS
2007	Administrators	Proposed a flip backed by National Sleep Foundation
2016	Committee convened of staff, administrators, parents, community	11 options provided to board with no recommendation
2021	Staff & administrators	11 options reduced to two: a preferred flip & a preferred shift
2023	Administrators & parents	Requested review of preferred flip. Central Nine and Honey Grove could not accommodate the flip. Athletics were impacted by later dismissal.

# TIMELINE FOR CHANGE



## SUMMER

## FALL 2024

## WINTER 2025

## SPRING 2025

- ✓ **April:** Administrator review/discussion
- ✓ **May:** Board Work Session
- ✓ **June:** Administrator review/discussion
- ✓ **July:** Administrator review/discussion
- ✓ **August:** Board Work Session

- ✓ **September:** Admin. review & discussion; CGCSC Guiding Coalition review & discussion
- ✓ **October:** Admin. review & discussion; CGCSC Guiding Coalition review & discussion; Survey of employees
- ✓ **November:** Admin. review/discussion of survey results; CGCSC Guiding Coalition review/discussion of survey results

- ✓ **December:** Corp. & building administrators review, refine options.
- ✓ **January:** Admin. review & discussion of revisions; CGCSC & Building Guiding Coalitions review revisions.
- ✓ **February:** Survey of staff, parents, & community on latest revision; Review results, make any necessary changes
- ☐ **February:** Board Recommendation of potential start times change

- ☐ Communication of potential student start times change for 2025-26 school year
- ☐ Continue conversation on teacher/staff schedules

# STUDENT START TIMES

	CURRENT			PROPOSED SHIFT of TIMES (Shift Start Time by 20 minutes-ES, 30 minutes-MS/HS; No Early Release; Reduce Student Week)				Comparison School Average	Indiana Required Minutes
	Start Time	End Time	Total Min./Day*	Start Time	End Time	Total Min./Day	Reduction Min./Wk.	Total Minutes	Total Minutes
<b>Elementary</b>	9:00 AM	3:45 PM	396	9:20 AM	3:55 PM	395	5	403	300
<b>Middle</b>	7:30 AM	2:40 PM	421	8:00 AM	2:50 PM	410	55	414	360
<b>High</b>	7:35 AM	2:50 PM	426	8:05 AM	3:00 PM	415	55	417	360

*\*Average of minutes removing ER time*





# PARENT/COMMUNITY INPUT

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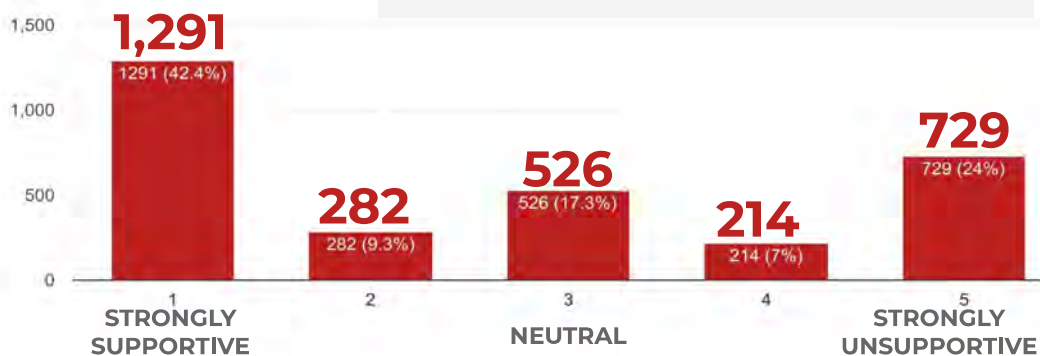


# PARENT/COMMUNITY SURVEY

## HOW SUPPORTIVE ARE YOU OF THE PROPOSED START TIME CHANGES FOR EACH GRADE LEVEL?

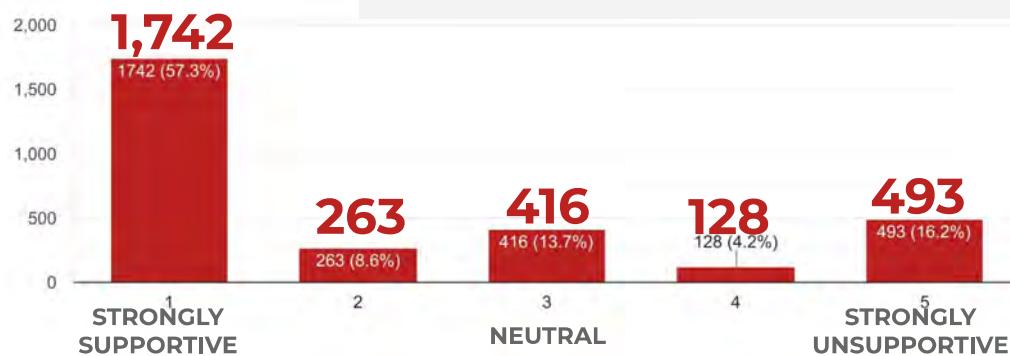
Elementary (9:20 AM - 3:55 PM):  
3,042 responses

**69.0% = SUPPORTIVE/NEUTRAL**



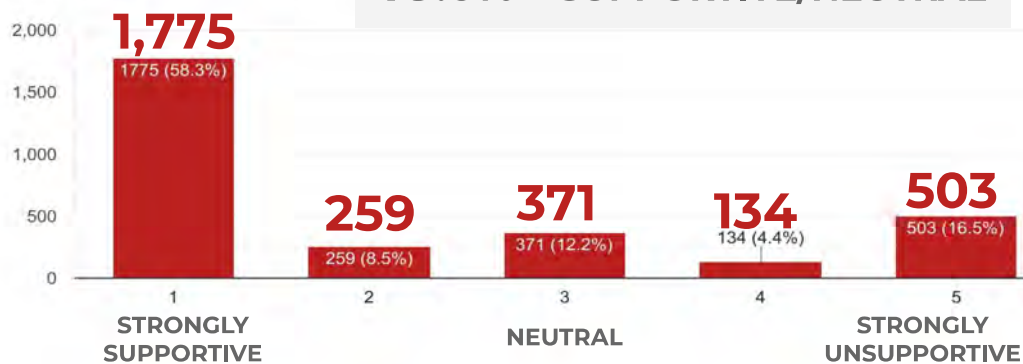
Middle School (8:00 AM - 2:50 PM)  
3,042 responses

**79.6% = SUPPORTIVE/NEUTRAL**



High School (8:05 AM - 3:00 PM):  
3,042 responses

**79.0% = SUPPORTIVE/NEUTRAL**

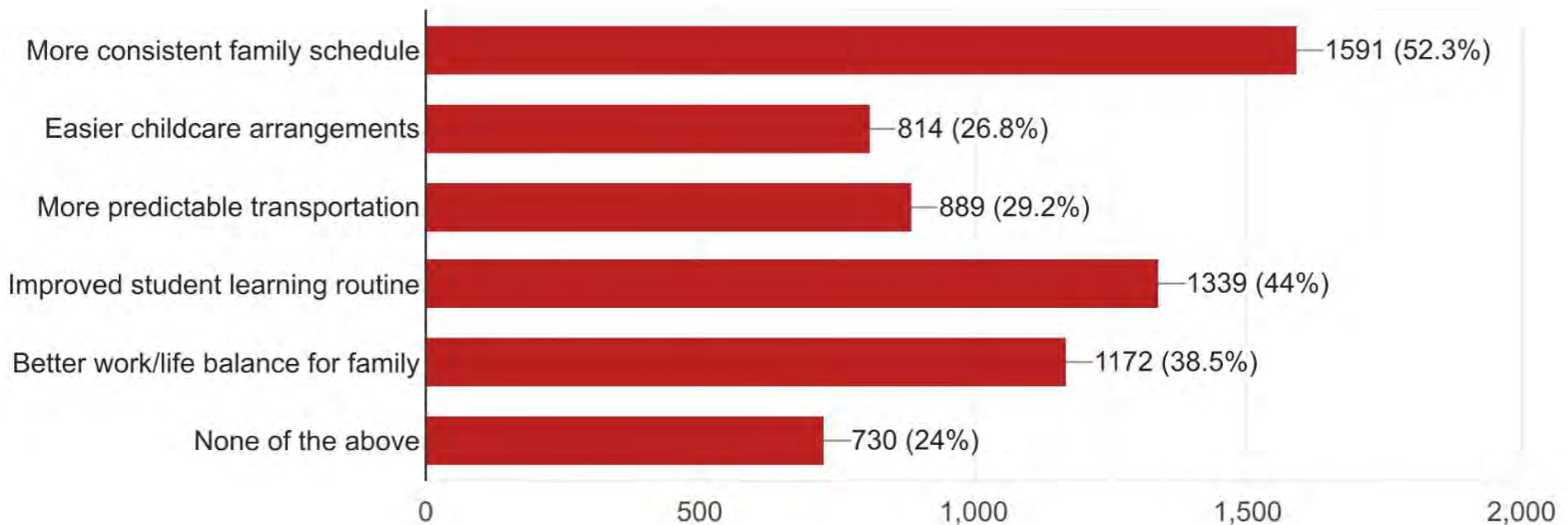


**TOTAL RESPONSES:  
3,042**

# PARENT/COMMUNITY SURVEY

Which benefits do you anticipate from the elimination of early release days? (Select all that apply)

3,042 responses

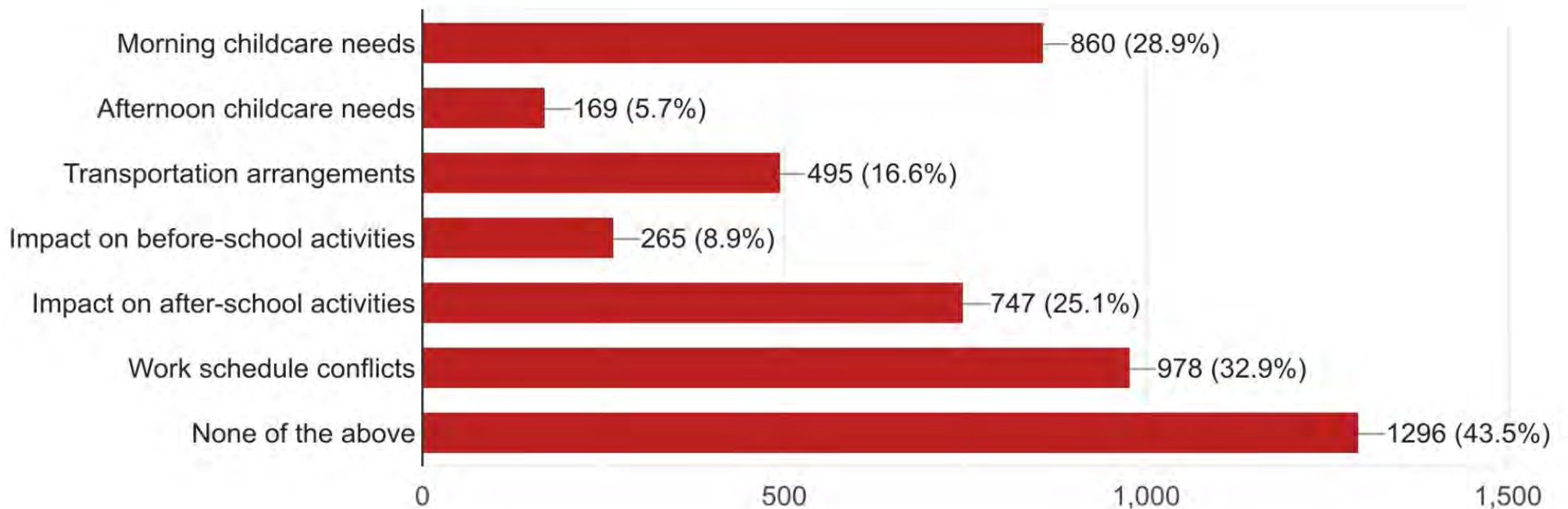




# PARENT/COMMUNITY SURVEY

What challenges do you anticipate with the new schedule? (Select up to two)

2,977 responses



A group of students is walking past several yellow school buses at dusk. The scene is dimly lit, with the buses' headlights and interior lights providing some illumination. The students are dressed in casual attire, including t-shirts, hoodies, and shorts. Some are carrying backpacks. The overall atmosphere is that of a busy school day ending or beginning.

# STAFF INPUT

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# STAFF COMMUNICATION

- Corporation Staff Newsletter: 6 times
- Email to Staff: 4 times
- Corporation Guiding Coalition: 4 times
- Survey of Staff: 2 times
- Survey of Parents/Community: 1 time
- Board Work Session (public): 2 times
- Building-Level Guiding Coalition & Leadership Team Meetings



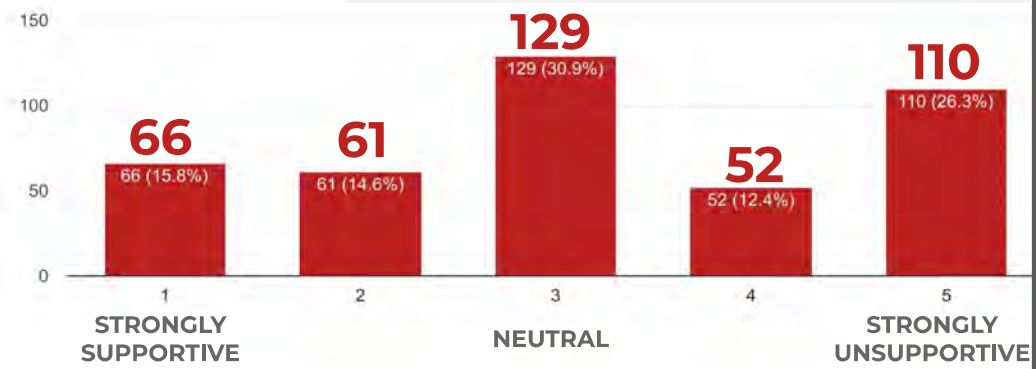
# STAFF SURVEY

## HOW SUPPORTIVE ARE YOU OF THE PROPOSED START TIME CHANGES FOR EACH GRADE LEVEL?



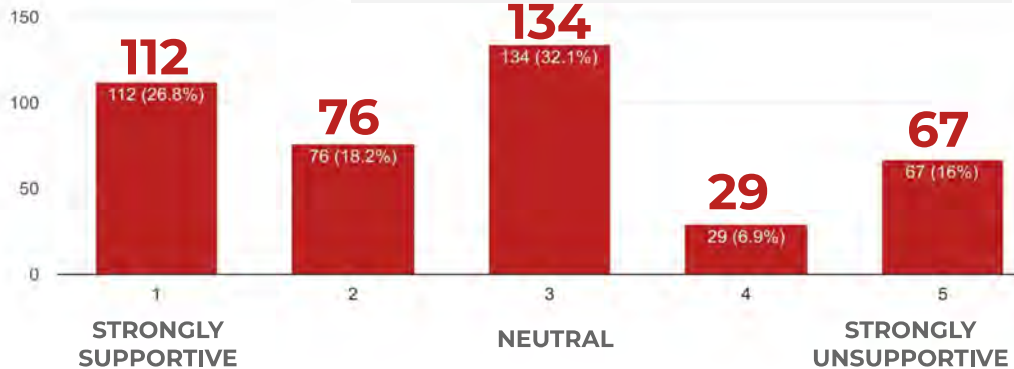
Elementary (9:20 AM - 3:55 PM):  
418 responses

**61.3% = SUPPORTIVE/NEUTRAL**



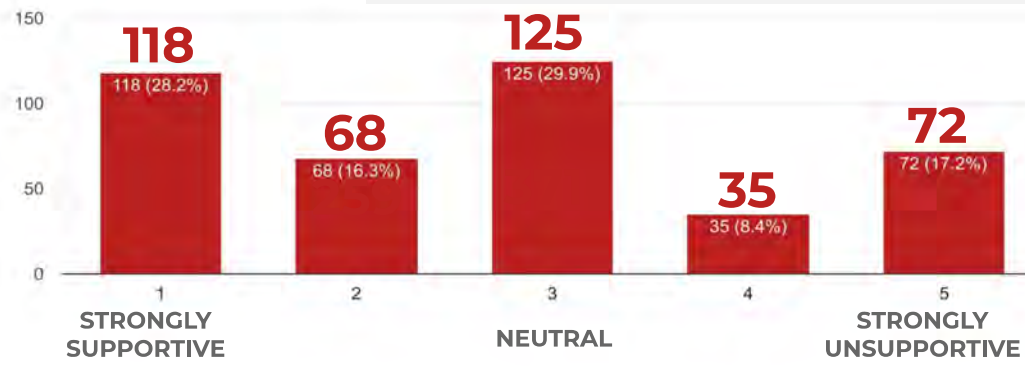
Middle School (8:00 AM - 2:50 PM)  
418 responses

**77.1% = SUPPORTIVE/NEUTRAL**



High School (8:05 AM - 3:00 PM):  
418 responses

**74.4% = SUPPORTIVE/NEUTRAL**



**TOTAL RESPONSES:  
418**



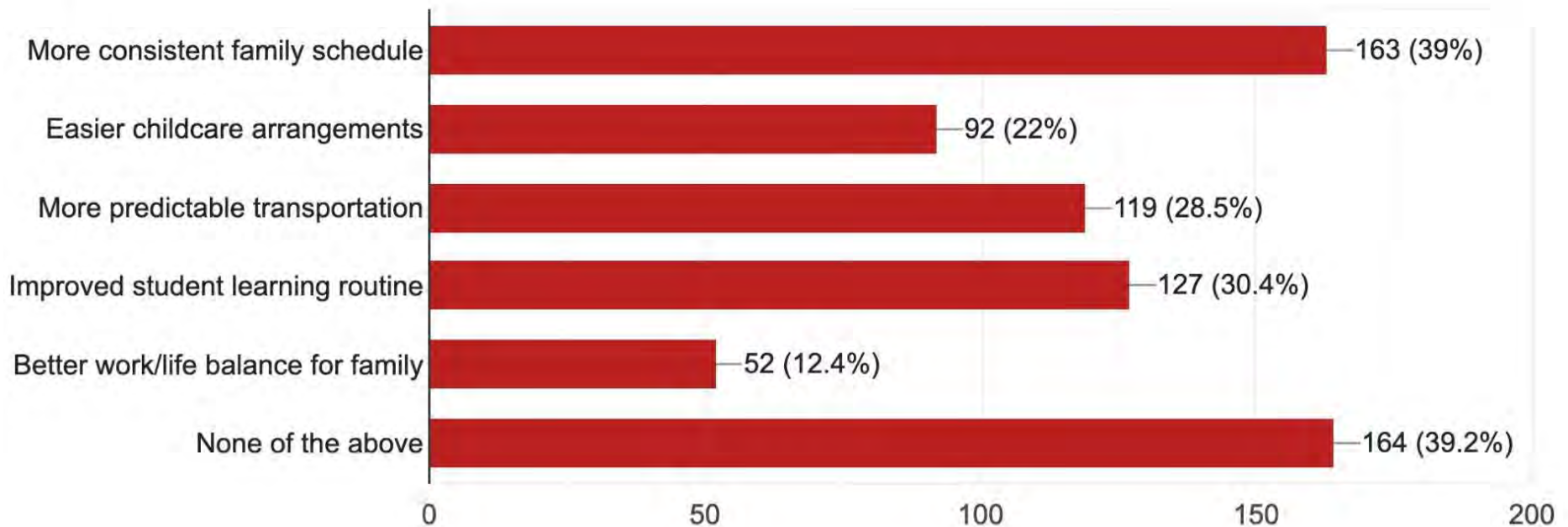


# STAFF SURVEY



Which benefits do you anticipate from the elimination of early release days? (Select all that apply)

418 responses

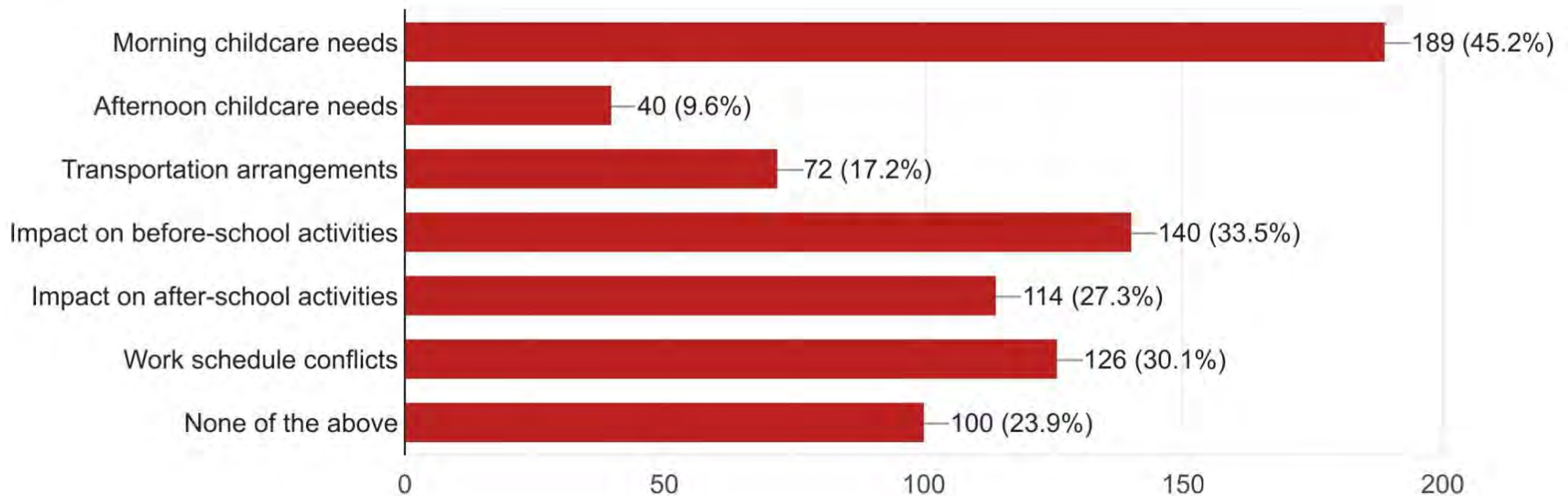




# STAFF SURVEY

What challenges do you anticipate with the new schedule? (Select up to two)

418 responses

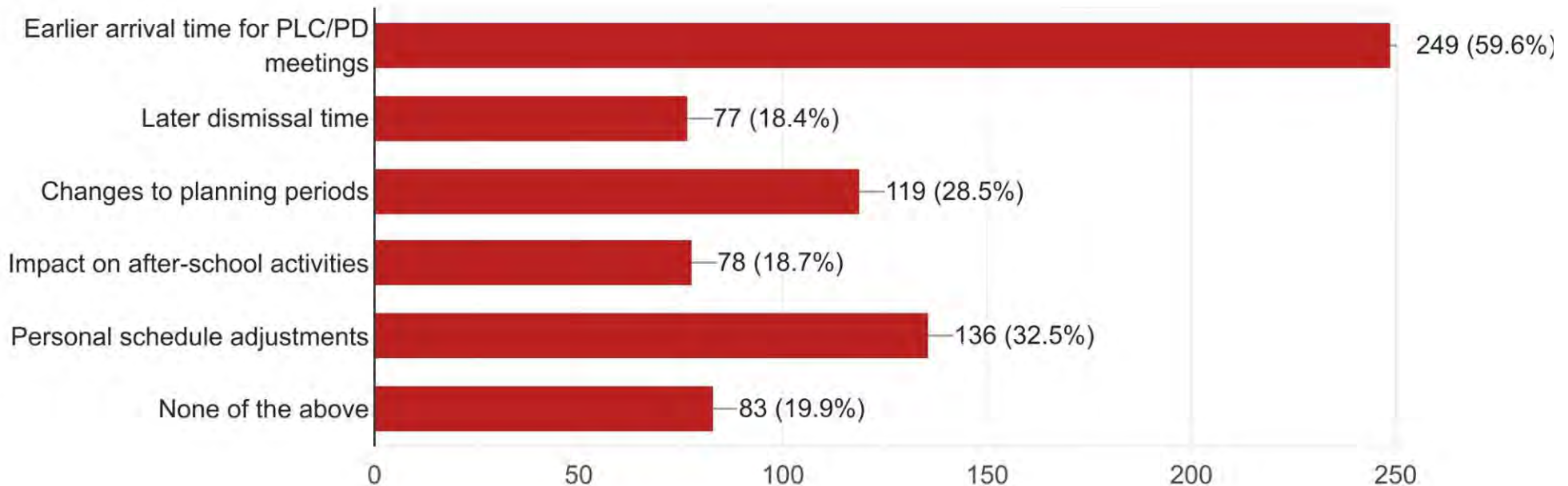




# STAFF SURVEY

Which aspects of the proposed schedule changes concern you most? (Select up to two)

418 responses





# STUDENT START TIMES FREQUENTLY ASKED QUESTIONS

- ***What is the impact on AM Clubs and Tutoring?***
  - Clubs will continue on Mondays, Wednesdays, & Fridays.
  - We will continue to discuss potential academic tutoring solutions.
- ***When will Case Conferences be held?***
  - Exploring rolling subs during the school day
- ***Will there be childcare options for families who need it?***
  - Honey Grove is aware & prepared for the potential change.
- ***Will the new schedule lead to afternoon fatigue for young students?***
  - The start time for elementary students would be 20 minutes later with dismissal just 10 minutes later.



**RECOMMENDATION**

**START TIMES  
RECOMMENDATION**

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**QUESTIONS?**