

Spring Wood Middle School - Athletics

2024-2025 School Year

Sport	Day	Coach	Season Begins
Cross Country	M T Th F	All Grades: Brester, Benages, & Ham	8/20
Girls Basketball	M T Th F	6th-7th Campbell 8th Pouloupoulos	9/25
Boys Basketball	M T Th F	6th-7th Campbell 8th Pouloupoulos	12/2
Cheerleading	M T Th F	All Grades - Brester	12/2
Girls Volleyball	M T Th F	6th-7th TBD 8th McMahel	2/05
Boys Volleyball	M T Th F	All Grades - Brester	2/05
Track & Field	M T Th F	All Grades: Brester, Benages, Seiffert, Scoles & Ham	4/08