

Rachel's Challenge

Join Kristi Krings, CEO of Rachel's Challenge, for an interactive learning session that addresses the urgent issues of student engagement, bullying, school violence, and youth mental health.

The Power of Kindness and Connection

Date: March 25, 2025 Time: 9AM-12PM

**Location: Sequoya High School,
750 Waverly Ave, Holtsville- Room 9
Cost \$50.00**

**REGISTER HERE
or scan QR Code**



SCAN HERE!

Grounded in the inspiring story of Rachel Joy Scott – the first victim of the Columbine shooting – this session provides educators with practical, evidence-based strategies to transform classroom culture, improve student engagement, and promote student well-being.

The HELPme app!
24/7 mental health

What You'll Learn:

- Proven techniques to build connection and inspire hope
- Classroom activities to foster kindness, empathy, and resilience
- Simple strategies to create safe, inclusive, and supportive learning environments

support for students,
staff, and families.

What You'll Walk Away With:

- Actionable tools you can implement immediately – including our **“180 Connections”** digital workbook
- Renewed hope in the power of your influence as an educator
- The confidence that kindness in your classroom can lead to lasting, positive change



*When students feel more
connected,
they are less likely to hurt
themselves or others.*

Plus, learn about the
HELPme app!
24/7 mental health
support for students,
staff, and families.

