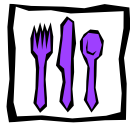


Walled Lake Central High School

LUNCH MENU



Central High Kitchen: 248-956-4735

Breakfast is available daily in the cafeteria includes juice or fruit, milk and a choice of one of the following:
Cheese, Yogurt, Breakfast Pastries,
Bagels, Assorted Cereals

Menu is subject to change without notification.

March

- 3/3 Pasta day/ tubbys subs/ chicken fingers
crispy chicken salad / pizza / roasted broccoli
- 3/4 Marcos/ regular or spicy chicken sandwich
Pasta salad / chicken finger pita/ corn
- 3/5 Soup day/ pepperoni bread/ bosco sticks
chicken tenders/ green beans
- 3/6 Marcos / baconburger or cheeseburgers
antipasto salad/ Italian or turkey subs/ cherry tomato
- 3/7 Fiesta bowl / chicken smackers
Pizza calzone/ Greek salads/ back bean salsa
- 3/10 Pasta day/ tubbys/ chicken fingers/ pizza
crispy chicken salads/ black bean salsa
- 3/11 Marcos/ spicy or regular chicken sandwich
Chicken finger pita/ fresh side salads
- 3/12 Soup day/ pepperoni bread/ bosco sticks
chicken tenders/ fresh carrots
- 3/13 ****1/2 day breakfast is still served****
- 3/14 Baked chicken leg/ chicken smackers/ pizza calzone
Greek salads/ mashed potatoes
- 3/17 Pasta day/ Rubeen stromboli/ chicken fingers
crispy chicken salad/ pizza/ coleslaw
- 3/18 Marcos/ regular or spicy chicken sandwich
Chicken finger pita/ pizza/ fresh carrots
- 3/19 Soup day/ chicken tenders/ bosco sticks
pepperoni bread/ garbanzo beans
- 3/20 Marcos/ baconburger or cheeseburger
Turkey or Italian subs/ side salads
- 3/21 Ground beef and gravy/ chicken smackers
pizza calzone/ Greek salad/ mashed potatoes
- **** 3/24-3/28 No school ****
- 3/31 Pasta day/ tubbys/ chicken fingers/ crispy chicken salad
Pizza / baked beans



Available Daily COMBO LUNCH :

free

LUNCH INCLUDES:
Entrée Vegetable
Fruit Bread/Grain Milk

A variety of fresh fruits and vegetables and whole grain breads are offered daily. A choice of low-fat, skim and flavored milk is served daily.

All students will be required to take 1/2 cup of fruit or vegetable with their lunch.

Also, portion sizes are required to be smaller & healthier.

In addition, "Specials of the Day" and daily choices include salads, reduced fat and calorie entrees and snacks, pizza, chicken and homemade deli sandwiches. Some entrees are priced slightly higher than the standard meal.

ALA Carte Sales available for Milk, Beverages and Snack items at a cost

Marco's Pizza
Tuesday's & Thursdays

We do not accept foreign currency. All cash will be deposited onto the students accounts.

No Change back

Please note that all checks returned to us due to insufficient funds are subject to a \$25.00 fee.

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