



2025

MARCH

Park Rapids High School

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Pancake Wrap Fruit, Juice and Milk Pizza Or Corndog Vegetable, Fruit and Milk	4	Breakfast Round Fruit, Juice and Milk Beef Taco Or SW Chicken Salad Vegetable, Fruit and Milk	5	Scrambled Eggs and Donut Fruit, Juice and Milk Cheeseburger Or Chix Tenders Or Chix Dumpling Soup Vegetable, Fruit and Milk	6	Mini Pancake and Sausage Fruit, Juice and Milk Pork Eggrolls Or Chicken Parm Sandwich Vegetable, Fruit and Milk	7	Breakfast Bowl Fruit, Juice and Milk Orange Chicken Or Chicken Crispito Vegetable, Fruit and Milk
10	Breakfast Croissant Fruit, Juice and Milk Pizza Crunchers Or Spicy Chicken Strips Vegetable, Fruit and Milk	11	Long John Fruit, Juice and Milk Chicken Fajita Bowl Or Caesar Salad Vegetable, Fruit and Milk	12	Stuffed Hashbrown and Donut Fruit, Juice and Milk Mac and Cheese or Hot Beef on Pretzel Bun Or Beef Noodle Soup Vegetable, Fruit and Milk	13	Biscuit and Gravy Fruit, Juice and Milk Spicy Chicken Sandwich Or Hot Ham on a Bun Vegetable, Fruit and Milk	14	Breakfast Pizza Fruit, Juice and Milk Teriyaki Chicken Or Cheese Calzone Vegetable, Fruit and Milk
17	Omelet and Muffin Fruit, Juice and Milk Boneless Chicken Chompers Or Bosco Sticks Vegetable, Fruit and Milk	18	Waffle Fruit, Juice and Milk Taco in a Bag Or Chef Salad Vegetable, Fruit and Milk	19	French Toast Sticks Fruit, Juice and Milk Buffalo Chicken Poppers Or Deli Sandwich Or Chicken Wild Rice Soup Vegetable, Fruit and Milk	20	Breakfast Burrito Fruit, Juice and Milk Chicken Tator Bowl Or PB&J Vegetable, Fruit and Milk	21	Cinnamon Roll Fruit, Juice and Milk Sweet and Sour Chicken Or Fish Sandwich Vegetable, Fruit and Milk
24	No School	25	Pancake Wrap Fruit, Juice and Milk Chicken Taco Or SW Chicken Salad Vegetable, Fruit and Milk	26	Breakfast Round Fruit, Juice and Milk Pulled Pork Sandwich Or Pizza Rolls Or Cheeseburger Soup Vegetable, Fruit and Milk	27	Scrambled Eggs and Donut Fruit, Juice and Milk General TSO's Chicken Or Breaded Chicken Sandwich	28	Mini Pancakes and Sausage Fruit, Juice and Milk Cheese Quesadilla Or Chicken Tenders Vegetable, Fruit and Milk
31	Breakfast Bowl Fruit, Juice and Milk Chili Cheese Fritos Or PB&J Vegetable, Fruit and Milk	[Customize this area with announcements, a la carte items, allergen info, etc.]							