

Counselor's Corner



March 2025

Mrs. Cain & Ms. Verbeten

COUNSELING MONTHLY FOCUS

Internet safety Presentations:

Officer Missy VanderWettering and Ms. Verbeten will be doing Internet Safety Presentations with 5th and 6th graders on March 17th and 19th. We will be discussing how to remain safe online, technology addiction, the important of screen breaks, cyberbullying, and more.

LINKS



[Common Sense Media](#)



[WI DOJ - Internet Crimes against Children](#)



[Entertainment Software Rating Board \(ESRB\)](#)

HELPFUL TIPS

March 7-8 is Global Day of Unplugging
<https://www.globaldayofunplugging.org/>

Whether it's just one hour or a full 24 hours, people everywhere will unplug from their screens to dive into offline activities, real-life conversations, in-person connections, and meaningful moments.

Unplugged Bingo Card:
<https://bingobaker.com/view/3501632>

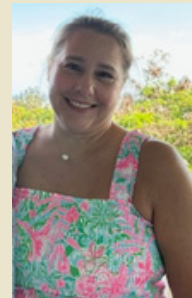
LET'S CONNECT!

Meet the school counselors:



Ms. Verbeten

~At Foxview
every day
Monday-Friday



Mrs. Cain

~At Foxview
M/T/TH



Contact us: jverbeten@depere.k12.wi.us or acain@depere.k12.wi.us