



SUMMER STRENGTH & CONDITIONING CAMP

2025 PEARLAND FOOTBALL

The purpose of the 2025 PHS Strength and Conditioning (SAC) Camp is to allow our students/athletes the opportunity to develop good conditioning habits while working with current and/or future PHS athletes while away from their regular school routine. We feel this will benefit them many times over for the upcoming 2025-26 competitive season. The camp is staffed with PHS coaches and is available to any football player in the fall of 2025. If you should have any questions, please call B.J. Gotte at 281-997-3281 or email gottew@pearlandisd.org. We look forward to a great summer with our current and future PHS oilers!

Monday, June 2nd – Friday, July 17th (28 workouts)

PHS Football Session 1 – 9th - 12th 8:00 am to 10:00 am

Weekly: Monday – Tuesday – Wednesday – Thursday

No SAC Camp – July 3rd

Registration and Payment Information

Please scan the QR Code below to register and pay for PHS SAC Camp:



The camp payment is \$165.00

Must have a current Pearland ISD physical form on file. Physicals from the 2024-2025 school year count.