



NYS Apples

April 2025 K-12



Breakfast West Valley



Monday	Tuesday	Wednesday	Thursday	Friday
31 Breakfast Wrap 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1 Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Chocolate Cherry Granola Bake 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Breakfast Pizza 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Pop Tart 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Cranberry Oat Granola Bake 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Cinnamon Roll 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Muffin W/ Graham Fish 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Breakfast Wrap 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14 	<h2>Spring Break!!</h2>			18 
21 	22 Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Bagel Breakfast Sandwich 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Muffin W/ Graham Fish 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 Pop Tart 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
28 Chocolate Cherry Granola Bake 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Breakfast Pizza 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Bagel W/ Assorted Toppings 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		Happy Spring

NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Eden Valley Growers
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup
may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy, please contact the food service office @ (716)771-8685

Student \$0.00