

Week 1	Pancake bites Fruit Milk Syrup	Cold Cereal Fruit Orange Juice Milk	French Toast Butter & Syrup Fruit Milk	Oatmeal Fruit Apple Juice Milk	Turkey Sausage and egg calzone Fruit Apple Juice Milk
Week 2	Biscuit & sausage patty Gravy Fruit Milk	Breakfast boat Fruit Orange Juice Milk	Waffle Butter & Syrup Fruit Milk	Apple cinnamon muffin Fruit Juicy Juice Vegetable juice Milk	Pancake bites Fruit Milk Syrup

LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Beef & Bean Burrito w/ Cheese Corn and Rice Fruit Milk ketchup, tabasco sauce	Baked Salmon Carrots Fruit Brown Rice Milk	Chicken Empanada pinto beans Mexican Rice, Tabasco Sauce Fruit Milk	Corn Dog Potato Wedges Fruit Milk Ketchup, Ranch, BBQ Sauce	Spagetti & Meatballs Broccoli Fruit Cocoa Krispies Treat Milk
Week 2	Chili con Carne w/beans and cheese corn Fruit Milk Corn muffin and butter	Popcorn chicken Potato Wedges Fruit Milk BBQ, Ranch, Ketchup	Salmon Tacos Seasoned Rice & pinto beans Fruit Milk Tartar sauce	Albies Cheese Calzone Sweet Potato Fries Fruit Milk	Stuffed Pepperoni Pizza Broccoli Fruit Cocoa Krispies Treat Milk
Week 3	Cheeseburger Potato Wedges Fruit Milk Ketchup, Mustard, Mayo	Baked Salmon Carrots Fruit Brown Rice Milk Tartar Sauce, Soy Sauce	Popcorn chicken Sweet Potato Fries Fruit Milk BBQ, Ranch, Ketchup	Salmon Chowder Baked Beans Fruit Corn Muffin & Butter Milk	Spagetti & Meatballs Broccoli Fruit Cocoa Krispies Treat Milk
Week 4	Salmon Rolls Sweet Potato Fries Fruit Milk Tartar Sauce	Chicken Sandwich Corn & Mashed potatoes Fruit Milk Ranch, BBQ, Mayo	Corn Dog Carrots Fruit Milk Ketchup, Ranch, BBQ Sauce	Tortilla Crisp Baked Beans Fruit Milk	Stuffed Pepperoni Pizza Broccoli Fruit Cocoa Krispies Treat Milk

This institution is an equal opportunity provider.

SWRSD MASTER MENU
2023-2024