

THE WEST GIRLS COACHING STAFF  
INVITES ALL INCOMING 7TH AND 8TH  
GRADE GIRLS TO ATTEND THE WEST  
STRENGTH AND CONDITIONING CAMP.

**WHO:** 7TH & 8TH GRADE GIRLS

**WHEN:** MAY 27TH – JUNE 26TH

**MONDAY – THURSDAY**

**(EXCEPT WEEK 1 TUE.-FRI)**

**9:00 AM – 11:00 AM**

**WHERE:** PJH WEST

**COST:** \$115 REGISTRATION

\$135 LATE REGISTRATION

**What to Bring:**

**Shorts, T-shirts**

**Running shoes**

**Water (gallon jug )**

**Sunscreen**

**Medications (If applicable)**

**Towel**

**A HARD WORKING ATTITUDE**

**WATER WILL NOT BE PROVIDED.**

**ALL PARTICIPANTS MUST HAVE A  
PHYSICAL ON FILE WITH PJH WEST  
AFTER APRIL 1, 2025.**

**REGISTRATION INFORMATION**

**ALL STUDENTS SHOULD REGISTER ONLINE  
BY MAY 16TH .**

**After May 16th, there will be a late fee (\$20)  
and students need to register at camp on the  
first day.**

**PLEASE SCAN QR CODE BELOW TO  
REGISTER AND PAY FOR YOUR ATHLETE**



**Registration is ONLY Available ONLINE  
through above link**

**Camp Directors**

Blair Gray—grayb@pearlandisd.org

Brandy Cagle—cagleb@pearlandisd.org

**SportsYou App**

**This App is for us to communicate with  
the parents about information & changes.**

**We need at least one Parent per Player  
signed up for this App.**

**Scan QR code below to sign up for Sports  
You.**



This athletic camp/clinic follows guidelines set  
forth by Pearland ISD and the UIL.

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PHYSICAL ON FILE WITH JH WEST AFTER  
APRIL 1, 2025**