

# Spring 2025

## BREAKFAST

This is the weekly breakfast menu for **K-5 Elementary Schools**

**Thanks for your feedback!** We have incorporated new cereal flavors into our breakfast menu; each option continues to contain 6 grams of sugar or less per serving.



In March we will serve Kix, Cinnamon Toast Crunch, and Blueberry Chex (which is gluten free).

### MONDAY

The Breakfast Menu repeats on a weekly basis.

### TUESDAY

For information on our new breakfast items, visit [schoolcafe.com/mmsd](http://schoolcafe.com/mmsd) to see pictures, descriptions, and allergens.

### WEDNESDAY



### THURSDAY

### FRIDAY

**Soft-Filled Cinnamon Toast Crunch Bar**  
Cereal Variety  
Sliced Apples  
String Cheese  
Apple Juice

**Oatmeal Granola Bar**  
Cereal Variety  
Frozen Strawberry Cup  
Cinnamon Applesauce  
Strawberry Yogurt

**Chocolate Muffin**  
Cereal Variety  
Sliced Apples  
Mango Wango Juice  
String Cheese

**Waffle**  
Cereal Variety  
Craisins  
Strawberry Applesauce  
Strawberry Yogurt

**Blueberry Muffin**  
Cereal Variety  
Peach Cup  
Sliced Apples  
String Cheese

Milk Available Daily  
1% White Milk  
Skim White Milk  
A la carte milk is \$0.50

This institution is an equal opportunity provider

# Spring 2025

## BREAKFAST

This is the weekly breakfast menu **with allergen information** for K-5 Elementary Schools

A variety of cereal is available daily.  
**Cheerios, Blueberry and Cinnamon Chex** are Allergen Free.  
**Kix** Cereal may contain Wheat (Gluten).  
**Cinnamon Toast Crunch** contains Gluten and Soy.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



MADISON METROPOLITAN SCHOOL DISTRICT

The Breakfast Menu repeats on a weekly basis.

Visit [schoolcafe.com/mmsd](http://schoolcafe.com/mmsd) to see pictures, descriptions, and allergens of our breakfast items.

**Soft Cinnamon Toast Crunch Bar**  
**Contains:** Gluten, Milk

Sliced Apples, Apple Juice, String Cheese

**Oatmeal Granola Bar**  
**Contains:** Gluten, Milk, Soy, Egg

Frozen Strawberry Cup  
 Cinnamon Applesauce

**Chocolate Muffin**  
**Contains:** Gluten, Egg, Milk, Soy

Sliced Apples, String Cheese, Mango Juice

**Maple Waffles**  
**Contains:** Gluten, Egg, Milk, Soy

Craisins, Yogurt  
 Strawberry Applesauce

**Blueberry Muffin**  
**Contains:** Gluten, Soy, Egg

Peach Cup, String Cheese  
 Sliced Apples

Mango Wango juice is the most fun way to drink your veggies!

No major allergens present.



String Cheese contains dairy.

Strawberry Yogurt contains dairy.



Refined sunflower oil is used in the processing of the craisins.



Milk Available Daily

1% White Milk  
 Skim White Milk

A la carte milk is \$0.50

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