

**BREAKING
NEWS**

✧ The Grizzly Gazette ✧

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**BREAKING
NEWS**

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IMPORTANT INFORMATION



MARCH 2025

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FRIENDS, BULLIES, AND THEIR AFFECTS

WE ALL HAVE FRIENDS, BUT HAVE YOU EVER WONDERED IF THEY ARE ACTUALLY YOUR FRIEND? A REAL FRIEND IS SOMEONE WHO SPENDS TIME WITH YOU WHEN THEY ARE NOT BUSY WITHOUT COMPLAINING, A GOOD FRIEND WILL COMFORT YOU WHEN YOU ARE DOWN AND STANDS UP FOR YOU WHEN A BULLY IS PICKING YOU ON. A GOOD FRIEND MAKES YOU FEEL HAPPY, INCLUDED, VALUED, AND APPRECIATED. THESE ARE GOOD TRAITS OF A FRIEND. WE HAVE ALL HAD SOMEONE PICK ON US, BUT WHEN THINGS GO TOO FAR WHAT HAPPENS? BULLIES ARE PEOPLE WHO USE PHYSICAL AND EMOTIONAL HARM TO AFFECT YOU IN NEGATIVE WAYS THAT MIGHT LEAD TO A HARMFUL CONSEQUENCE. THE BULLY MAY HARM YOUR PRIDE AND SELF-CONSCIOUSNESS. ALSO, THE VICTIM MAY BECOME SAD AND BEAT DOWN. SADLY, IF IT BECOMES OVERWHELMING TO THE VICTIM OF THIS BULLYING IT CAN CAUSE THE VICTIM HARM THEMSELVES OR HAVE SUICIDAL THOUGHTS. BULLYING LEADS TO NEGATIVE EFFECTS LIKE, YOU FEEL HURT, DEPRESSED, AND UNVALUED. SABLATURA IS A GREAT SCHOOL, BUT SOME CHANGES MUST BE MADE, AND THAT CHANGE CAN BE YOU! IF YOU SEE SOMEONE EXCLUDING SOMEONE STAND UP FOR THEM AND INVITE THEM TO JOIN YOU. IF YOU SEE SOMEONE BEING BULLIED, TELL A TEACHER. BULLYING IS NOT OKAY LET US MAKE SABLATURA A BULLY FREE ZONE!

Recycling

WHY DO WE RECYCLE? PEOPLE RECYCLE BECAUSE THEY REALIZE THE IMPORTANCE OF SAVING THE EARTH. MS. SADLER RECYCLES BECAUSE HER AND HER FAMILY WANT TO DO THEIR PART IN HAVING A BETTER EARTH. RECYCLING ISN'T JUST SENDING SOMETHING TO A RECYCLING PLANT, IT CAN ALSO BE FINDING A NEW PURPOSE FOR TRASH THAT COULD HAVE GONE TO OUR LANDFILLS THAT ALREADY CONTAIN TOO MUCH TRASH AND WASTE THAT COULD HAVE BEEN RECYCLED. MAKING ART OUT OF RECYCLING CAN HELP YOU BE CREATIVE AND SEE PEOPLE IDEAS. THE WORST THING FOR THE ENVIRONMENT IS PLASTIC IT CAUSES HARM EVERYWHERE TO THE EARTH AND TO THE OCEANS. IT'S BAD FOR THE EARTH BECAUSE IT CAN RELEASE HARMFUL TOXINS IN THE AIR AND GROUND. PLASTIC IS BAD FOR THE OCEAN BECAUSE THEY CAUSE ANIMALS TO CHOKES ON IT AND RELEASES MORE TOXINS. PLASTIC HAS ALSO BEEN A MAJOR CONTRIBUTOR TO CLIMATE CHANGE, THIS IS WHY PLASTIC IS OUR #1 ENEMY, AND WE NEED TO REDUCE OUR USAGE AND RECYCLE PLASTIC MORE. WE ALL NEED TO DO OUR PART IN THE FIGHT AGAINST CLIMATE CHANGE. RISE TOGETHER AND PROTECT OUR BEAUTIFUL EARTH. THIS IS YOUR CALL TO ACTION RECYCLE!!!

Upgrade Your Care

Tips for Treating Your Computer with Care

To keep your computer in good shape, store it in a safe place like the teachers' room. Keep cables organized and assign each computer to a specific person, so they take care of it. Following these simple steps will help your computer last and stay in shape for longer.

Assigning a computer to one person helps them feel more connected to it. As a teacher said, "It gives more ownership and responsibility for the computer, because they will be using it for the rest of the year." This makes students want to take better care of the device. Also, if a computer breaks, it's easier to find out who was using it, which helps in finding who broke it. Overall, this promotes connection between students and their computers.

Keeping a computer in one room helps keep it in good condition because it stops people from putting things on top of it, which can put too much pressure on it and lead to damage. Also, when you carry a computer, make sure not to slam it down or throw it on a surface, as this can cause it to break. These steps are important for keeping your computer safe.

Secondly, by organizing them, the computer will not get lost as much as the likeliness of the computer being misplaced and stepped on lower. How it lowers is by having them in a neat pile it will be easier to see that one is missing which causes people to be more observant.

In conclusion, having students use only one computer in a designated room can help maintain the computers' condition. This approach reduces wear and tear from multiple users and creates a more focused environment, ultimately promoting efficient use of technology in the school.

Tipton's Tips-Spring Break 2025

OUTDOOR ADVENTURE DAY—ENJOY A BEAUTIFUL DAY

BIKE RIDE OR WALK AROUND THE NEIGHBORHOOD: A FUN, ACTIVE WAY TO EXPLORE THE AREA AND ENJOY THE FRESH SPRING AIR.

DIY CRAFT PROJECTS—YOU CAN DO IT!

TIE-DYE T-SHIRTS: A FUN AND COLORFUL PROJECT THAT CAN BE DONE AT HOME. YOU CAN MAKE IT A GROUP ACTIVITY WITH FRIENDS OR FAMILY.

COOKING AND BAKING FUN—YOU GOT CULINARY SKILLS!

BAKE SPRING TREATS: TRY MAKING CUPCAKES, COOKIES, OR OTHER BAKED GOODS DECORATED WITH SPRING THEMES (FLOWERS, BUTTERFLIES, ETC.).

HOMEMADE POPSICLES: USE FRUITS LIKE BERRIES AND ORANGE JUICE TO CREATE REFRESHING, HEALTHY POPSICLES.

CREATE YOUR OWN PIZZA: MAKE YOUR OWN PIZZA BY CHOOSING TOPPINGS, THEN ENJOY A DELICIOUS MEAL TOGETHER WITH FAMILY AND FRIEND.

SPRING BREAK FITNESS CHALLENGE—GIVE YOUR DEVICE A BREAK

OBSTACLE COURSE: SET UP AN OBSTACLE COURSE IN THE BACKYARD OR PARK AND CHALLENGE FAMILY OR FRIENDS TO COMPLETE IT.

DANCE PARTY--KARAOKE: PUT ON SOME FUN MUSIC AND HAVE A DANCE-OFF OR SING TO BURN OFF SOME ENERGY!

CREATIVE WRITING OR STORYTELLING—LET YOUR MIND BE FREE

WRITE A SPRING BREAK DIARY: ENCOURAGE YOURSELF TO WRITE DOWN DAILY ADVENTURES OR CREATE A FUN SPRING BREAK-THEMED STORY.

COMIC BOOK CREATION: DRAW AND WRITE A COMIC BOOK THAT TELLS AN EXCITING ADVENTURE OR STORY.

SPRING BREAK MOVIE MARATHON—RELAX AND ENJOY YOURSELF

OUTDOOR MOVIE NIGHT: SET UP A PROJECTOR OR TV OUTSIDE AND WATCH A SPRING- THEMED MOVIE UNDER THE STARS.

THEMED MOVIE DAY: PICK A SERIES OF MOVIES OR SHOWS AND HAVE A MOVIE MARATHON WITH POPCORN!

MAKE THE WORLD A BETTER PLACE—GIVING BACK

HELP A NEIGHBOR: SPEND TIME HELPING A NEIGHBOR WITH SPRING CLEANING OR YARD WORK. YOU CAN ALSO DONATE OLD CLOTHES OR TOYS TO A LOCAL CHARITY.

COMMUNITY CLEANUP: ORGANIZE A SMALL COMMUNITY CLEANUP TO HELP BEAUTIFY LOCAL PARKS OR YOUR NEIGHBORHOOD.

THESE ACTIVITIES WILL KEEP YOU ACTIVE, CREATIVE, AND ENGAGED, WHILE ALSO GIVING YOU PLENTY OF OPPORTUNITIES TO LEARN NEW THINGS AND HAVE FUN. I LOOK FORWARD TO HEARING ABOUT YOUR SPRING BREAK 2025 ADVENTURES!

**The Bay Area Houston Alumnae Chapter
Delta Sigma Theta Sorority, Inc.**

presents the 2025

Annual Poetry Contest

Showcase your poetic talents in our
annual poetry contest for students at
Sabalatura Middle School!

****See Your Reading Teacher For More Details****

Prompts:

- Color Me Happy
- Things that make you smile
- Be the change you want to see
- Try to be the rainbow in
someone's cloud

**Winners will be
announced April 4, 2025**

**Email any questions and your completed entry to
artsandletters@bahadeltas.org by March 26, 2025**

May be typed or
written



MUST include name,
age, and grade

MUST be submitted
electronically

The Arts & Letters Committee promotes participation
and appreciation of artistic endeavors through cultural
events and activities

Prizes for 1st,
2nd & 3rd
place

We Need Art

 **Show Us Your Talent!** 

Do you have a passion for drawing, painting, photography, or graphic design?

The Grizzly Gazette wants YOUR art!

We are looking for vibrant, creative pieces to feature in our upcoming issues. Whether it's illustrations, digital art, or photographs, we want to showcase the amazing talent in our school!

Submission Guidelines:

- Theme: Open (Anything that expresses your creativity!)
- Accepted mediums: drawings, paintings, photos, digital art, and more
- Submit your artwork to tragethonk@pearlandisd.org or moralesm@pearlandisd.org by the 10th of every month.
- Please include your name, grade, and title of the artwork.
- All artwork must be school-appropriate.

Selected pieces will be in the next edition of our school newspaper and may also be featured on our social media pages!

Let your creativity shine and be a part of something special!

For any questions, contact the school Editor Lanson Piper at piperl@pearlandisd.org.

Happy creating!