Breakfast is Fuel For Your Body HHS Breakfast HHFKA 9-12 (age 14-18)

Students receive 1 free Breakfast Meal

Monday

Tuesday

Wednesday

Thursday

Friday

Feb 3

Cereal
Breakfast Pizza
Hashbrowns
Pancakes WG
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Fruit Juice
Milk-Variety

Feb 4

Cereal
Sausage Muffin/Cheese
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 5

Cereal
Breakfast Burrito
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 6

Cereal
Breakfast Pizza
Hashbrowns
Banana Muffin
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Cereal akfast Pizza

Feb 7

Breakfast Pizza Hashbrowns Pan Dulce Sausage Links Yogurt Parfait fruit, fresh Juice Milk-Variety

Feb 10

HOLIDAY

Feb 11

Cereal
Breakfast Pizza
Hashbrowns
Pancakes WG
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 12

Cereal
Biscuits & Gravy
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 13

Cereal
Muffin choc/chip
Sausage Links
Yogurt Parfait
Bagel
Hashbrowns
fruit, fresh
Juice
Milk-Variety

Feb 14

Cereal
Sausage Muffin/Cheese
Hashbrowns
Pan Dulce
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 17

HOLIDAY

Feb 18

Cereal
Breakfast Pizza
Hashbrowns
Pancakes WG
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 19

Cereal
Sausage Muffin/Cheese
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 20

Cereal
Breakfast Pizza
Hashbrowns
Breakfast Bun
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 21

Cereal
Bagel
Hashbrowns
Banana Muffin
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 24

Cereal
Breakfast Pizza
Hashbrowns
Pancakes WG
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 25

Cereal
Sausage Muffin/Cheese
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 26

Cereal
Breakfast Burrito
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 27

Cereal
Breakfast Pizza
Hashbrowns
Banana Muffin
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Feb 28

Cereal
Breakfast Pizza
Hashbrowns
Breakfast Bun
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Menu options are subject to change, depending on availability

This Institution is an equal opportunity provider