



**3 >>> 21**

**World Down Syndrome Day (WDSD), March 21st, is a global awareness day which has been officially observed by the United Nations since 2012.**

**Since the chromosomes look like socks, you can “rock your socks” by wearing mismatched, colorful, zany socks on 3/21 to support and create awareness.**



**Help raise awareness of what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.**

**Make sure to take pictures and videos and post them on Social Media using the hashtags #LotsOfSocks, #WorldDownSyndromeDay and #mysact**

