

Week 17th – 21st March: Temptations

In preparing for Easter, Christians keep the 40 days of Lent, remembering how Jesus faced temptation in the wilderness. Our reflections this week explore how we face temptation and how we resist it. It's a theme encountered in various spiritual traditions.

Inspiring Words from Holy Books

If we have food and clothing, we will be content with these. But those who want to be rich fall into temptation and are trapped by many senseless and harmful desires that plunge people into ruin and destruction. (1 Timothy 6:8-9)

[Joseph's brothers] brought his shirt, stained with false blood. [Their father Jacob] replied, "No! Your souls must have tempted you to do something evil." (Yusuf Q 12:18)

It is a man's own mind, not his enemy or foe, that lures him to evil ways. (Gautama Buddha)

Reflection & Prayer

O God,
when we face times of testing and trial
we know we are tempted to lose sight
of the goals that we truly set ourselves.
Help us to keep our eyes fixed
on what truly matters
that we may know life in its fullness. Amen.

Temptations: 17 th – 21 st March 2025	
Monday	I would dearly love to resist the temptation ... to worry. It's boring, it's anti-social, it's unproductive and it's depressing. -- Peter Mayle
Tuesday	The biggest human temptation is to settle for too little. -- Thomas Merton
Wednesday	The temptation to quit and start over infects every creative process I've ever been in. Frustration and boredom always fuel this self-doubt. -- Robert Lopez
Thursday	We all have vulnerabilities that can sidetrack us from reaching our goals. Recognize the times when you're most likely to give into temptation, and make it harder for a single moment of weakness to sabotage your best efforts. -- Amy Morin
Friday	The biggest temptation I believe is to feel comfortable... and ... satisfied with this life. -- Nick Vujicic