

**You deserve to be safe** and so do the people around you. Knowing how to keep everyone safe starts with information and education. Friends for Life is a campaign that helps people:

- 🗣️ **Understand** what illicit fentanyl is and how it affects Washington
- 💬 **Learn** how to help teens avoid opioids like fentanyl
- 🔍 **Recognize** how to spot and respond to an opioid overdose
- 👍 **Discover** how to access and use naloxone (Narcan)

## Join the training!

**When:** March 26, 2025 | 6 pm

**Where:** Online Zoom

**Register** using the link below!

[bit.ly/ffl-113-25](https://bit.ly/ffl-113-25)

*True North Student Assistance and Treatment Services, a division of ESD 113, provides comprehensive behavioral health services to school-aged students in Grays Harbor, Lewis, Mason, Pacific, and Thurston counties.*

*Certified by the Department of Health, we offer outpatient and intensive outpatient treatment, including evaluation, intervention, mental health, and substance abuse services.*

*Our mission is to guide students, families, and schools through challenges related to violence, substance abuse, and mental health issues, working together to create safe and drug-free learning environments.*

Learn more at [truenorth113.org](https://truenorth113.org)



**TRUE NORTH**  
AT CAPITAL REGION ESD 113

Washington State  
Health Care Authority



# overdose prevention **FRIENDS FOR LIFE**



Friends for Life is a Washington state campaign funded by the Washington State Health Care Authority. It offers clear, practical information about illicit fentanyl, opioid overdoses, and naloxone (Narcan). The campaign teaches community members how to help teens steer clear of opioids and how to recognize and respond to an overdose.

*This campaign is funded by the Washington State Health Care Authority (HCA).*

