

Freshman Transition Packet





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Credits

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School Counselor



Credits

- 1. What are they?
- 2. How many do I need my freshman year?
- 3. How many do I need to graduate?



What is a Credit?

- It represents the completion of a course.

- Each semester you will earn a ½ credit, unless you are taking a gym class. All PE classes will be worth a ¼ credit.



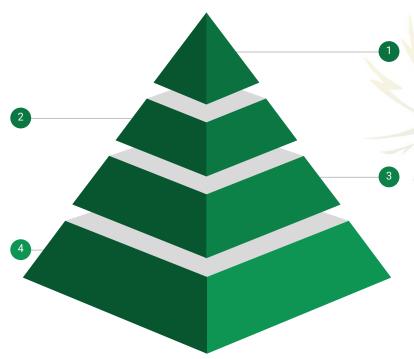
The Journey

Junior Year

A new door opens as you dive deeper into your passions- IB, AP, CCP, CT and the Arts. By the end of this year you should have **18 credits** and a strong idea of your interests after high school.

Freshman Year

This foundational year is to take your core classes and explore what we have to offer in electives. You should have **6-7 credits**



Senior Year

Finishing off strong in the areas you are passionate about! Completion of **22 credits**.

Sophomore Year

You have a little better idea of what you would like to do in your future. You are making sure that you have 12-14 credits earned by this time. The more credits you have the more flexibility you have to take the courses you are passionate about your junior year.



Subject Area	# of Credits Required	Specific Courses Required
English	4	English I-IV
Math	4	Algebra I, Geometry, Algebra II & another advanced math
Science	3	Physical Science, Biology & another advanced science
Social Studies	3	World History, American History & American Gov't
Fine Art	1	Band, Choir, Drama, etc. CT students are exempt
Physical Education	0.5	PE Waiver = athletics/band for two seasons
Health	0.5	Typically completed in 8th grade
Electives	6	Financial Literacy is a requirement



Course Requests

Dawn Jones-Harrington School Counselor



F-Core H3 STEM

English I, World History & Physical Science

Honors English I, Honors World History & Honors Physical Science

The same as H3 plus STEM Tech class



Math Classes

- Students have 4 options when they begin taking math at GlenOak:
 - Algebra- this 1 credit class is required to be earned by all students by the end of their freshman year.
 - Honors Algebra- students go into the material deeper and the tempo is quicker
 - Honors Geometry- students took Algebra as an 8th grader
 - Honors Algebra II- students took Geometry as an 8th grader



Course Requests





Course Request Suggestions

- Take time to explore new opportunities/interests.
- Keep in mind that these are requests and not guaranteed classes.
- We will provide an All-Call, late in May, to let families know when courses for next year have been verified.



Course Request Process

- March 13th-20th HAC (Home Access Center) will be

open for students to request their classes

- March 17th & 18th 8th graders visit GOHS to learn about the scheduling process & explore our

Career Tech opportunities

- March 19th &20th Conferences are offered to help families with the scheduling process.

Refer to page 2 of the packet.



Athletics

Noah Dockus Associate Athletic Director



Why GlenOak Athletics?

History of Excellence

College Signings This Year:

Team and Individual Success

Division 1: 4 athletes Division 2: 7 athletes Division 3: 5 athletes





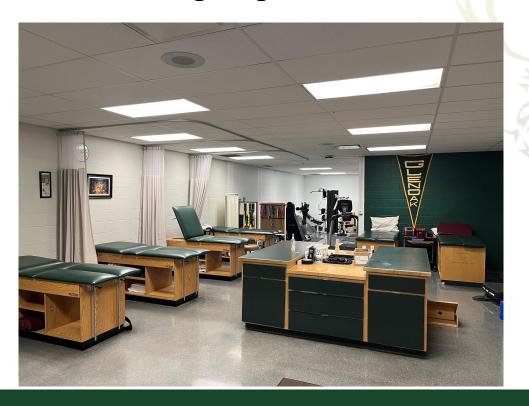
Why GlenOak Athletics?

Constantly improving our facilities each year.



Why GlenOak Athletics?

Athletic Training / Sports Medicine Program





Athletics & Credits



★ Credits for eligibility are important:

- You are required to pass 5 classes per grading period.
- Recommended that you take 6 classes each semester.



Get Involved with GlenOak Athletics

- We have 27 athletic teams.
- Meet the coaches and some of our athletes in the Main Commons tonight.
 - Receive information regarding team activities and summer workouts.



Breakout Sessions

- College Credit Plus (CCP) information with Mrs. Zurbuch in A111/112
- International Baccalaureate (IB) information for your junior and senior years with Dr. Austin up in the Main Commons near the Eagle
- Information regarding STEM and Honors classes will be in Upper D



Breakout Sessions

- Counselors to answer your questions in Lower D Commons
- Students who have Mrs. Ramos this year please visit our team in B109
- Special Ed questions please see Mrs. Dimos in D208 for English and Mrs. DiMarzio in D105 for Math.
- New student registration will meet us up front and then will go with Mrs. Slatzer to the small choir room.



Use this QR Code to share your contact information and what <u>sports</u> your child is interested in playing at GlenOak High School.





Use this QR Code to share your contact information and what <u>clubs and activities</u> your child is interested in playing at GlenOak High School.



- All 100
 classes are on
 the first floor
- All 200
 classes are on
 the second
 floor

