

# Parental Consent Form

#### Complete the following sections:

- Students will need a bag lunch on Tuesday, March 25th for the ride to DC
  - If you would like to receive a bagged lunch from the cafeteria please indicate that on the form.

- Students Name, Address, Any medical needs, and health insurance information
- Parent/Guardian Signature
- Parent/Guardian Telephone # where you can be reached in case of an emergency

# Contacts

Rheta West - 8th Grade Assistant Principal - 828.575.8037

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- Each chaperone will have a group set up through ParentSquare to share updates throughout the trip.
- Chaperones will also use ParentSquare to communicate with students in their chaperone group.

## Parent Square App





# Discipline

#### DISCIPLINE WHILE IN WASHINGTON, DC:

- We will contact you for any major discipline issue. We must have a working number for you which you can access while we are on the trip.
- Students are expected to follow the direction and instructions of the adults on the trip.
- If warranted, you may be required to come and pick up your child. Situations
  which may warrant this action include, but are not limited to:
  - o Calling 911 from hotel phone
  - Exiting the room when there is not an emergency after rooms have been taped shut
  - Unsafe behavior
  - Identification and/or possession of items which are prohibited on school grounds
  - Bullying/ Hazing, etc.
- If necessary, a child may be removed from an activity- but no child will remain at the hotel while the group is traveling.

# Medication

- If your child needs to take medication, you must turn in a completed medication form **signed by a doctor**.
- Trained staff will administer all medications.
- Medication forms are available at the table where you walked in.
- All medications will be due to AMS staff with a signed medication form by Friday, March 14th, 2024.
- We will not accept any medications the morning of the trip.
- All medications must be picked up by a parent or guardian following the trip by May 1st or they will be disposed of by the nurse.

#### Tuesday, March 25: Day 1

- 6:30 AM Buses arrive for loading
- 7:00 AM Depart for Bedford, VA, making a rest area stop for lunch (bag lunch from home
- 12:30 PM Tour of the National D-Day Memorial
- 6:00 PM Dinner at Golden Corral and Games at Uptown Alley (bowling, arcade with pizza, salad, cookie and soft drink)
- 9:30 PM Check in to the Wyndham Garden Hotel Manassas
- 10:30 PM Private security guard arrives for duty

#### Breakfast Routine - Day 2, 3, and 4

Breakfast each morning:

7:00 am - Bus #1 (students can return to their rooms to get ready after breakfast)

7:10 am - Bus #2 (students can return to their rooms to get ready after breakfast)

7:20 am - Bus #3 (students should be ready and have what they need for the day they WILL NOT return to their rooms)

7:30 am - Bus #4 (students should be ready and have what they need for the day they WILL NOT return to their rooms)

#### Wednesday, March 26: Day 2

AM Hot breakfast at the hotel

8:00 AM Depart for Arlington

9:00 AM Self guided tour of Arlington

12:00 PM Box lunches delivered to the buses

12:30 PM Eat and Tidal Basin Walk from MLK to FDR

2:45 PM Timed Entries for the NMAAHC

5:00 PM Dinner at Reagan Center with \$15 per person

6:30 PM Guided tour of DC

9:00 PM Return to hotel

10:30 PM Private Security guard arrives for duty

## Thursday, March 27: Day 3

- AM Hot breakfast at the hotel
- 7:30 AM Depart the hotel for the zoo
- 9:00 AM Visit the National Zoo with \$20 per person lunch
- 1:00 PM White House photo opp
- 1:30 PM Visit the Smithsonian Museums (groups will choose)
- 5:30 PM Depart for Dinner
- 6:00 PM Dinner at Fashion Centre at Pentagon City with \$15.00 cash
- 7:30 PM Visit the IWO Jima Memorial
- 9:00 PM Return to the hotel
- 10:30 PM Private Security guard arrives for duty

### Friday, March 28: Day 4

- AM Hot breakfast at the hotel
- 9:30 AM Depart for touring
- 10:00 AM Visit the Steven Udvar Hazy Air & Space Museum
- 12:30 PM Depart for home with a fast-food lunch, dinner and rest stops (\$10.00 cash inc. for each meal)
- 11:00 PM Estimated arrival time back to the school
- \*\*\*Parents PLEASE be on time to pick up your student. We will be exhausted and so appreciative to hand back the kiddos to you!!

## What Do I Bring?

- Comfortable shoes at least two pairs
- Raincoat or poncho
- ☐ Four changes of clothes check weather to see type
- ☐ Four changes of socks
- □ Four changes of underwear
- Cosmetics including deodorant, toothpaste and toothbrush, period products
- Water bottle
- □ String bag for daily travel (NOT a backpack)
- Pajamas
- Charging cord and cubes/phone/airpods
- Band aids
- □ Sunscreen
- ☐ Hat
- □ Coat/jacket