

Mill Creek Competition Dance Team 2025-2026

AUDITIONS

Monday & Tuesday

April 21 & 22

April 21 - 2:30-4:00 MCHS students and 4:15-5:00 rising 9th

April 22 - Judging takes place 3:00 to 4:30 for everyone

(rising 9th grade students will be placed in later time slot)



One or Two teams will be selected this Season depending on tryout numbers: Junior Varsity and Varsity. Teams will be announced via the Athletic page on the MCHS website.

<https://forms.gle/MJVMhaYURNSGYD9L6> Eligibility: Students in all four grades (Fr, So, Jr, Sr) are eligible.

Please Note: If a Varsity member is unable to compete, then a JV member MAY be moved up to fill in on the Varsity Team. A spot on a prior Varsity team does not guarantee a spot on an upcoming Varsity team. A spot on a JV team does not guarantee moving up to a spot on a Varsity Team.

I.

VARSITY Practices:

Reliable transportation must be provided for each practice, performance, and competition. Summer practices will be scheduled July 21st through August 1st. (There will be optional workouts from September 2nd to October 14th 2:30-3:30). Practices will resume 3 times per week on October 20th. During December, January and February practices are 3 days a week. Practices are held after school - 2:15- 4:00. Participants must be committed to this practice schedule.

JV Practices:

Reliable transportation must be provided for each practice, performance and competition. Practices will be 1-2 times per week (Wednesday and/or Friday) beginning October 22nd through January 24th. Practices are held after school, 2:15- 4:00. Participants must be committed to this practice schedule.

II.

Varsity Performances:

The dance team will perform during some half- time home V basketball games and compete in 4 High School Dance Team Competitions.

JV Performances:

The dance team will perform during some half- time JV basketball games and compete in 3 High School Dance Team Competitions.

III.

Coaching:

Varsity and JV teams will be coached by Suzanne Muck and Bhelen Thompson. Junior Varsity community coach will be Alexis McPhail. Contact information: Suzanne Muck, Director of Dance, Mill Creek High School email- suzanne.muck@gcpsk12.org

IV:

Varsity Choreography:

The dance team can perform/compete in Jazz, Pom, High Kick or Hip Hop.

Tentative Choreography set days and practices are July 21 - 31 from 9-12.

Junior Varsity Choreography:

The dance team can perform/compete in Jazz, Pom.

Tentative Choreography set days are July 23, 25, 30, 31 from 9-12. Other days could be added the week of July 28th.

V:

Uniforms, Music, and Choreography:

All uniforms, music, and choreography will be selected and/or approved by Ms. Muck. Uniforms will be appropriate to represent the school and to fit the style of dance.

VI:

JV and Varsity Competitions: JV will attend 3 comps and V will attend 4 comps. **NO TRANSPORTATION PROVIDED FOR COMPETITIONS. ALL COMPETITIONS ARE MANDATORY. PLEASE PLAN ACCORDINGLY. COMPS SUBJECT TO CHANGE.**

TENTATIVE COMPETITION SCHEDULE: subject to change.

- TBA – Saturday, December 13, 2025 (JV &V)
- Peachtree Ridge Dance Invitational – Saturday, January 17, 2026 (JV & V)
- Mill Creek Dance Invitational – Saturday, January 24, 2026 (JV)
- Jefferson Dance Invitational – Saturday, January 31, 2026 (V only)
- McIntosh Dance Invitational – Saturday, Date TBA (V only)

State:

Sectionals and GHSA State Dance Team Championship – Date and location TBA

VII:

Varsity Fees:

\$525 per dancer – paid to the Mill Creek Dance Booster Club (includes camp)

JV Fees:

\$325 per dancer – paid to the Mill Creek Dance Booster Club (includes camp)

Please Note:

All fees must be paid no later than July 1, 2025. The fee assists with coaching supplements, costumes/uniforms, poms, bows/head pieces, competition entrance fees, music fees, choreography fees, etc.

NOT INCLUDED IN DANCE TEAM FEES:

1-DANCE TEAM PICTURES - TBA. (Magic Moments – official photographer for MCHS and all GHSA sports).

2- The dancer is responsible for purchasing dance team warm-ups, dance bag, tights and shoes. Warm-ups and Bags are used yearly - one-time purchase approx. \$350.

All uniforms, warm-ups, dance bags, shoes and accessories are to be kept by the individual in mint condition for the dance season. All costumes, pom uniforms, poms, head pieces, etc. purchased by Mill Creek Dance will need to be turned in no later than March 1, 2026.

Please Note:

Fitting with the Varsity Rep will be scheduled for August. Date TBA

VIII:

Paperwork:

All dancers auditioning must have a physical! All physicals MUST BE UPLOADED into **Rank One** prior to April 14, 2025. **No one can participate without an updated physical on file.**

Fundraiser:

Mill Creek Dance Team Competition, Jan 24, 2026– all dancers are required to help out at this event. (Parents are asked to help out at this event. Thank you in advance for your time and dedication :)

Injury Protocol:

Notify Mrs. Muck immediately.

See the school trainer at 6:45am in the training room to assess the injury.

If the injury continues after one week of the visit, student MUST see a doctor to assess injury for restrictions and/or limitations.

Please Note – all dates and times are subject to change. I will make every effort to keep this schedule.