

Canyon High School FRESHMAN GUIDE

for CLASS of 2029



220 S. Imperial Hwy. Anaheim, CA 92807

714-532-8000

www.canyonhighschool.org

Meet our TEAM

Mr. McKee

Principal



Mr. Hammond

Assistant Principal



Mr. Hurst

Assistant Principal



Mrs. Morita

Assistant Principal



Administrators

Mrs. Sanchez
A - Conk



Ms. Arriaga
Conl - Grax



Mrs. Sidler
Gray - Ler



Counselors

Students are assigned by their last names.

Mrs. Badillo
Les - Olr



Ms. Jung
Ols - Shag



Mrs. Lamb
Shah - Z



Athletics

Mr. Harrison

Athletic Director



Mr. Smith

Activities/ASB Director



Activities



General Info: Student Schedules

REQUIRED COURSES FOR FRESHMAN

All freshmen must take 6 courses to stay on track with graduation requirements. Four of the 6 classes are Math, English, Science and PE. The remaining 2 courses are electives, which are often a world language, a Career Technical Education (CTE) Pathway class, or another academic elective.

ONLINE HEALTH

Health is a 2.5 credit, online course required for graduation. Students have the option to complete it over the summer before 9th grade or take it for 1 quarter of the school year.

HISTORY/SOCIAL SCIENCE

Students are not required to take any history/social science classes in 9th grade.

PHYSICAL EDUCATION

Mandated by the State of California and upheld by OUSD, all freshmen will be enrolled in PE, dance, a sport, Color Guard, Marching Band, or Drum Line for the entire year.

ATHLETICS

Freshmen interested in participating in a CIF sport must try out for the team. The coaches MUST approve the student to be on the official roster before a counselor can add the sport to students' schedule. A minimum GPA of 2.0 is required to play.

BLOCK SCHEDULE

Students attend 3 periods per day organized by alternating ODD and EVEN days. On odd days, students attend periods 1, 3, and 5. On even days, students attend periods 2, 4, and 6. The block schedule permits approximately 100 minutes of instruction per class.

FIRST/SECOND PERIOD

Students scheduled in periods 1-6 start their day at 9:30am and end at 3:25pm. There is a break between each period.

ZERO PERIOD - DAILY AT 8:30-9:22AM

A zero period class is an optional course request. Students may choose to take a zero period in order to accommodate 7 classes into their schedule, or to have an early release/short day. Zero period requests are not guaranteed and are based on availability. Students must demonstrate good attendance to be eligible.

EARLY RELEASE/SHORT DAY

Students who take a zero period, and have 6 classes total, will have an early release day (also referred to as a Short Day). The zero period takes place of either a 5th or 6th period. Students with a short day are released at lunch (1:10pm).

"PLS SEE COUNSLR" ON SCHEDULE

If you see "**Pls See Counslr**" on your course list during *Taking Care of Business* (TCOB): Come to the counselors' station to meet with your counselor.

If you see "**Pls See Counslr**" on your class schedule after school starts: Come to the counseling office during the indicated period to fix the issue within the first two days of school.

SCHEDULING ERRORS

If students have multiple classes in one period, or are missing a period, they should see their counselor during the period the issue is occurring on the first two days of school.

SCHEDULE CHANGE REQUESTS

No requests will be taken during the first two days of school. Schedule change request forms will be made available on the first Friday after school starts, and students will have until the following Friday to submit their request.

TEACHER OR PERIOD CHANGE REQUESTS

Counselors make it a priority to enroll ALL students in the required and appropriate courses to meet graduation requirements. Due to the complexity of any potential scheduling conflicts, any requests for preferred teacher and/or specific period cannot be accommodated.

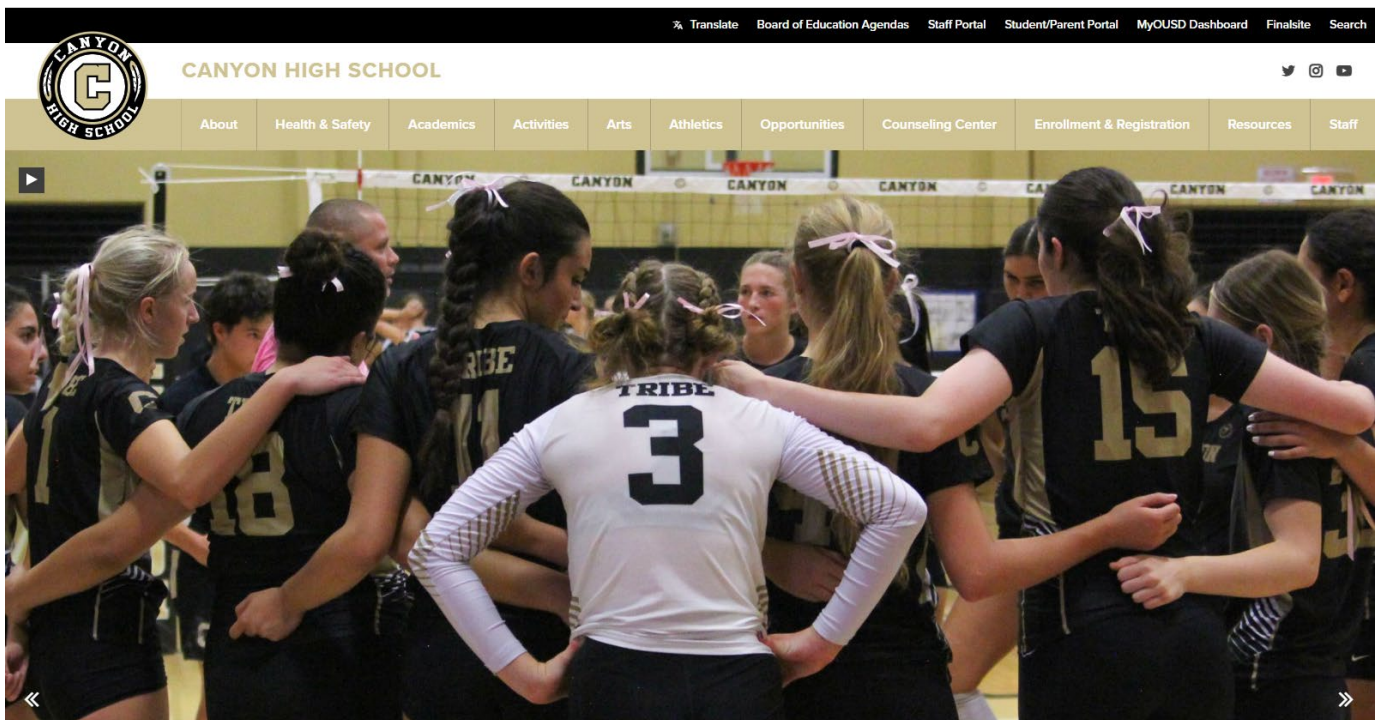
Frequently Asked Questions for Freshman

- **If I am currently in honors classes, can I continue in honors classes?**
 - If you are enrolled in honors classes in 8th grade and earning B's or higher, you can continue in 9th grade. If this is not the case, but you have additional information that would support a change, please share this with your counselor during the counseling meeting.
- **How can I get into honors classes if I'm not in any honors classes now?**
 - The counselors will use multiple factors to determine whether you can take honors courses in high school. We consider things such as grades, test scores, and a teacher recommendation.
- **What is the rigor for the AP (Advanced Placement) Human Geography course?**
 - AP Human Geography is a college-level social science elective. Students have the opportunity to take the AP exam in May to earn college credit (based on your score and the college's AP credit policy). Learn more about the Canyon AP Program [on our website](#).
- **I am interested in the IB Diploma program. What are the next steps?**
 - The IB Diploma Program is a 2-year commitment that begins in 11th grade. Students who plan to apply to the program can prepare by taking academically rigorous courses, such as Honors and AP, during 9th and 10th grades.
- **What is Taking Care of Business (TCOB)? What happens if I can't come on that date?**
 - TCOB is for students to submit their Emergency Card and any other forms, pick up the class list, locker assignments, textbooks, ID cards, and buy optional items such as CHS gear. Students can also request to make changes to their classes on that day as well. If students cannot attend TCOB, they can "Take Care of Business" on the first day of school.
- **How do I plan my 4 years of high school courses?**
 - Your counselor will do 4-year planning with you in 9th grade, and you will have many opportunities to talk to them regarding courses and plans for your future. Counselors present in classes twice a year. In the spring, you will meet individually with your counselor to review your goals, course selections and academic plan.
- **How can I make sure I am taking the right classes to meet college admissions requirements?**
 - Your counselor reviews your transcript and credit status every year to make sure you're on track to meet the graduation requirements as well as the UC/CSU admissions eligibility requirements, also known as the A-G's. You can also track your progress by comparing your classes with the Academic Requirements Rubric.
- **I've learned a language other than English on my own that isn't offered at Canyon High School. Can I get credit for it?**
 - You need one year of Visual/Performing Art *or* an approved World Language *or* a CTE course to meet this subject requirement for graduation. To meet college entrance requirements, students must complete up to the second-year level of the same World Language. There are other ways to fulfill the language requirement that can be discussed with the student's counselor during their freshman year.

- **What if I want to take a college course over the summer before I begin high school?**
 - We recommend students take a rigorous college course after beginning their high school career to better prepare themselves. We recognize that there may be some exceptions, however, since you're not yet our student, please discuss this with your *middle school* academic advisor or school counselor for approval.
- **Can I earn PE credits for Canyon if I'm playing sports outside of school?**
 - Private Study Physical Education is an alternative PE option for students who are participating in an athletic program that is not currently offered at Canyon High School, and/or competing at a regional, state, or national level. To verify your eligibility for Private Study PE, you must complete and submit the application before the start of the school year. Students will be approved if the application meets all requirements upon review by the administrator. Please contact the administration office for the Private Study PE application.

Visit canyonhighschool.org for details on topics below:

Front Page	Recent News, Daily Bulletin, Comanche Store, Calendar, Staff Directory
About	School History & Profile, Attendance Policy, Bell Schedule, Student Handbook
Academics	Course Catalog, Graduation Requirements, Academic Departments & Programs
Activities	Clubs, Ambassadors, ASB, Yearbook, Journalism, Comanche Insider (Broadcasting)
Arts	Choir, Drama, Dance, Film/Video Production, Regiment (Band/Drumline)
Athletics	Upcoming Events, Athletic Clearance, Director/Coaches Contact Info, Schedule
Counseling	College & Career Information, Course Selection Information, Academic Resources & Tips



Academic Requirements Rubric

	OUSD Requirements	Cal State University (CSU)	University of California (UC)	NCAA Requirements
A	Social Science World History US History Gov't/Econ	<i>A "C" or above is necessary for all courses listed in this column</i> World History and US History	<i>A "C" or above is necessary for all courses listed in this column</i> World History and US History	Two years of social science
B	English English 9 English 10 English 11 English 12	English 9 English 10 English 11 English 12	English 9 English 10 English 11 English 12	English 9 English 10 English 11 English 12
C	Math 2 years of math (Must complete Math I)	Math I Math II Math III	Math I Math II Math III 4 years recommended	Three years of math must include Math I and higher
D	Science Life Science Physical Science	Two years of a lab science Life: Biology, Physiology Physical: Chemistry, Physics	Two years of a lab science Life: Biology, Physiology Physical: Chemistry, Physics 3 years recommended	Two years of science (Life, Physical) 1 year must include lab
E	Language other than English (L.O.T.E.) OR	Two years of the same world language AND	Two years of the same world language AND	One additional English, math, or science course
F	Visual or Performing Art (V.P.A.) One year of a fine art	One year of an approved V.P.A. <i>See Your Counselor</i>	One year of an approved V.P.A. <i>See Your Counselor</i>	Make an appointment with your counselor if NCAA applies to your goals!
G	Electives 80 Credits	One year of an approved college preparatory elective from the approved A - G list <i>See your Counselor</i>	One year of an approved college preparatory elective from the approved A - G list <i>See your Counselor</i>	Division I - Four additional courses from above or may include foreign language
	P.E. 2 years			<i>See your counselor for approved NCAA courses</i> <i>*No online courses</i> <i>**Division II - see counselor</i>
	Health 1 quarter (2.5 credits)	<i>Not considered in admission process</i>	<i>Not considered in admission process</i>	
	College & Career Readiness <small>1 year of CTE, AVID, AP or Dual Enrollment *1 year of CTE will also meet the "E" or "F" req above</small>			
	Minimum G.P.A.	2.5 in above classes only** 2.0-2.49 considered w/supplemental factors	3.0 in above classes only**	2.3**
	Other 232.5 Credits	SAT/ACT currently not considered in admission process	SAT/ACT currently not considered in admission process	**Qualifying index varies by division--refer to website for specifics

Canyon High School

*A-G Courses: 15 college-prep ("a-g") courses, with 11 of those done by the beginning of 12th grade

**NCAA Courses: 16 core courses, with 10 of them completed before the seventh semester; 7 of the 10 in English, Math or Science

***Eligible G.P.A.: campus and programs that are impacted may utilize higher GPA thresholds. CSU/UC weighted by a maximum of 8 semesters of honors points



Canyon CIF Sports

FALL	WINTER	SPRING
Athletic Director: Mr. Nate Harrison		
FOOTBALL <i>Head Coach:</i> Phil Hughes	BOYS BASKETBALL <i>Head Coach:</i> Nate Harrison	BASEBALL <i>Head Coach:</i> Jason Smith
GIRLS FLAG FOOTBALL <i>Head Coach:</i> Rebekah Anderson	GIRLS BASKETBALL <i>Head Coach:</i> Sara Brown	SOFTBALL <i>Head Coach:</i> Jess Carbajal
GIRLS VOLLEYBALL <i>Head Coach:</i> Matt Silva	GIRLS WATER POLO <i>Head Coach:</i> Steve Anderson	COED SWIMMING <i>Aquatic Director:</i> Steve Anderson
GIRLS TENNIS <i>Head Coach:</i> Kevin Martin	COED WRESTLING <i>Head Coach:</i> Davis Barr	BOYS TENNIS <i>Head Coach:</i> Kevin Martin
BOYS WATER POLO <i>Head Coach:</i> Celena Photopulos	BOYS SOCCER <i>Head Coach:</i> William Higuera	BOYS VOLLEYBALL <i>Head Coach:</i> Matt Silva
COED CROSS COUNTRY <i>Head Coach:</i> Brian Brierly	GIRLS SOCCER <i>Head Coach:</i> William Higuera	GIRLS BEACH VOLLEYBALL <i>Head Coach:</i> Matt Silva
GIRLS GOLF <i>Head Coach:</i> Simon Dreisbach		BOYS GOLF <i>Head Coach:</i> Chris Weinkauff
PEP SQUAD <i>Head Cheer Coach:</i> Danielle Palamara		BOYS LACROSSE <i>Head Coach:</i> Neil Trusso
SONG* <i>Head Coach:</i> Raquel Lopez		GIRLS LACROSSE <i>Head Coach:</i> Celia Zaree
		COED TRACK & FIELD <i>Head Coaches:</i> Brian Brierly & Sam Morales

*SONG is a year-around, non-CIF sport.

Visit the “**Athletics**” section on the Canyon High School webpage for specific coaches’ contact information.