

BEHAVIORAL HEALTH RESOURCES



988 Lifeline

988 is the U.S. National Suicide Prevention Lifeline, offering 24/7 support via call, text, or chat for those in crisis or emotional distress.



Washington County Crisis Response Unit (CRU)

CRU provides 24/7/365 mobile crisis mental health services for adults and children experiencing a crisis. Mobile crisis interventions are face-to-face, short-term, intensive mental health services. 651-275-7400



Trevor Project

Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13–24 Trevor Lifeline.

Text “START” to 678-678 or call 866-488-7386



GRIEF Resource

Tips for Caregivers: When Grief/Loss Hits Close to Home from the National Association of School Psychologists



Community Partnerships

We partner with community providers to increase accessibility to mental health care.

Canvas Health  Ellie Family Services  Growing Through Grief - Park Nicollet  Youth Service Bureau  LifeStance

Student Support Services

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